

# East Sussex Cycling Association

Competition Update No. 3 after ESCA 50 Sunday 12th August 2018



## 2018 Events and Competitions

[www.facebook.com/groups/EastSussexCA](https://www.facebook.com/groups/EastSussexCA)

[www.eastsussexca.org.uk](http://www.eastsussexca.org.uk)

. . . to provide racing in the east of the county with camaraderie for its members

**2018 President – Robin Johnson – Brighton Mitre CC**

## 2018 ESCA Event Programme

Date	Distance	Detail	Course	Promoter	Bar Qualifying Events
Sun 18 Mar 2018	15.06 m	Hardriders	GS/895	Peter Moon	<b>Cancelled due to snow</b>
Sun 25 Mar 2018	23.92 m	2up TTT	GS/839	Martin Yardley	
Sat 21 Apr 2018	10 m		G10/87	Rob Pelham	Junior, Lady & Lady Vet BAR
Sun 22 Apr 2018	25 m		G25/89	Chris Parker	Junior, Lady, Lady Vet, Senior & Vet BAR
Sun 17 Jun 2018	50 m	Includes VTTA Surrey & Sussex 50 mile Championship	G50/90	Mark Kidney	Lady, Lady Vet, Senior & Vet BAR
Sun 12 Aug 2018	100 m	Includes VTTA Surrey & Sussex 100 mile Championship	G100/861	Bob Harber	Senior & Vet BAR
Sat 15 Sep 2018	10 m		G10/87	Peter Moon	Junior, Lady & Lady Vet BAR
Sun 16 Sep 2018	25 m		G25/89	Luke De Quay	Junior, Lady, Lady Vet, Senior & Vet BAR
Sat 13 Oct 2018	1433 yard	Hill Climb	GH/84	Alex McLaren	

All ESCA events are open to members of CTT affiliated clubs and can be entered online via the CTT website [www.cyclingtimetrials.org.uk](http://www.cyclingtimetrials.org.uk)

All ESCA events are included in the individual and club points competition

Only members of VTTA Surrey & Sussex group are eligible for the VTTA Championship awards which will be presented at the group's annual prize presentation lunch. If you are interested in becoming a member, please visit their website <http://surreysussexvttta.org.uk/>

## Results – ESCA 2up – Sunday 23rd March 2018

Pos	Rider	Club	Cat	Time
1	Howard Shaw	Eastbourne Rovers CC	S	0:44:22
1	Michael Davey	Eastbourne Rovers CC	V	0:44:22
2	Brett Davis	Lewes Wanderers CC	V	0:45:47
2	Nick Dwyer	Lewes Wanderers CC	V	0:45:47
3	David Clements	Eastbourne Rovers CC	V	0:46:00
3	David Clark	Eastbourne Rovers CC	V	0:46:00
4	Fabien Large	Direct Power Cycling Team	J	0:47:45
4	Damen Foord	Direct Power Cycling Team	S	0:47:45
5	Aidan McConville	Lewes Wanderers CC	S	0:48:12
5	Dan Street	Lewes Wanderers CC	V	0:48:12
6	Iain Brogden	Eastbourne Rovers CC	V	0:48:31
6	Peter Hooper	Eastbourne Rovers CC	S	0:48:31
7	Paul Byford	Crawley Wheelers	V	0:48:34
7	Paul James	Crawley Wheelers	V	0:48:34
8	Neil Couchman	Southborough & Dist. Whs	V	0:48:53
8	Chris Wolton	Southborough & Dist. Whs	S	0:48:53
9	Jez Parsons	Brighton Excelsior CC	V	0:49:27
9	Tom Houghton	Brighton Excelsior CC	V	0:49:27
10	Rob Pelham	Lewes Wanderers CC	V	0:49:44
10	Martin Baddeley	Lewes Wanderers CC	S	0:49:44

Pos	Rider	Club	Cat	Time
11	David Bagge	Southborough & Dist. Whs	V	0:50:05
11	Guy Lane	Southborough & Dist. Whs	V	0:50:05
12	James Stone	Brighton Excelsior CC	V	0:50:26
12	Colin Toppin	Brighton Excelsior CC	V	0:50:26
13	Sam Dix	In-Gear Quickvit Italy Bike Tours	V	0:51:01
13	Norman Blissett	In-Gear Quickvit Italy Bike Tours	V	0:51:01
14	Paul Townsley	Worthing Excelsior CC	V	0:51:48
14	Spencer Kirkham	Worthing Excelsior CC	V	0:51:48
15	Malcolm Daly	Hastings & St. Leonards CC	V	0:51:58
15	Tom Norris	Hastings & St. Leonards CC	V	0:51:58
16	Adam Rogers	Eastbourne Rovers CC	V	0:52:10
16	Daniel Ellis	Eastbourne Rovers CC	S	0:52:10
17	David Dixon	Hastings & St. Leonards CC	V	0:52:51
17	Samuel Dixon	Hastings & St. Leonards CC	S	0:52:51
18	Gina Wolf Aka Boakes	Lewes Wanderers CC	WV	0:56:00
18	Peter Fox	Lewes Wanderers CC	V	0:56:00
19	Jon Collett	Lewes Wanderers CC	V	1:01:23
19	Sue Collett	Lewes Wanderers CC	WV	1:01:23
20	Olivia Webb	Eastbourne Rovers CC	WV	1:02:23
20	Anita Turner	Eastbourne Rovers CC	WV	1:02:23

