



East Sussex Cycling Association

2016 President – Robert Downham – Worthing Excelsior CC



2016 Award Winners

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|---------------------------------|--|
| Hardriders Page Tankard | Peter Tadros – In-Gear Quickvit Trainsharp RT |
| 2up Team Time Trial Cup | Mark Emsley & Pete Morris – Team ASL360 |
| Ladies 10 mile Cup | Pip Jenkins – Southborough & District Wheelers |
| Junior 10 mile Cup | Theo Tadros – In-Gear Quickvit Trainsharp RT |
| 10 mile Team Shield | Matthew Woods, Howard Shaw & Michael Davey – Eastbourne Rovers CC |
| Brian Phillips Trophy | Conall Yates – In-Gear Quickvit Trainsharp RT |
| 60 minute Cup | Conall Yates – In-Gear Quickvit Trainsharp RT |
| Ladies 25 mile Cup | Pip Jenkins – Southborough & District Wheelers |
| Junior 25 mile Cup | Theo Tadros – In-Gear Quickvit Trainsharp RT |
| Veteran 25 mile Cup | Steve Dennis – East Grinstead CC |
| 25 mile Rosemary Shield | Conall Yates, Peter Tadros & Theo Tadros – In-Gear Quickvit Trainsharp RT |
| 50 mile Cup | Nick Dwyer – Lewes Wanderers CC |
| Ladies 50 mile Cup | Tamar Vanderhaas – Lewes Wanderers CC |
| 50 mile Team Trophy | Nick Dwyer, Robert Rollings & Tom Glandfield – Lewes Wanderers CC |
| 100 mile Cup | Pete Morris – Team ASL360 |
| 100 mile Team Shield | Howard Shaw, Iain Brogden & Michael Davey – Eastbourne Rovers CC |
| Individual Points Cup | Howard Shaw – Eastbourne Rovers CC |
| Club Points Shield | Eastbourne Rovers CC |
| Reliability Trial Shield | Eastbourne Rovers CC |
| Roy Humphrey Cup | Posthumous award Mike Hayler – Brighton Mitre CC |
| BAR Team Trophy | Howard Shaw, Michael Davey & David Clark – Eastbourne Rovers CC |
| Junior BAR Award | Theo Tadros – In-Gear Quickvit Trainsharp RT |
| Lady Veteran BAR Award | Tamar Vanderhaas – Lewes Wanderers CC |
| Lady BAR Trophy | Pip Jenkins – Southborough & Dist. Whs |
| Veteran BAR Salver | Nick Dwyer – Lewes Wanderers CC |
| Senior BAR Trophy | Howard Shaw – Eastbourne Rovers CC |



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Annual Luncheon and Prize Presentation

Sunday 5th February 2017

The annual luncheon and prize presentation will be held at the **Alma Arms**, 65 Framfield Road, Uckfield, East Sussex TN22 5AJ. Bookings are being taken at a cost of £15.00 per person – everyone is welcome from 12:00 noon for lunch at 1:00 pm. We sincerely hope you will be able to attend and celebrate the achievements of all the ESCA competitors during the 2016 season, and look forward to welcoming you on the day.

🌀 Starter 🌀

- Option 1** Butternut squash and watercress soup
- Option 2** Chicken liver parfait wrapped in prosciutto ham with homemade onion relish
- Option 3** Garlic king prawns
- Option 4** Creamy stilton mushrooms on toasted ciabatta

🌀 Main Course 🌀

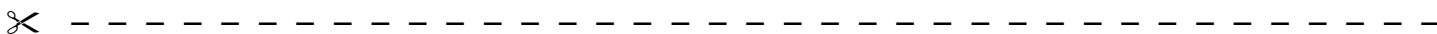
- Option 1** Lamb rump on creamed leeks with red wine and redcurrant sauce
- Option 2** Fillet steak medallions with sautéed wild mushrooms and whisky sauce
- Option 3** Sea bass fillets and tiger prawns with lemon and dill butter
- Option 4** Butternut squash, spinach and sweet potato wellington

🌀 Sweet 🌀

- Option 1** Baked Baileys and chocolate cheesecake
- Option 2** Vanilla panna cotta with berry compote
- Option 3** Treacle and stem ginger tart
- Option 4** Sticky toffee pudding with toffee sauce

Followed by Tea or Filter Coffee with Mint

To book please complete the form below and return with the appropriate remittance (payable to East Sussex Cycling Association), to Simon Yates, The Old Stables, Crowborough Hill, Crowborough, East Sussex TN6 2HL, to arrive no later than **Friday 27th January 2017**. If you have any queries please do not hesitate to contact Simon Yates on 01892 655785, 07730 455961 or by e-mail to simon.yates1952@btinternet.com



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|------------------|---------------|
| Club | Name |
| Telephone | E-mail |

| Member/Guest Name | Starter Choice | Main Course Choice | Sweet Choice |
|-------------------|----------------|--------------------|--------------|
| | Option No. | Option No. | Option No. |
| | Option No. | Option No. | Option No. |
| | Option No. | Option No. | Option No. |
| | Option No. | Option No. | Option No. |

I wish to book places @ £15.00 each and enclose a total remittance of £