



East Sussex Cycling Association

2016 President Robert Downham – Worthing Excelsior CC



ESCA 10m Time Trial – Saturday 23rd April 2016 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Result Sheet

Event Secretary **Rob Pelham** (Lewes Wanderers CC)
Propel Bikes, 216 High Street, Uckfield, East Sussex TN22 5DF
Tel: 01825 768241 **Mob:** 07756 656595 **Email:** robmpelham@gmail.com

Timekeepers **Richard Meed** (Lewes Wanderers CC) & **Tony Palmer** (Worthing Excelsior CC)

Prize Winners

Category	Pos	Rider	Club	Time	Prize
Fastest Overall	1st	Marc Townsend	Neon Velo	0:21:23	£ 30.00
	2nd	Robert Rollings	Lewes Wanderers CC	0:21:45	£ 25.00
	3rd	Nick Dwyer	Lewes Wanderers CC	0:21:52	£ 20.00
	4th	David Pollard	In-Gear Quickvit Trainsharp RT	0:22:07	£ 15.00
	5th	Iain Brogden	Eastbourne Rovers CC	0:22:08	£ 12.00
	6th =	Howard Shaw	Eastbourne Rovers CC	0:22:10	£ 10.00
	6th =	Tom Glandfield	Lewes Wanderers CC	0:22:10	£ 10.00
	6th =	Steve Williamson	...a3crg	0:22:10	£ 10.00
Fastest Lady	1st	Laura Bartlett	...a3crg	0:24:22	£ 15.00
	2nd	Julia Hawksworth	Southborough & Dist. Whs	0:25:10	£ 12.00
	3rd	Tamar Vanderhaas	Lewes Wanderers CC	0:25:15	£ 10.00
Fastest Juv/Jun	1st	Jamie Bedwell	Lewes Wanderers CC	0:25:13	£ 10.00
Fastest in each age category not winning another individual prize					
Aged under 35	(29)	Peter Pav Bryan	Rye & District Wheelers CC	0:22:11	£ 10.00
Aged 35 – 39	(39)	Mark Perry	Look Mum No Hands!	0:22:14	£ 10.00
Aged 40 – 44	(44)	Matthew Woods	Eastbourne Rovers CC	0:22:41	£ 10.00
Aged 45 – 49	(47)	Trevor Chilman	In-Gear Quickvit Trainsharp RT	0:22:55	£ 10.00
Aged 50 – 54	(51)	Carl Richardson	In-Gear Quickvit Trainsharp RT	0:22:37	£ 10.00
Aged 55 – 59	(58)	Dominic Lowden	Lewes Wanderers CC	0:23:40	£ 10.00
Aged 60 – 64	(60)	Dougie Fox	Crawley Wheelers	0:23:24	£ 10.00
Aged 65 and over	(65)	Geoff Smith	Eastbourne Rovers CC	0:24:55	£ 10.00
Fastest Team of 3		Robert Rollings	Lewes Wanderers CC	0:21:45	£ 10.00
		Nick Dwyer	Lewes Wanderers CC	0:21:52	£ 10.00
	1st	Tom Glandfield	Lewes Wanderers CC	0:22:10	£ 10.00
			Total Team Time	1:05:47	
		Iain Brogden	Eastbourne Rovers CC	0:22:08	£ 8.00
		Howard Shaw	Eastbourne Rovers CC	0:22:10	£ 8.00
	2nd	Matthew Woods	Eastbourne Rovers CC	0:22:41	£ 8.00
			Total Team Time	1:06:59	