Many thanks to Martin Yardley and his team from Southborough & District Wheelers for promoting this event

## Results – ESCA 10 – Saturday 21st April 2018

Pos	Rider	Club	Cat	Time
1	James Rix	Team Bottrill / Vanguard	V	0:19:13
2	Mark Emsley	Crawley Wheelers	S	0:20:29
3	Howard Shaw	Eastbourne Rovers CC	S	0:20:32
4	Steven Kane	Team ASL	S	0:20:59
5	Callum Clark	South Downs Bikes / Casco Europe	E	0:21:12
6	Pete Morris	Team ASL	S	0:21:20
6	Dan Sadler	RT 316	V	0:21:20
8	Robert Rollings	Lewes Wanderers CC	S	0:21:29
9	John Cordner	Eastbourne Rovers CC	V	0:21:30
10	Nick Wilson	Rye & District Wheelers CC	V	0:21:31
11	Brett Davis	Lewes Wanderers CC	V	0:21:50
12	Jesse Yates	Team Wiggins	E	0:21:53
13	Damen Foord	Direct Power Cycling Team	S	0:21:56
14	David Clark	Eastbourne Rovers CC	V	0:21:57
15	Mark Edwards	Eastbourne Rovers CC	V	0:22:07
16	David Clements	Eastbourne Rovers CC	V	0:22:18
17	Nathan Russell	trainSharp	S	0:22:28
18	Fabien Large	Direct Power Cycling Team	Jn	0:22:29
19	John Tindell	Brighton Excelsior CC	S	0:22:30
20	Philip Murrell	Finsbury Park CC	V	0:22:36
21	Christian Yates	East Grinstead CC	V	0:22:44
22	Tom Hilder	Hastings & St. Leonards CC	S	0:22:56
22	John Powell	Team ASL	V	0:22:56
24	Cameron Cragg	Team ASL	E	0:23:06
25	Delia Beddis	Les Filles Racing Team	WS	0:23:08

Pos	Rider	Club	Cat	Time
26	Laurence Manning	Thames Velo	S	0:23:12
27	Russell Thorne-Jones	Crawley Wheelers	V	0:23:19
28	Aidan Mcconville	Lewes Wanderers CC	S	0:23:21
29	Sam Dix	In-Gear Quickvit Italy Bike Tours	V	0:23:42
30	Gavin Richards	Lewes Wanderers CC	V	0:23:45
31	Daniel Ellis	Eastbourne Rovers CC	S	0:23:56
32	David Earl	trainSharp	V	0:24:14
33	Michael Valks	Lewes Wanderers CC	V	0:24:20
34	Adam Rogers	Eastbourne Rovers CC	V	0:24:26
35	Peter Barling	Lewes Wanderers CC	S	0:24:32
36	Lisa Davis	Lewes Wanderers CC	WV	0:24:39
37	James Cheeseman	Crawley Wheelers	S	0:24:47
38	Paul Fletcher	Lewes Wanderers CC	S	0:24:54
39	Geoff Smith	Eastbourne Rovers CC	V	0:24:59
40	Bruce English	Eastbourne Rovers CC	V	0:25:12
41	Richard Burchett	Lewes Wanderers CC	V	0:25:22
42	Olivia Webb	Eastbourne Rovers CC	WV	0:25:28
43	Peter Owen	Norwood Paragon CC	V	0:25:55
44	Richard Streeter	Lewes Wanderers CC	V	0:26:06
45	Alex Bonzi	Brighton Phoenix Athletic Club	S	0:26:16
46	Kathryn Gohl	Lewes Wanderers CC	WS	0:26:27
47	Clint Allen	Lewes Wanderers CC	V	0:26:36
48	Clare Parkholm	Lewes Wanderers CC	WV	0:26:43
49	Paul Butler	Hastings & St. Leonards CC	V	0:26:53
50	David Beale	Lewes Wanderers CC	V	0:27:13

Many thanks to Rob Pelham and his team from Lewes Wanderers CC for promoting this event

**Results – ESCA 10 – Saturday 21st April 2018 continued**

<b>Pos</b>	<b>Rider</b>	<b>Club</b>	<b>Cat</b>	<b>Time</b>
<b>51</b>	Charles Middleton	Lewes Wanderers CC	V	<b>0:27:27</b>
<b>52</b>	Sue Collett	Lewes Wanderers CC	WV	<b>0:27:32</b>
<b>53</b>	Anita Turner	Eastbourne Rovers CC	WV	<b>0:29:10</b>
<b>54</b>	Paul Valks	Lewes Wanderers CC	V	<b>0:29:20</b>
<b>55</b>	Robin Johnson	Brighton Mitre CC	V	<b>0:30:18</b>
<b>56</b>	Chris Parker	Hastings & St. Leonards CC	V	<b>0:31:10</b>

