

East Sussex Cycling Association

2010 President: Ian Burgess – In-Gear Quickvit Trainsharp



ESCA 100 mile time trial – Sunday 22nd August 2010 – G100/86E

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Result Sheet

Event Secretary: Bob Harber (Brighton Excelsior)
10 Windmill Close, Upper Beeding, Steyning, West Sussex BN44 3JP
Telephone: 01903 879598 Email: bikerider@phonecoop.coop Mobile: 07979 836259

Timekeepers: Mick Kilby (Lewes Wanderers) & Su Balcombe (Brighton Excelsior)

Handicapper: Mick Kilby (Lewes Wanderers)

Prize winners:	Pos	Rider	Club	Time / Plus	Prize	
Fastest Overall:	1st	Rob PELHAM	Lewes Wanderers	3:56:14	£40.00	
	2nd	Nick DWYER	Lewes Wanderers	4:02:03	£25.00	
	3rd	David SHEPHERD	GS Stella	4:02:48	£20.00	
	4th	Tom GLANDFIELD	Lewes Wanderers	4:05:04	£15.00	
	5th	Iain BROGDEN	Eastbourne Rovers	4:05:36	£10.00	
Highest Vet on Std:	1st	David SHEPHERD	GS Stella	+ 1:11:39	£20.00	
	2nd	Nick DWYER	Lewes Wanderers	+ 1:07:48	£15.00	
	3rd	Alan LLOYD	Lewes Wanderers	+ 1:01:34	£10.00	
Fastest Lady:	1st	Elisabeth BRAMA	Brighton Phoenix Tri	4:28:44	£20.00	
	2nd	Sarah LOVELOCK	Bodyworks XTC Tri Store	4:45:03	£15.00	
	3rd	Rachelle PUMPHREY	Thornton RC	5:38:33	£10.00	
Handicap:	1st	Neil MIDGLEY	Lewes Wanderers	3:37:17	£20.00	
	2nd	Alec MAYES	Ashford Wheelers	3:47:28	£15.00	
	3rd	Tom GLANDFIELD	Lewes Wanderers	3:48:04	£10.00	
Fastest Team of 3:	1st	Rob PELHAM	Lewes Wanderers	3:56:14	£12.00	
		Nick DWYER	Lewes Wanderers	4:02:03	£12.00	
		Tom GLANDFIELD	Lewes Wanderers	4:05:04	£12.00	
					12:03:21	
	2nd	David SHEPHERD	GS Stella	4:02:48	£10.00	
		Tony REEVES	GS Stella	4:19:55	£10.00	
Andy PAYNE		GS Stella	4:35:41	£10.00		
				12:58:24		

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Overall Result:

Pos	Rider No	Name	Club	Cat	Time	H'cap Time	Plus on Std	50 m Split	Pos on H'cap	Pos on Std
1	60	Rob PELHAM	Lewes Wanderers	S	3:56:14	3:56:14	-	1:54:51	12	-
2	40	Nick DWYER	Lewes Wanderers	V	4:02:03	3:52:03	+ 1:07:48	1:55:55	7	2
3	55	David SHEPHERD	GS Stella	V	4:02:48	3:58:48	+ 1:11:39	1:56:52	17	1
4	56	Tom GLANFIELD	Lewes Wanderers	S	4:05:04	3:48:04	-	-	3	-
5	50	Iain BROGDEN	Eastbourne Rovers	V	4:05:36	3:57:36	+ 0:50:38	1:58:01	14	6
6	45	Andy MILES	VC Elan	V	4:07:37	4:01:37	+ 0:48:37	-	22	8
7	37	Peter MORRIS	Lewes Wanderers	S	4:19:46	3:52:46	-	-	8	-
8	46	Tony REEVES	GS Stella	S	4:19:55	3:57:55	-	-	15	-
9	43	Martin BROWN	7 Oaks Tri	V	4:23:00	3:49:00	+ 0:51:27	-	4	4
10	42	Peter MOON	Eastbourne Rovers	V	4:23:57	3:59:57	+ 0:50:30	-	18	7
11	53	Johan STEGERS	Lewes Wanderers	V	4:27:31	3:55:31	+ 0:42:20	-	11	11
12	54	Elisabeth BRAMA	Brighton Phoenix Tri	WS	4:28:44	3:50:44	-	-	6	-
13	51	David MAYES	Deal Tri	V	4:32:49	4:10:49	+ 0:34:44	-	32	15
14	49	Peter BAKER	Lewes Wanderers	V	4:33:15	3:57:15	+ 0:48:21	-	13	9
15	31	Alan LLOYD	Lewes Wanderers	V	4:34:43	3:58:43	+ 1:01:34	-	16	3
16	38	Andy PAYNE	GS Stella	V	4:35:41	4:01:41	+ 0:31:52	-	23	18
17	28	Neil MIDGLEY	Lewes Wanderers	S	4:39:17	3:37:17	-	-	1	-
18	58	Stuart MEDHURST	Eastbourne Rovers	V	4:39:50	4:05:50	+ 0:32:19	-	27	17
19	52	Sarah LOVELOCK	Bodyworks XTC Tri Store	WS	4:45:03	4:15:03	-	-	34	-
20	20	Nathan GALE	Worthing Excelsior	S	4:45:32	4:01:32	-	2:17:36	21	-
21	17	Mark AMON	Rye Wheelers	V	4:45:41	3:49:41	+ 0:19:34	-	5	20
22	27	Adam FORD	Eastbourne Rovers	S	4:48:31	3:54:31	-	-	10	-
23	21	Daniel ARTHUR	Epsom CC	V	4:52:37	4:02:37	+ 0:08:06	-	26	22
24	15	Stephen CONNERY	Southborough Wheelers	V	4:55:40	4:07:40	+ 0:00:34	-	30	23
25	5	Stuart PAYNE	Central Sussex CC	V	4:56:24	4:02:24	+ 0:15:45	2:23:00	24	21
26	10	Oliver WALKER	South Eastern RC	S	4:57:20	4:11:20	-	-	33	-
27	14	Simon GROGAN	Hastings & St Leonards CC	V	5:03:13	3:53:13	+ 0:23:11	-	9	19
28	29	Keith WILKINSON	East Surrey RC	V	5:05:36	4:06:36	+ 0:45:58	-	28	10
29	32	Ben RAND	RAF CC	S	5:11:22	5:11:22	-	-	39	-
30	13	Mick FOUNTAIN	Didcot Phoenix CC	V	5:13:41	4:19:41	+ 0:51:06	-	35	5
31	30	David STEEL	Hereford Wheelers	V	5:15:25	4:33:25	+ 0:33:34	-	38	16
32	7	Alec MAYES	Ashford Wheelers	V	5:15:28	3:47:28	+ 0:38:42	-	2	12
33	25	Gary BOYD	Lea Valley CC	V	5:19:03	4:31:03	- 0:20:34	-	37	28
34	9	Steve MAXTED	Rye Wheelers	V	5:21:13	4:00:13	+ 0:38:14	-	19	13
35	2	Jim HOLLANDS	Rye Wheelers	V	5:35:29	4:01:29	+ 0:34:48	-	20	14
36	19	Gurpal PANESAR	Maidenhead & District CC	V	5:35:47	4:21:47	- 0:18:58	-	36	27
37	1	Chris PARKER	Hastings & St Leonards CC	V	5:36:21	4:07:21	- 0:09:57	-	29	26
38	3	Simon YATES	Lewes Wanderers	V	5:36:30	4:02:30	- 0:00:13	-	25	24
39	6	Rachelle PUMPHREY	Thornton RC	WV	5:38:33	4:09:33	- 0:02:16	-	31	25
-	12	John CLEGG	VC Elan	V	DNF	-	-	-	-	-
-	16	John MANKELOW	Lewes Wanderers	V	DNF	-	-	-	-	-
-	24	Nicole PATTERSON	Worthing Excelsior	WS	DNF	-	-	-	-	-
-	57	John GLAYSHER	...a3crg	S	DNF	-	-	-	-	-
-	59	Geoff SMITH	Sussex Nomads	V	DNF	-	-	-	-	-
-	4	John HARRISON	Hitchin Nomads	V	DNS (A)	-	-	-	-	-
-	8	Spencer LEE	Larkfield AC	V	DNS (A)	-	-	-	-	-
-	11	Mark ROGERS	Metropolitan Police CC	V	DNS (A)	-	-	-	-	-
-	18	Tony MURPHY	Eastbourne Rovers	V	DNS (A)	-	-	-	-	-
-	22	Helen MILLIER	Lewes Wanderers	WV	DNS (A)	-	-	-	-	-
-	23	Natalie BENT	San Fairy Ann CC	WS	DNS (A)	-	-	-	-	-
-	26	Tracey HORNE	Wildside RT	WV	DNS (A)	-	-	-	-	-
-	39	David HICKMAN	Old Portlians CC	V	DNS (A)	-	-	-	-	-
-	41	Kevin BASHFORD	East Grinstead CC	V	DNS (A)	-	-	-	-	-
-	44	Mike LEVETT	Lewes Wanderers	V	DNS (A)	-	-	-	-	-
-	47	Noel MILES	East Grinstead Tri Club	S	DNS (A)	-	-	-	-	-

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Notes & acknowledgements:

Pushing Off:	Mike Anton
Signage:	Keith Balcombe, Esther Carpenter, Brian Leaney and Mike Hayler
Marshals:	Esther Carpenter, Rick Stringer, Su Balcombe, Val Stringer, Richard Mead, Les Hayman, Doug Finch, Clive Orchard, Alan Oakley, Robin Johnson, Stan Killick, George Taylor, Mike Hayler, Bruce Allcorn, Stuart Crabb, Chris Chapman, John Armstrong, Steve Gaston, Dave Dallimore, Ashleigh Leaney, Law Leaney and Dave Cox
Drinks Station:	Dave Cox, Rob Rickson and Andy Parsons
Refreshments:	Colette Harber
Results:	Ann Human

This is a Qualifying event for:

ESCA Points Competition – 30 points for 1st place down to 1 point for 30th place for riders from East Sussex CA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA BAR – Counts towards the Senior, Veteran and Women's ESCA BAR competition.