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Overall Result Sheet

Pos	Race No	Rider	Club	Cat	Age	Time	Plus on Std	Pos on Std
1	40	Marc Townsend	Neon Velo	S	35	0:21:23	-	-
2	76	Robert Rollings	Lewes Wanderers CC	S	29	0:21:45	-	-
3	80	Nick Dwyer	Lewes Wanderers CC	V	52	0:21:52	+ 05:02	2
4	60	David Pollard	In-Gear Quickvit Trainsharp RT	V	58	0:22:07	+ 05:19	1
5	65	Iain Brogden	Eastbourne Rovers CC	V	47	0:22:08	+ 04:24	3
6 =	50	Tom Glandfield	Lewes Wanderers CC	V	43	0:22:10	+ 04:03	8
6 =	61	Howard Shaw	Eastbourne Rovers CC	S	30	0:22:10	-	-
6 =	90	Steve Williamson	...a3crg	V	44	0:22:10	+ 04:08	6
9	51	Peter Pav Bryan	Rye & District Wheelers CC	S	29	0:22:11	-	-
10	75	Mark Perry	Look Mum No Hands!	S	39	0:22:14	-	-
11	85	Pete Morris	Team ASL360	S	37	0:22:16	-	-
12	66	Paul Newsome	Team ASL360	S	28	0:22:19	-	-
13	86	Carl Richardson	In-Gear Quickvit Trainsharp RT	V	51	0:22:37	+ 04:13	5
14	70	Matthew Woods	Eastbourne Rovers CC	V	44	0:22:41	+ 03:37	11
15	81	George Welfare	Eastbourne Rovers CC	S	30	0:22:42	-	-
16	42	Trevor Chilman	In-Gear Quickvit Trainsharp RT	V	47	0:22:55	+ 03:37	11
17	79	David Clements	Eastbourne Rovers CC	V	44	0:23:00	+ 03:18	14
18	45	Michael Davey	Eastbourne Rovers CC	S	38	0:23:01	-	-
19	53	James Ryan	Team ASL360	S	39	0:23:04	-	-
20	77	Dougie Fox	Crawley Wheelers	V	60	0:23:24	+ 04:14	4
21	55	Rupert Robinson	Evans Cycles Race Team	V	44	0:23:26	+ 02:52	16
22 =	52	Rob Pelham	Lewes Wanderers CC	S	39	0:23:28	-	-
22 =	62	Matthew Butt	Team ASL360	S	29	0:23:28	-	-
24	88	Christopher Wolton	Southborough & Dist. Whs	S	31	0:23:30	-	-
25	47	Nigel Langridge	Crawley Wheelers	V	51	0:23:33	+ 03:17	15
26	72	Sam Dix	In-Gear Quickvit Trainsharp RT	V	44	0:23:38	+ 02:40	18
27	71	Dominic Lowden	Lewes Wanderers CC	V	58	0:23:40	+ 03:46	10
28	18	Sam Winter	Eastbourne Rovers CC	S	29	0:23:50	-	-
29 =	6	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	S	27	0:24:01	-	-
29 =	41	Mike O'Gorman	Worthing Excelsior CC	V	64	0:24:01	+ 04:05	7
29 =	43	Peter Hooper	Eastbourne Rovers CC	S	31	0:24:01	-	-
32	25	Laura Bartlett	...a3crg	WS	33	0:24:22	-	-
33	11	Thomas Garner	Brighton Triathlon Club	S	36	0:24:23	-	-
34	87	Paul Holdaway	Hastings & St. Leonards CC	S	35	0:24:24	-	-
35	63	Brett Davis	Lewes Wanderers CC	V	43	0:24:25	+ 01:48	23
36	73	Samuel Ramsey	Lewes Wanderers CC	V	52	0:24:27	+ 02:27	20
37	33	Rick Hughes	Worthing Excelsior CC	V	53	0:24:29	+ 02:30	19
38	68	Michael Valks	Lewes Wanderers CC	V	45	0:24:34	+ 01:49	22
39	83	Jason Le Goff	In-Gear Quickvit Trainsharp RT	V	40	0:24:42	+ 01:17	28
40	39	Aidan McConville	Lewes Wanderers CC	S	37	0:24:44	-	-
41	54	Dave Brown	Lewes Wanderers CC	V	48	0:24:53	+ 01:43	25
42	84	Geoff Smith	Eastbourne Rovers CC	V	65	0:24:55	+ 03:19	13
43	20	Julia Hawksworth	Southborough & Dist. Whs	WV	52	0:25:10	+ 03:53	9
44	21	Jamie Bedwell	Lewes Wanderers CC	Jn	18TY	0:25:13	-	-
45 =	30	Tamar Vanderhaas	Lewes Wanderers CC	WV	40	0:25:15	+ 02:47	17
45 =	57	Glen Whittington	Southborough & Dist. Whs	S	32	0:25:15	-	-
47	74	Bruce English	Eastbourne Rovers CC	V	51	0:25:24	+ 01:26	27
48	12	Elliot Brown	Eastbourne Rovers CC	S	19	0:25:30	-	-
49	24	Philippa Jenkins	Southborough & Dist. Whs	WS	28	0:25:39	-	-
50	58	Robert Royle-Evatt	Addiscombe CC	V	48	0:25:49	+ 00:47	32
51 =	19	Joseph Martin	Preston Park Youth Cycling Club	Jv	13	0:25:52	-	-
51 =	32	David Earl	Hastings & St. Leonards CC	V	48	0:25:52	+ 00:44	33
53	35	Chris Jolliffe	Crawley Wheelers	V	58	0:25:54	+ 01:32	26