**Many thanks to Rob Pelham and his team from Lewes Wanderers CC for promoting this event**

## Results – ESCA 25 – Sunday 24th April 2018

Pos	Rider	Club	Cat	Time
1	James Rix	Team Bottrill / Vanguard	V	0:50:24
2	Howard Shaw	Eastbourne Rovers CC	S	0:52:37
3	Pete Morris	Team ASL	S	0:53:08
4	Michael Davey	Eastbourne Rovers CC	V	0:53:13
5	Nick Dwyer	Lewes Wanderers CC	V	0:53:24
6	Peter Hooper	Eastbourne Rovers CC	S	0:55:31
7	Steven Kane	Team ASL	S	0:55:38
8	Brett Davis	Lewes Wanderers CC	V	0:55:40
9	David Clark	Eastbourne Rovers CC	V	0:55:52
10	David Clements	Eastbourne Rovers CC	V	0:56:16
11	John Cordner	Eastbourne Rovers CC	V	0:56:32
12	Mark Frost	Lewes Wanderers CC	V	0:56:47
13	Mark Edwards	Eastbourne Rovers CC	V	0:56:56
14	Tony Reeves	GS Stella	V	0:57:07
15	Neil Couchman	Southborough & Dist. Whs	V	0:57:21
16	John Tindell	Brighton Excelsior CC	S	0:57:59
17	David Pena	Blazing Saddles	S	0:58:21
18	Euan Davies	Dulwich Paragon CC	S	0:58:24
19	Paul Smith	VeloRefined.com Aerosmiths	V	0:58:31
20	Tom Hilder	Hastings & St. Leonards CC	S	0:58:41
21	John Powell	Team ASL	V	0:58:42
22	John Marinko	Brighton Mitre CC	V	0:59:28
23	Ruth Summerford	Eastbourne Rovers CC	WS	0:59:46
24	Pip Jenkins	Southborough & Dist. Whs	WS	0:59:54
25	Stephen Morgan	Tooting BC	V	0:59:55

Pos	Rider	Club	Cat	Time
26	Dominic Lowden	Lewes Wanderers CC	V	0:59:57
27	Nathan Russell	trainSharp	S	1:00:06
28	Peter Baker	Lewes Wanderers CC	V	1:00:19
29	Daniel Ellis	Eastbourne Rovers CC	S	1:00:40
30	Lisa Davis	Lewes Wanderers CC	WV	1:00:55
31	Colin Toppin	Brighton Excelsior CC	V	1:00:59
32	Mik Onions	Brighton Mitre CC	V	1:01:15
33	Donald Parker	Brighton Mitre CC	V	1:01:49
34	David Dixon	Hastings & St. Leonards CC	V	1:02:01
35	Tobias Bunyan	Eastbourne Rovers CC	V	1:02:06
36	Elliot Brown	Eastbourne Rovers CC	E	1:02:19
37	Theo Tadros	trainSharp	Jn	1:02:23
38	Samuel Dixon	Hastings & St. Leonards CC	S	1:02:40
39	Malcolm Daly	Hastings & St. Leonards CC	V	1:02:42
40	Michael Valks	Lewes Wanderers CC	V	1:02:59
41	David Earl	trainSharp	V	1:03:19
42	Adam Rogers	Eastbourne Rovers CC	V	1:03:31
43	Olivia Webb	Eastbourne Rovers CC	WV	1:03:44
44	Geoff Smith	Eastbourne Rovers CC	V	1:04:15
45	James Cheeseman	Crawley Wheelers	S	1:04:25
46	Robert Royle-Evatt	Addiscombe CC	V	1:04:57
47	Rachel Baker	Mid Sussex Triathlon Club	WV	1:05:11
48	Jennifer Wood	San Fairy Ann CC	WV	1:05:52
49	Bruce English	Eastbourne Rovers CC	V	1:06:18
50	Peter Barling	Lewes Wanderers CC	S	1:06:45

Many thanks to Chris Parker and his team from Hastings & St Leonards CC for promoting this event

## Results – ESCA 25 – Sunday 24th April 2018 continued

Pos	Rider	Club	Cat	Time
51	Katerina Avramides	Brighton Mitre CC	WS	1:06:58
52	Kate Mankelow	Lewes Wanderers CC	WS	1:07:17
53	Clare Parkholm	Lewes Wanderers CC	WV	1:07:19
54	Mark Amon	Rye & District Wheelers CC	V	1:07:44
55	John Mankelow	Lewes Wanderers CC	V	1:08:15
56	Peter Davies	Brighton Mitre CC	V	1:09:06
56	Sam Winter	Bayeux Cycling Team	S	1:09:06
58	James Hennessy	Eastbourne Rovers CC	V	1:09:31
59	Martin Yardley	Southborough & Dist. Whs	V	1:09:57
60	Mark Gidney	Southborough & Dist. Whs	V	1:10:08
61	David Beale	Lewes Wanderers CC	V	1:10:38
62	Anita Turner	Eastbourne Rovers CC	WV	1:14:24
63	Paul Valks	Lewes Wanderers CC	V	1:15:38
64	Robin Johnson	Brighton Mitre CC	V	1:16:18
65	Chris Parker	Hastings & St. Leonards CC	V	1:20:20