ESCA Trophies – The fastest rider from an ESCA affiliated club will be awarded the 100m Cup at the annual prize presentation in January 2011. The fastest team of three riders from an ESCA affiliated club will be awarded the 100m Team Shield at the annual prize presentation in January 2011.

SCA SPOCO Competition – Long distance qualifying event

120 points for 1st place down to 1 point for 120th place for first claim members of Sussex CA affiliated clubs.

BBAR – British Best All-Rounder competition

Don't forget forthcoming ESCA events:

Event Date	Dist	Course	HQ / Area	Entry Fee	Promoter
Sat 11 Sep 2010	10m	G10/87	East Hoathly Sports Centre	£8.00	Stephen Long 27 Pont Close, Punnetts Town, East Sussex TN21 9DP Tel: 01435 831013
Sun 12 Sep 2010	25m	G25/89	Fairwarp Village Hall	£8.00	Richard Blackmore Ladymead, Snowhill, Crawley Down, West Sussex RH10 3EE Tel: 01342 713272
Sun 17 Oct 2010	1542yd Hill Climb	GH/84	Firle Bostal	£6.00	Mark Winton 9 Swanee Close, Peacehaven, East Sussex BN10 8EZ Tel: 01273 584973

The **ESCA 24 hour time trial** – incorporating the CTT and VTTA national championships – will be held on **Saturday 25th and Sunday 26th June 2011**. Are you up for the challenge and have you got what it takes? If you're looking for an excuse not to ride – you could be busy on the day – helping! Call Mike Hayler on 01323 505130 for further details.

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2010 points competition – ESCA points awarded for this event:

30 points for 1st place down to 1 point for 30th place for riders from East Sussex CA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.

Individual Points: 455

Rider	Club	Cat	Time	Rank	Points
Rob PELHAM	Lewes Wanderers	S	3:56:14	1	30
Nick DWYER	Lewes Wanderers	V	4:02:03	2	29
David SHEPHERD	GS Stella	V	4:02:48	3	28
Tom GLANDFIELD	Lewes Wanderers	S	4:05:04	4	27
Iain BROGDEN	Eastbourne Rovers	V	4:05:36	5	26
Peter MORRIS	Lewes Wanderers	S	4:19:46	6	25
Tony REEVES	GS Stella	S	4:19:55	7	24
Peter MOON	Eastbourne Rovers	V	4:23:57	8	23
Johan STEGERS	Lewes Wanderers	V	4:27:31	9	22
Elisabeth BRAMA	Brighton Phoenix Tri	WS	4:28:44	10	21
Peter BAKER	Lewes Wanderers	V	4:33:15	11	20
Alan LLOYD	Lewes Wanderers	V	4:34:43	12	19
Andy PAYNE	GS Stella	V	4:35:41	13	18
Neil MIDGLEY	Lewes Wanderers	S	4:39:17	14	17
Stuart MEDHURST	Eastbourne Rovers	V	4:39:50	15	16
Sarah LOVELOCK	Bodyworks XTC Tri Store	WS	4:45:03	16	15
Nathan GALE	Worthing Excelsior	S	4:45:32	17	14
Mark AMON	Rye Wheelers	V	4:45:41	18	13
Adam FORD	Eastbourne Rovers	S	4:48:31	19	12
Stephen CONNERY	Southborough Wheelers	V	4:55:40	20	11
Stuart PAYNE	Central Sussex CC	V	4:56:24	21	10
Simon GROGAN	Hastings & St Leonards CC	V	5:03:13	22	9
Steve MAXTED	Rye Wheelers	V	5:21:13	23	8
Jim HOLLANDS	Rye Wheelers	V	5:35:29	24	7
Chris PARKER	Hastings & St Leonards CC	V	5:36:21	25	6
Simon YATES	Lewes Wanderers	V	5:36:30	26	5

Club Points: 455

Club	Points
Lewes Wanderers	194
Eastbourne Rovers	77
GS Stella	70
Rye Wheelers	28
Brighton Phoenix Tri	21
Bodyworks XTC Tri Store	15
Hastings & St Leonards CC	15
Worthing Excelsior	14
Southborough Wheelers	11
Central Sussex CC	10
21st Century Airports CT	0
Bayeux Landscapes	0
Brighton Excelsior	0
Brighton Mitre	0
Crawley Wheelers	0
East Grinstead CC	0
Horsham Cycling	0
In-Gear Quickvit Trainsharp	0
Sussex Nomads	0
VTTA (Surrey/Sussex)	0