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Pos	Race No	Rider	Club	Cat	Age	Time	Plus on Std	Pos on Std
54 =	64	David Phillips	Old Portlians CC	V	61	0:25:56	+ 01:48	23
54 =	67	Peter Moon	Eastbourne Rovers CC	V	55	0:25:56	+ 01:13	29
56	37	Neil Gearing	Lewes Wanderers CC	S	39	0:26:26	-	-
57 =	26	Gina McGeever	Lewes Wanderers CC	WV	44	0:26:34	+ 01:50	21
57 =	48	Ade Fadero	Sussex Nomads CC	V	54	0:26:34	+ 00:30	35
57 =	56	Peter Baker	Lewes Wanderers CC	V	58	0:26:34	+ 00:52	30
60	17	Nick Smart-Jones	Lewes Wanderers CC	V	44	0:26:48	- 00:30	44
61	22	Fabien Large	Hastings & St. Leonards CC	Jv	14	0:26:53	-	-
62	5	Peter Eames	Eastbourne Rovers CC	V	53	0:26:54	+ 00:05	40
63	36	Paget Cohen	Lewes Wanderers CC	V	43	0:26:58	- 00:45	45
64	15	Andy Eaton	Eastbourne Rovers CC	V	54	0:27:02	+ 00:02	41
65	16	Brian Hood	Thanet Road Club	V	64	0:27:18	+ 00:48	31
66	27	Lisa Davis	Lewes Wanderers CC	WV	41	0:27:25	+ 00:43	34
67	10	Kevin Burton	Eastbourne Rovers CC	V	60	0:27:49	- 00:11	42
68	28	Alison Brockhurst	Lewes Wanderers CC	WV	43	0:28:09	+ 00:10	39
69	89	Jonathan Collett	Lewes Wanderers CC	V	43	0:28:23	- 02:10	47
70	8	David Beale	Lewes Wanderers CC	V	70	0:28:35	+ 00:27	37
71	23	Kaye Dwyer	Lewes Wanderers CC	WV	53	0:28:54	+ 00:15	38
72	69	Paul Valks	Lewes Wanderers CC	V	72	0:28:58	+ 00:28	36
73	29	Olivia Webb	Velopace	WV	47	0:29:03	- 00:24	43
74	59	Simon Yates	Lewes Wanderers CC	V	64	0:29:31	- 01:25	46
75	7	Leeland Pavey	Eastbourne Rovers CC	V	46	0:29:40	- 03:13	48
76	14	Ken Dry	Eastbourne Rovers CC	V	50	0:30:45	- 04:00	49
77	9	Adrian Hills	Lewes Wanderers CC	V	52	0:31:12	- 04:18	50
78	13	Chris Parker	Hastings & St. Leonards CC	V	60	0:45:18 (P)	- 17:40	51
-	31	Damen Foord	Rye & District Wheelers CC	S	32	DNF (P)	-	-
-	34	Simon Tyler	Hastings & St. Leonards CC	S	38	DNS (A)	-	-
-	38	Gerry Akehurst	In-Gear Quickvit Trainsharp RT	V	51	DNS (A)	-	-
-	44	David Hodgson	Lewes Wanderers CC	V	53	DNS (A)	-	-
-	46	Michael Parker	TMG Horizon Cycling Team	V	51	DNS (A)	-	-
-	49	Michael Leonard	South Downs Bikes	V	52	DNS (A)	-	-
-	78	Sean Quinney	Lewes Wanderers CC	V	47	DNS (A)	-	-
-	82	John-Paul Brophy	Eastbourne Rovers CC	V	41	DNS (A)	-	-

Notes & acknowledgements

Congratulations to all the prize winners and many thanks to all that took part in the event either by riding or helping, especially the following:

Time Keepers Richard Meed and Tony Palmer

Start Line Assistant Kerrie Smart-Jones

Recording Emma Luck

Pushing Off Ian McGuckin

Marshals Dan Street at the Start, Tony Gale, John Armstrong and Richard Frost at the Boship roundabout

Refreshments Wendy Turner

Results Ann Human

Also many thanks to Bob Taylor (ERCC) who was out on the course taking photos; these will be available to view or download from the Eastbourne Rovers Facebook page and the ESCA Facebook group in a day or so

Eastbourne Rovers <https://www.facebook.com/roverscycling>
ESCA <https://www.facebook.com/groups/EastSussexCA/>

Visit our website www.eastsussexca.org.uk Find us on facebook www.facebook.com/groups/EastSussexCA

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This is a qualifying event for

ESCA Points Competition: 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies: Counts towards the fastest junior, fastest lady and the fastest team of three from an ESCA affiliated club over 10 miles – the best performance at either this, **or the September 10**, will be eligible for these awards at the annual prize presentation.