**Many thanks to Chris Parker and his team from Hastings & St Leonards CC for promoting this event**

## Results – ESCA 50 – Sunday 17th June 2018

Pos	Rider	Club	Cat	Time
1	Mark Smith	Crawley Wheelers	V	1:49:23
2	Pete Morris	Team ASL	S	1:49:34
3	Mark Emsley	Crawley Wheelers	S	1:54:25
4	Robert Rollings	Lewes Wanderers CC	S	1:54:59
5	Michael Davey	Eastbourne Rovers CC	V	1:55:04
6	Neil Couchman	Southborough & Dist. Whs	V	1:55:06
7	Robert Drake	Addiscombe CC	S	1:55:50
8	David Clements	Eastbourne Rovers CC	V	1:56:14
9	Tom Hilder	Hastings & St. Leonards CC	S	1:56:30
10	Rob Pelham	Lewes Wanderers CC	V	1:57:16
11	Lawrence Wintergold	Hounslow & District Whs	V	1:57:24
12	David Clark	Eastbourne Rovers CC	V	1:57:27
13	Jim Burdett	Addiscombe CC	V	1:58:46
14	Brett Davis	Lewes Wanderers CC	V	1:59:05
15	John Cordner	Eastbourne Rovers CC	V	1:59:23
16	Adrian Blacker	Norwood Paragon CC	V	1:59:59
17	Mark Edwards	Eastbourne Rovers CC	V	2:00:37
18	Keith Walker	Wigmore CC	V	2:00:51
19	Aidan Mcconville	Lewes Wanderers CC	S	2:02:04
20	John Marinko	Brighton Mitre CC	V	2:03:30
21	Neil Giles	Mid Sussex Triathlon Club	V	2:04:14
22	Peter Baker	Lewes Wanderers CC	V	2:04:28
23	Nigel Langridge	Crawley Wheelers	V	2:05:13
24	Matt Coombs	Lewes Wanderers CC	V	2:06:01
25	James Stone	Brighton Excelsior CC	V	2:06:06

Pos	Rider	Club	Cat	Time
26	Gunter Eifler	Mid Sussex Triathlon Club	V	2:06:32
27	Colin Toppin	Brighton Excelsior CC	V	2:07:24
28	Donald Parker	Brighton Mitre CC	V	2:07:26
29	Lisa Davis	Lewes Wanderers CC	WV	2:07:31
30	Tony Reeves	GS Stella	V	2:08:19
31	Ian Leeding	Norwood Paragon CC	V	2:08:44
32	Adam Rogers	Eastbourne Rovers CC	V	2:09:05
33	Martin Shoesmith	Mid Sussex Triathlon Club	V	2:09:28
34	Colin Chambers	Crawley Wheelers	V	2:09:33
35	Glenn Karpeta	East Grinstead CC	V	2:11:28
36	David Dixon	Hastings & St. Leonards CC	V	2:11:46
37	Gina Mcgeever	Lewes Wanderers CC	WV	2:12:52
38	Olivia Webb	Eastbourne Rovers CC	WV	2:12:57
39	Samuel Dixon	Hastings & St. Leonards CC	S	2:13:13
40	Jamie Freeland	South London Harriers	V	2:14:02
41	Robert Royle-Evatt	Addiscombe CC	V	2:15:13
42	Chris Dines	GS Avanti	V	2:15:18
43	Gareth Purves	Hastings & St. Leonards CC	S	2:17:38
44	John Mankelow	Lewes Wanderers CC	V	2:18:35
45	Peter Owen	Norwood Paragon CC	V	2:18:43
46	Paul Butler	Hastings & St. Leonards CC	V	2:20:04
47	Clare Parkholm	Lewes Wanderers CC	WV	2:20:26
48	Steve Alden	Mid Sussex Triathlon Club	V	2:22:12
49	Peter Horsfield	Redmon CC	V	2:27:27
50	Martin Naylor	Brighton Excelsior CC	V	2:27:48

Many thanks to Mark Gidney and his team from Southborough & District Wheelers for promoting this event



**Results – ESCA 50 – Sunday 17th June 2018 continued**

<b>Pos</b>	<b>Rider</b>	<b>Club</b>	<b>Cat</b>	<b>Time</b>
<b>51</b>	Sue Collett	Lewes Wanderers CC	WV	<b>2:31:42</b>
<b>52</b>	Paul Valks	Lewes Wanderers CC	V	<b>2:34:28</b>
<b>53</b>	Chris Parker	Hastings & St. Leonards CC	V	<b>2:34:34</b>
<b>54</b>	Anita Turner	Eastbourne Rovers CC	WV	<b>2:36:46</b>
<b>55</b>	Clair Hunt	Mid Sussex Triathlon Club	WV	<b>2:54:15</b>

**Many thanks to Mark Gidney and his team from Southborough & District Wheelers for promoting this event**

## Results – ESCA 100 – Sunday 12th August 2018

Pos	Rider	Club	Cat	Time
1	Paul Hart	Southend Wheelers	S	3:50:26
2	Pete Morris	Team ASL	V	3:51:07
3	Steven Kane	Team ASL	S	3:53:28
4	Howard Shaw	Eastbourne Rovers CC	S	3:55:55
5	Jim Burdett	Addiscombe CC	V	4:05:37
6	Neil Couchman	Southborough & Dist. Whs	V	4:06:09
7	Rupert Robinson	Crawley Wheelers	V	4:06:53
8	Rob Stephenson	Southborough & Dist. Whs	V	4:07:59
9	Ian Bray	Addiscombe CC	S	4:11:11
10	David Clements	Eastbourne Rovers CC	V	4:12:01
11	Matt Kuwertz	Southborough & Dist. Whs	V	4:12:23
12	Pip Jenkins	Southborough & Dist. Whs	WS	4:13:02
13	David Clark	Eastbourne Rovers CC	V	4:13:05
14	Joshua Leak	Trisport Epping	S	4:16:48
15	Jonathan Pontin	Addiscombe CC	S	4:16:55
16	Gavin Richards	Lewes Wanderers CC	V	4:18:47
17	Nathan Russell	trainSharp	S	4:19:16

