



East Sussex Cycling Association

2017 President: – Bob Harber Brighton Excelsior



ESCA 2up Team TT – Sunday 2nd April 2017 – GS/839

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Timekeepers: John Watson Southborough & District Wheelers
Doug Finch Southborough & District Wheelers

Event Secretary: Martin Yardley (Southborough & District Wheelers)
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Event HQ: Laughton Village Hall, Church Lane, Laughton BN8 6AH. Grid ref TQ501127

Prizes: **Cash prizes will be awarded at the HQ immediately following the event – please stay to support the winners or receive your prize**

1st on actual (£25 each)	£ 50.00
2nd on actual (£20 each)	£ 40.00
3rd on actual (£15 each)	£ 30.00
4th on actual (£20 each)	£ 20.00
Group A - Ave age under 40 (£10 each)	£ 20.00
Group B - Ave age 40 and over but under 45 (£10 each)	£ 20.00
Group C - Ave age 45 and over but under 50 (£10 each)	£ 20.00
Group D - Ave age 50 and over but under 55 (£10 each)	£ 20.00
Group E – Ave age 55 and over (£10 each)	£ 20.00

Average age team prizes are only available for teams not winning another award

In accordance with CTT reg 32 teams may consist of members of more than one club but such teams are not eligible for awards, for this reason no women's prize can be awarded this year.

Additional Awards and Qualifications

This is a qualifying event for:

- **ESCA Points Competition:** 30 points for each rider of the first team down to 2 points for each rider of the 15th team from an ESCA affiliated club (Composite teams and solo riders are not eligible for points). The individual points earned by each rider are totalled and awarded to their respective club
- **ESCA Trophies:** The fastest team from an ESCA affiliated club will be awarded the Two-up Team Time Trial Cup at the annual prize presentation.

Course Details GS/839

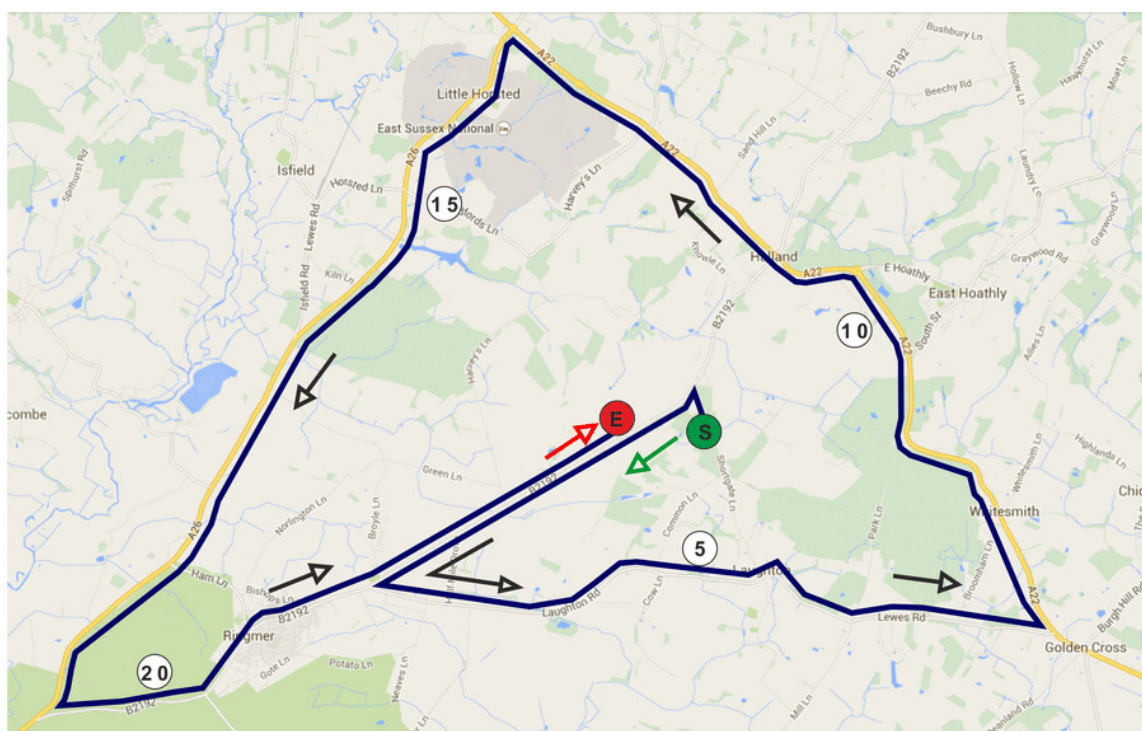
START at north end of metal field gate on the west side of Shortgate Lane, 78 yards south of T junction at Shortgate {GR TQ494151}. Proceed to T junction with B2192. Turn LEFT (CARE) and follow B2192 via The Broyle to Kennel Corner roundabout (M) (2.62miles) {TQ458129}.

Take 1st exit (SHARP LEFT 140 degrees - GREAT CARE) and follow B2124 via Laughton to the T junction with the A22 at Golden Cross (M) (7.50 miles).

Turn LEFT (GREAT CARE) and follow A22 via Whitesmith and East Hoathly by-pass to The Shaw roundabout (10.48 miles). Take first exit (LEFT) and continue on A22 via Halland and Golf Course roundabouts to Little Horsted roundabout (M) (13.42 miles) {TQ472190}.