ESCA BAR: Qualifying event for the ESCA junior, lady and lady veteran Best All Rounder competitions.

2016 points competition – ESCA points awarded for this event

Individual	Club	Points	Club	Points
Robert Rollings	Lewes Wanderers CC	30	Eastbourne Rovers CC	136
Nick Dwyer	Lewes Wanderers CC	29	Lewes Wanderers CC	105
David Pollard	In-Gear Quickvit Trainsharp RT	28	In-Gear Quickvit Trainsharp RT	80
Iain Brogden	Eastbourne Rovers CC	27	Team ASL360	72
Tom Glandfield	Lewes Wanderers CC	26	Rye & District Wheelers CC	24
Howard Shaw	Eastbourne Rovers CC	26	Crawley Wheelers	23
Peter Pav Bryan	Rye & District Wheelers CC	24	Evans Cycles Race Team	13
Pete Morris	Team ASL360	23	Southborough & Dist. Whs	10
Paul Newsome	Team ASL360	22	Worthing Excelsior CC	5
Carl Richardson	In-Gear Quickvit Trainsharp RT	21	Hastings & St. Leonards CC	2
Matthew Woods	Eastbourne Rovers CC	20	Brighton Excelsior CC	0
George Welfare	Eastbourne Rovers CC	19	Brighton Mitre CC	0
Trevor Chilman	In-Gear Quickvit Trainsharp RT	18	Brighton Phoenix Triathlon Club	0
David Clements	Eastbourne Rovers CC	17	Central Sussex CC	0
Michael Davey	Eastbourne Rovers CC	16	East Grinstead CC	0
James Ryan	Team ASL360	15	East Grinstead Tri Club	0
Dougie Fox	Crawley Wheelers	14	GS Stella	0
Rupert Robinson	Evans Cycles Race Team	13	Horsham Cycling	0
Rob Pelham	Lewes Wanderers CC	12	Redhill CC	0
Matthew Butt	Team ASL360	12	Sussex Nomads CC	0
Christopher Wolton	Southborough & Dist. Whs	10	VTTA (Surrey & Sussex)	0
Nigel Langridge	Crawley Wheelers	9	Wealden Cycle Club	0
Sam Dix	In-Gear Quickvit Trainsharp RT	8		
Dominic Lowden	Lewes Wanderers CC	7		
Sam Winter	Eastbourne Rovers CC	6		
Mike O'Gorman	Worthing Excelsior CC	5		
Matthew Sumpter	In-Gear Quickvit Trainsharp RT	5		
Peter Hooper	Eastbourne Rovers CC	5		
Paul Holdaway	Hastings & St. Leonards CC	2		
Brett Davis	Lewes Wanderers CC	1		

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Don't forget forthcoming ESCA events

Date	Distance	Course	HQ/Area	Entry	Promoter	Contact Details
Including VTTA Surrey/Sussex 50 mile Championship						
Sunday 19 Jun 2016 06:00	50m BBAR	G50/90	East Hoathly Sports Centre	£8.00	Sam Dix 11 Woodlands Close, Uckfield, East Sussex TN22 1TS	Tel: 07841 197342
Including VTTA Surrey/Sussex 100 mile Championship						
Sunday 10 Jul 2016 06:00	100m BBAR	G100/861	Upper Dicker Village Hall	£10.00	Bob Harber 51 Church Lane, Upper Beeding, Steyning, West Sussex BN44 3HP	Tel: 01903 879598
Including VTTA Surrey/Sussex 10m Time Trial						
Saturday 10 Sep 2016 07:00	10m	G10/87	East Hoathly Sports Centre	£8.00	Peter Moon 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG	Tel: 01323 485180
Sunday 11 Sep 2016 07:00	25m BBAR	G25/89	Fairwarp Village Hall	£8.00	Richard Blackmore Ladymead, Snowhill, Crawley Down, West Sussex RH10 3EE	Tel: 01342 713272
Saturday 15 Oct 2016 10:00	1433yd Hill Climb	GH/84	Firle Bostal	£6.00	Mark Winton 6 Ashmore Close, Peacehaven, East Sussex BN10 8AQ	Tel: 01273 584973

All events are Open events with age category awards for riders over 40
Internet entry is also available for all events via the CTT Website

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA Website www.eastsussexca.org.uk/
Facebook Group www.facebook.com/groups/EastSussexCA/

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