Pos	Rider	Club	Cat	Time
18	Matthew Sim	Dorking Cycling Club	E	4:22:53
19	Brett Davis	Lewes Wanderers CC	V	4:28:15
20	Chris Hopkinson	Richmond CC	V	4:31:28
21	Tim Moody	Addiscombe CC	S	4:33:28
22	Lisa Davis	Lewes Wanderers CC	WV	4:33:49
23	Glenn Karpeta	East Grinstead CC	V	4:36:22
24	David Greenwood	Rye & District Wheelers CC	V	4:37:09
25	Peter Baker	Lewes Wanderers CC	V	4:40:52
26	Emily Kampf	Trisport Epping	WS	4:45:26
27	Gareth Purves	Hastings & St. Leonards CC	S	4:53:08
28	Richard Claxton	VC Elan - Harry Perry Cycles	V	5:01:34
29	John Mankelov	Lewes Wanderers CC	V	5:02:32
30	Richard Streeter	Lewes Wanderers CC	V	5:05:36
31	Martin Naylor	Brighton Excelsior CC	V	5:06:48
32	Paul Butler	Hastings & St. Leonards CC	V	5:13:41
33	Chris Parker	Hastings & St. Leonards CC	V	5:29:38
34	John Isard	Hampshire Road Club	V	5:44:05

Many thanks to Bob Harber and his team from Brighton Excelsior for promoting this event

# ESCA Best All Rounder Competitions

## 2018 ESCA Best All Rounder Competitions & Rules

<b>Senior</b>	Contested over <b>25, 50</b> and <b>100</b> miles in any ESCA event this season. Based on an average mph from the best performance at each distance.
<b>Senior Team</b>	Based on the average mph of the best three Senior BAR qualifiers from an ESCA affiliated club
<b>Veteran</b>	Contested over <b>25, 50</b> and <b>100</b> miles in any ESCA event this season. Based on the best plus or minus against VTTA Standard at each distance added together proportionately – <b>see note below</b> .
<b>Lady Senior</b>	Contested over <b>10, 25</b> and <b>50</b> miles in any ESCA event this season. Based on an average mph from the best performance at each distance.
<b>Lady Veteran</b>	Contested over <b>10, 25</b> and <b>50</b> miles in any ESCA event this season. Based on the best plus or minus against VTTA Standard at each distance added together proportionately – <b>see note below</b> .
<b>Junior</b>	Contested over <b>10</b> and <b>25</b> miles in any ESCA event this season. Based on an average mph from the best performance at each distance.

<b>Veteran Calculation</b>	<b>Distance</b>	<b>Time</b>	<b>Standard</b>	<b>Plus</b>	<b>Calculation</b>	<b>Proportion</b>
	25 miles	<b>0:59:33</b>	1:08:07	<b>0:08:34</b>	Divided by 1	<b>0:08:34</b>
	50 miles	<b>1:59:09</b>	2:20:11	<b>0:21:02</b>	Divided by 2	<b>0:10:31</b>
	100 miles	<b>4:14:34</b>	4:57:02	<b>0:42:28</b>	Divided by 4	<b>0:10:37</b>
				<b>Total Plus</b>		<b>0:29:42</b>
<b>Lady Veteran Calculation</b>	<b>Distance</b>	<b>Time</b>	<b>Standard</b>	<b>Plus</b>	<b>Calculation</b>	<b>Proportion</b>
	10 miles	<b>0:26:26</b>	0:28:33	<b>0:02:07</b>	Divided by 1	<b>0:02:07</b>
	25 miles	<b>1:08:44</b>	1:12:34	<b>0:03:50</b>	Divided by 2.5	<b>0:01:32</b>
	50 miles	<b>2:21:02</b>	2:29:14	<b>0:08:12</b>	Divided by 5	<b>0:01:38</b>
				<b>Total Plus</b>		<b>0:05:17</b>

Awards are presented at the annual lunch the Senior, Senior BAR Team, Veteran, Lady, Lady Veteran and Junior Best All Rounder

# ESCA Best All Rounder Competitions

## Provisional BAR Standings as at 12th August 2018

### Senior BAR

Rank	Rider	Club	25	50	100	Av Mph
1	Pete Morris	Team ASL	0:53:08	1:49:34	3:51:07	<b>27.191</b>
2	Neil Couchman	Southborough & Dist. Whs	0:57:21	1:55:06	4:06:09	<b>25.532</b>
3	David Clements	Eastbourne Rovers CC	0:56:16	1:56:14	4:12:01	<b>25.426</b>
4	David Clark	Eastbourne Rovers CC	0:55:52	1:57:27	4:13:05	<b>25.367</b>
5	Brett Davis	Lewes Wanderers CC	0:55:40	1:59:05	4:28:15	<b>24.835</b>
6	Peter Baker	Lewes Wanderers CC	1:00:19	2:04:28	4:40:52	<b>23.445</b>
7	Lisa Davis	Lewes Wanderers CC	1:00:55	2:07:31	4:33:49	<b>23.354</b>
8	John Mankelow	Lewes Wanderers CC	1:08:15	2:18:35	5:02:32	<b>21.153</b>
9	Chris Parker	Hastings & St. Leonards CC	1:20:20	2:34:34	5:29:38	<b>18.761</b>

Please note the ESCA 25 in September is also a Qualifying Event for this competition

### Senior BAR Team

Rank	Team of Three Riders	Club	Av Mph
1	Brett Davis, Peter Baker and Lisa Davis	Lewes Wanderers CC	<b>23.878</b>

Please note the ESCA 25 in September is also a Qualifying Event for this competition