Take first exit (LEFT) and follow the A26 via Rose Hill, Isfield, to Earwig Corner, Lewes (M) (19.31 miles) {TQ423114}.

Turn SHARP LEFT (GREAT CARE) and follow B2192 via The Forge mini roundabout to Kennel Corner roundabout, Ringmer (21.77miles) (M). Take first exit and follow B2192 via the Broyle to FINISH at centre point of double metal field gate opposite house named "Whitcroft" {TQ488148} (23.92 miles).



Competitors must **exercise extra** care when joining the A22 at Golden Cross, when joining the B2192 at Earwig Corner and negotiating all roundabouts.

Event Notes and Safety Instructions

1. The hall will be open from 7am, **please be quiet and try not to disturb the local residents**, and please do not change in your car - use the hall.
2. **PARKING.** There is only limited space in front of the hall and some of it will be reserved for officials, further parking is available 100 yards south; please use it. Please **do not park on the pavement or in the lane where it blocks residents' access** and, and **do not obstruct the access to the gate to the cricket ground** beside the hall – **THIS INCLUDES BICYCLES**, please advise non-competitors of this.
3. Numbers will be at the hall please sign on before being given your number.
4. Details of any **additional hazards** not listed on the Start Sheet will be displayed or advertised at the signing on point. All competitors must take note of these details when they sign on.
5. The start is 1.5 miles north of the hall, turn left out of the hall and straight across at the crossroads.
6. All riders in a team are encouraged to wear clothing of a similar colour and design.
7. Competitors must **exercise extra** care when joining the A22 at Golden Cross, when joining the B2192 at Earwig Corner and negotiating all roundabouts.
8. **In Ringmer** there is one set of **pedestrian crossing lights which must be obeyed**.
9. Solo riders, as this is a 2 up team trial, no entries were permitted from solo riders, however if one of you is not able to ride on the day, the remaining rider can ride at the promoter's discretion, but will not be eligible for any awards.
10. Finally take care when passing your partner, and have a safe and enjoyable ride.

Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF. As this is a team event this would invalidate the whole team.

Please pin
number
here



No	Start			Club	Cat	Age	Group
15	08:16	Gina	McGeever	Lewes Wanderers CC	W	45	
16		Jay	Chisnall	VTTA (Surrey & Sussex)		56	E
17	08:18	Ian	Turner	Southborough & Dist. Whs		68	
18		Colin	Jarman	Southborough & Dist. Whs		68	F
19	08:20	Adam	Grange	East Grinstead CC		47	
20		Paul	Winkley	East Grinstead CC		60	E
21	08:22	Greg	Blackwell	Hastings & St. Leonards CC		68	
22		Ian	Craig	VC Etoile		54	F
23	08:24	Luke	de Quay	East Grinstead CC		32	
24		Mikey	Weavers	East Grinstead CC		19	A
25	08:26	Sarah	Phelps	Crawley Wheelers	W	29	
26		Katerina	Avramides	Brighton Mitre CC	W	36	A
27	08:28	Andy	Seltzer	In-Gear Quickvit Trainsharp RT		51	
28		Richard	Fisher	In-Gear Quickvit Trainsharp RT		53	E
29	08:30	Rob	Pelham	Lewes Wanderers CC		40	
30		Tom	Glandfield	Lewes Wanderers CC		44	C
31	08:32	Colin	Toppin	Brighton Excelsior CC		44	
32		James	Stone	Brighton Excelsior CC		48	D
33	08:34	Aidan	McConville	Lewes Wanderers CC		38	
34		Dan	Street	Lewes Wanderers CC		43	C
35	08:36	Scott	Sargeant	Wealden Cycle Club		45	
36		Martin	East	Wealden Cycle Club		51	D
37	08:38	Bruce	English	Eastbourne Rovers CC		52	
38		Jerry	Keen	Eastbourne Rovers CC		62	F
39	08:40	Peter	Hooper	Eastbourne Rovers CC		32	
40		John-Paul	Brophy	Eastbourne Rovers CC		42	B
41	08:42	Neil	Couchman	Southborough & Dist. Whs		39	
42		Ian	Hodge	Southborough & Dist. Whs		57	D
43	08:44	Jez	Parsons	Brighton Excelsior CC		51	
44		Jez	Shotter	Brighton Excelsior CC		47	D
45	08:46	David	Clements	Eastbourne Rovers CC		45	
46		David	Clark	Eastbourne Rovers CC		48	D
47	08:48	Miles	Baker-Clarke	Southborough & Dist. Whs		25	
48		Richard	Curtis	Southborough & Dist. Whs		38	A
49	08:50	Marc	Townsend	Eastbourne Rovers CC		36	
50		George	Welfare	Eastbourne Rovers CC		31	A
51	08:52	John	Cordner	Eastbourne Rovers CC		47	
52		Stuart	Hodd	PB Cycle Coaching Racing Team		48	D
53	08:54	Matthew	Sumpter	In-Gear Quickvit Trainsharp RT		28	
54		David	Pettitt	Southborough & Dist. Whs		50	B
55	08:56	Sean	Quinney	Lewes Wanderers CC		48	
56		martin	baddeley	Lewes Wanderers CC		36	C
57	08:58	Alan	Brooks	Bayeux Cycling Team		61	
58		John	Willis	Bayeux Cycling Team		58	F
59	09:00	Howard	Shaw	Eastbourne Rovers CC		31	
60		Michael	Davey	Eastbourne Rovers CC		39	B