# ESCA Best All Rounder Competitions

## Provisional BAR Standings as at 12th August 2018

### Veteran BAR

Rank	Rider	Club	25	50	100	Balanced Plus
1	David Clark	Eastbourne Rovers CC	0:11:58	0:22:07	0:42:29	<b>0:33:39</b>
2	David Clements	Eastbourne Rovers CC	0:10:59	0:22:04	0:40:31	<b>0:32:09</b>
3	Lisa Davis	Lewes Wanderers CC	0:11:01	0:20:22	0:38:39	<b>0:30:52</b>
4	Neil Couchman	Southborough & Dist. Whs	0:08:39	0:20:29	0:39:58	<b>0:28:53</b>
5	Peter Baker	Lewes Wanderers CC	0:10:02	0:20:37	0:27:57	<b>0:27:20</b>
6	Brett Davis	Lewes Wanderers CC	0:11:23	0:18:47	0:23:16	<b>0:26:36</b>
7	John Mankelow	Lewes Wanderers CC	0:05:51	0:14:47	0:26:41	<b>0:19:55</b>
8	Chris Parker	Hastings & St. Leonards CC	-0:09:23	-0:08:10	-0:17:38	<b>-0:17:53</b>

Please note the ESCA 25 in September is also a Qualifying Event for this competition

### Lady BAR

Rank	Rider	Club	10	25	50	Av Mph
1	Lisa Davis	Lewes Wanderers CC	0:24:39	1:00:55	2:07:31	<b>24.164</b>
2	Olivia Webb	Eastbourne Rovers CC	0:25:28	1:03:44	2:12:57	<b>23.220</b>
3	Clare Parkholm	Lewes Wanderers CC	0:26:43	1:07:19	2:20:26	<b>22.034</b>
4	Anita Turner	Eastbourne Rovers CC	0:29:10	1:14:24	2:36:46	<b>19.956</b>

Please note the ESCA 10 and ESCA 25 in September is also a Qualifying Event for this competition

# ESCA Best All Rounder Competitions

## Provisional BAR Standings as at 12th August 2018

### Lady Veteran BAR

Rank	Rider	Club	10	25	50	Balanced Plus
1	Lisa Davis	Lewes Wanderers CC	0:03:40	0:11:01	0:20:22	<b>0:12:09</b>
2	Olivia Webb	Eastbourne Rovers CC	0:03:20	0:09:31	0:17:46	<b>0:10:42</b>
3	Clare Parkholm	Lewes Wanderers CC	0:01:56	0:05:30	0:09:21	<b>0:06:00</b>
4	Anita Turner	Eastbourne Rovers CC	-0:00:31	-0:01:35	-0:06:59	<b>-0:02:33</b>

Please note the ESCA 10 and ESCA 25 in September is also a Qualifying Event for this competition

### Junior BAR

Rank	Rider	Club	10	25	Av Mph
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No Qualifiers at the moment, but please note the ESCA 10 and ESCA 25 in September is also a Qualifying Event for this competition

# ESCA Points Competition

## 2018 ESCA Points Competition & Rules

### Individual Points

Points are awarded to any individual first claim rider from an ESCA affiliated club in each qualifying event. Riders who are not from an ESCA affiliated club, or form a composite team in the 2up Team Time Trial, will be disregarded in the points allocation.

#### Open Time Trials

30 points for first place down to 1 point for 30th place

#### 2up Team Time Trial

30 points for each rider of first team down to 2 points for each rider of 15th team

**Composite teams and solo riders are not eligible for points**

### Club Points

Points are awarded to any club affiliated to ESCA based on the performance of its individual first claim members in each qualifying event. The individual points earned by each first claim rider are totalled and awarded to their respective club. Riders who are not from an ESCA affiliated club, or form a composite team in the 2up Team Time Trial, will be disregarded in the points allocation.

#### Open Time Trials

30 points for first place down to 1 point for 30th place

#### 2up Team Time Trial

60 points for first team of two down to 4 points for 15th place

**Composite teams and solo riders are not eligible for points**

**Awards are presented at the annual lunch to both the individual and club with the most points.**

# ESCA Points Competition

## ESCA Individual Points Competition as at Sunday 12th August 2018

Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
1	Howard Shaw	Eastbourne Rovers CC	-	30	29	30	-	28				<b>117</b>	4
2	Pete Morris	Team ASL	-	-	27	29	29	30				<b>115</b>	4
2	David Clements	Eastbourne Rovers CC	-	26	19	22	24	24				<b>115</b>	5
4	Brett Davis	Lewes Wanderers CC	-	28	23	24	20	19				<b>114</b>	5
5	David Clark	Eastbourne Rovers CC	-	26	21	23	21	21				<b>112</b>	5
6	Neil Couchman	Southborough & Dist. Whs	-	16	-	17	25	27				<b>85</b>	4
7	Michael Davey	Eastbourne Rovers CC	-	30	-	28	26	-				<b>84</b>	3
8	Steven Kane	Team ASL	-	-	28	25	-	29				<b>82</b>	3
9	John Cordner	Eastbourne Rovers CC	-	-	25	21	19	-				<b>65</b>	3
10	Mark Emsley	Crawley Wheelers	-	-	30	-	28	-				<b>58</b>	2
11	Mark Edwards	Eastbourne Rovers CC	-	-	20	19	18	-				<b>57</b>	3
12	Nick Dwyer	Lewes Wanderers CC	-	28	-	27	-	-				<b>55</b>	2
13	Tom Hilder	Hastings & St. Leonards CC	-	-	15	15	23	-				<b>53</b>	3
13	Robert Rollings	Lewes Wanderers CC	-	-	26	-	27	-				<b>53</b>	2
15	Aidan McConville	Lewes Wanderers CC	-	22	11	-	17	-				<b>50</b>	3
16	Damen Foord	Direct Power Cycling Team	-	24	22	-	-	-				<b>46</b>	2
16	Peter Hooper	Eastbourne Rovers CC	-	20	-	26	-	-				<b>46</b>	2
18	Fabien Large	Direct Power Cycling Team	-	24	18	-	-	-				<b>42</b>	2
19	Peter Baker	Lewes Wanderers CC	-	-	-	9	15	15				<b>39</b>	3
20	Lisa Davis	Lewes Wanderers CC	-	-	4	7	9	18				<b>38</b>	4
21	Rob Pelham	Lewes Wanderers CC	-	12	-	-	22	-				<b>34</b>	2
22	Pip Jenkins	Southborough & Dist. Whs	-	-	-	11	-	22				<b>33</b>	2
22	John Tindell	Brighton Excelsior CC	-	-	17	16	-	-				<b>33</b>	2
24	Mark Smith	Crawley Wheelers	-	-	-	-	30	-				<b>30</b>	1
25	John Powell	Team ASL	-	-	15	14	-	-				<b>29</b>	2
25	John Marinko	Brighton Mitre CC	-	-	-	13	16	-				<b>29</b>	2
25	Gavin Richards	Lewes Wanderers CC	-	-	9	-	-	20				<b>29</b>	2
28	Rupert Robinson	Crawley Wheelers	-	-	-	-	-	26				<b>26</b>	1



# ESCA Points Competition

## ESCA Individual Points Competition as at Sunday 12th August 2018

Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
28	Tony Reeves	GS Stella	-	-	-	18	8	-				26	2
30	Rob Stephenson	Southborough & Dist. Whs	-	-	-	-	-	25				25	1
30	Colin Toppin	Brighton Excelsior CC	-	8	-	6	11	-				25	3
32	Nick Wilson	Rye & District Wheelers CC	-	-	24	-	-	-				24	1
33	Matt Kuwertz	Southborough & Dist. Whs	-	-	-	-	-	23				23	1
34	Glenn Karpeta	East Grinstead CC	-	-	-	-	5	17				22	2
34	Dan Street	Lewes Wanderers CC	-	22	-	-	-	-				22	1
36	Mark Frost	Lewes Wanderers CC	-	-	-	20	-	-				20	1
36	James Stone	Brighton Excelsior CC	-	8	-	-	12	-				20	2
36	Iain Brogden	Eastbourne Rovers CC	-	20	-	-	-	-				20	1
39	Paul James	Crawley Wheelers	-	18	-	-	-	-				18	1
39	Paul Byford	Crawley Wheelers	-	18	-	-	-	-				18	1
41	David Greenwood	Rye & District Wheelers CC	-	-	-	-	-	16				16	1
41	Daniel Ellis	Eastbourne Rovers CC	-	0	8	8	-	-				16	3
41	Christian Yates	East Grinstead CC	-	-	16	-	-	-				16	1
41	Sam Dix	In-Gear Quickvit Italy Bike Tours RT	-	6	10	-	-	-				16	2
41	Chris Wolton	Southborough & Dist. Whs	-	16	-	-	-	-				16	1
46	Gareth Purves	Hastings & St. Leonards CC	-	-	-	-	0	14				14	2
46	Tom Houghton	Brighton Excelsior CC	-	14	-	-	-	-				14	1
46	Jez Parsons	Brighton Excelsior CC	-	14	-	-	-	-				14	1
46	Nigel Langridge	Crawley Wheelers	-	-	-	-	14	-				14	1
46	Donald Parker	Brighton Mitre CC	-	-	-	4	10	-				14	2
51	Adam Rogers	Eastbourne Rovers CC	-	0	6	0	7	-				13	4
51	Matt Coombs	Lewes Wanderers CC	-	-	-	-	13	-				13	1
51	John Mankelow	Lewes Wanderers CC	-	-	-	0	0	13				13	3
51	Cameron Cragg	Team ASL	-	-	13	-	-	-				13	1
55	Martin Baddeley	Lewes Wanderers CC	-	12	-	-	-	-				12	1
55	Russell Thorne-Jones	Crawley Wheelers	-	-	12	-	-	-				12	1

# ESCA Points Competition

## ESCA Individual Points Competition as at Sunday 12th August 2018

Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
55	Richard Streeter	Lewes Wanderers CC	-	-	0	-	-	12				12	2
55	Ruth Summerford	Eastbourne Rovers CC	-	-	-	12	-	-				12	1
59	Martin Naylor	Brighton Excelsior CC	-	-	-	-	0	11				11	2
60	David Bagge	Southborough & Dist. Whs	-	10	-	-	-	-				10	1
60	Dominic Lowden	Lewes Wanderers CC	-	-	-	10	-	-				10	1
60	Paul Butler	Hastings & St. Leonards CC	-	-	0	-	0	10				10	3
60	Guy Lane	Southborough & Dist. Whs	-	10	-	-	-	-				10	1
64	Chris Parker	Hastings & St. Leonards CC	-	-	0	0	0	9				9	4
65	David Dixon	Hastings & St. Leonards CC	-	0	-	3	4	-				7	3
65	Michael Valks	Lewes Wanderers CC	-	-	7	0	-	-				7	2
67	Colin Chambers	Crawley Wheelers	-	-	-	-	6	-				6	1
67	Norman Blissett	In-Gear Quickvit Italy Bike Tours RT	-	6	-	-	-	-				6	1
69	Peter Barling	Lewes Wanderers CC	-	-	5	0	-	-				5	2
69	mik onions	Brighton Mitre CC	-	-	-	5	-	-				5	1
71	Spencer Kirkham	Worthing Excelsior CC	-	4	-	-	-	-				4	1
71	Paul Townsley	Worthing Excelsior CC	-	4	-	-	-	-				4	1
73	Gina McGeever	Lewes Wanderers CC	-	-	-	-	3	-				3	1
73	James Cheeseman	Crawley Wheelers	-	-	3	0	-	-				3	2
75	Tom Norris	Hastings & St. Leonards CC	-	2	-	-	-	-				2	1
75	paul fletcher	Lewes Wanderers CC	-	-	2	-	-	-				2	1
75	Olivia Webb	Eastbourne Rovers CC	-	0	0	0	2	-				2	4
75	Malcolm Daly	Hastings & St. Leonards CC	-	2	-	0	-	-				2	2
75	Tobias Bunyan	Eastbourne Rovers CC	-	-	-	2	-	-				2	1
80	Samuel Dixon	Hastings & St. Leonards CC	-	0	-	0	1	-				1	3
80	Geoff Smith	Eastbourne Rovers CC	-	-	1	0	-	-				1	2
80	Elliot Brown	Eastbourne Rovers CC	-	-	-	1	-	-				1	1
-	<b>Grand Total</b>		<b>0</b>	<b>480</b>	<b>466</b>	<b>465</b>	<b>465</b>	<b>429</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>2305</b>	

# ESCA Points Competition

## ESCA Club Points Competition as at Sunday 12th August 2018

Rank	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
1	Eastbourne Rovers CC	0	152	129	192	117	73	0	0	0	<b>663</b>	49
2	Lewes Wanderers CC	0	124	87	97	126	97	0	0	0	<b>531</b>	58
3	Team ASL	0	0	83	68	29	59	0	0	0	<b>239</b>	10
4	Southborough & Dist. Whs	0	52	0	28	25	97	0	0	0	<b>202</b>	13
5	Crawley Wheelers	0	36	45	0	78	26	0	0	0	<b>185</b>	11
6	Brighton Excelsior CC	0	44	17	22	23	11	0	0	0	<b>117</b>	11
7	Hastings & St. Leonards CC	0	4	15	18	28	33	0	0	0	<b>98</b>	21
8	Direct Power Cycling Team	0	48	40	0	0	0	0	0	0	<b>88</b>	4
9	Brighton Mitre CC	0	0	0	22	26	0	0	0	0	<b>48</b>	10
10	Rye & District Wheelers CC	0	0	24	0	0	16	0	0	0	<b>40</b>	3
11	East Grinstead CC	0	0	16	0	5	17	0	0	0	<b>38</b>	3
12	GS Stella	0	0	0	18	8	0	0	0	0	<b>26</b>	2
13	In-Gear Quickvit Italy Bike Tours RT	0	12	10	0	0	0	0	0	0	<b>22</b>	3
14	Worthing Excelsior CC	0	8	0	0	0	0	0	0	0	<b>8</b>	2
-	Brighton Phoenix Athletic Club	0	0	0	0	0	0	0	0	0	<b>0</b>	1
-	Central Sussex CC	0	0	0	0	0	0	0	0	0	<b>0</b>	0
-	East Grinstead Tri Club	0	0	0	0	0	0	0	0	0	<b>0</b>	0
-	Horsham Cycling	0	0	0	0	0	0	0	0	0	<b>0</b>	0
-	Redhill CC	0	0	0	0	0	0	0	0	0	<b>0</b>	0
-	Sussex Nomads CC	0	0	0	0	0	0	0	0	0	<b>0</b>	0
-	Velopace	0	0	0	0	0	0	0	0	0	<b>0</b>	0
-	VTTA (Surrey & Sussex)	0	0	0	0	0	0	0	0	0	<b>0</b>	0
-	Wealden Cycle Club	0	0	0	0	0	0	0	0	0	<b>0</b>	0
-	<b>Grand Total</b>	<b>0</b>	<b>480</b>	<b>466</b>	<b>465</b>	<b>465</b>	<b>429</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>2305</b>	<b>201</b>

## 2018 ESCA Trophies

With the exception of the Brian Phillips Trophy, donated by East Grinstead CC in memory of their teammate Brian Phillips, which applies to the September 25, all other 10 and 25 mile trophies are awarded for the best performance at either the April or September events.

Award	Details
<b>Hardriders Page Tankard</b>	Fastest ESCA rider in the ESCA Hardriders <b>Event cancelled due to snow</b>
<b>2up Team Time Trial Cup</b>	Fastest ESCA pair in the ESCA 2up Team Time Trial <b>Howard Shaw &amp; Michael Davey – Eastbourne Rovers CC – 0:44:22</b>
<b>Ladies 10 mile Cup</b>	Fastest ESCA lady rider in the either the April or September ESCA 10 <b>Contender: Lisa Davis – Lewes Wanderers CC – 0:24:39</b>
<b>Junior 10 mile Cup</b>	Fastest ESCA junior rider in the either the April or September ESCA 10 <b>Contender: Fabien Large – Direct Power Cycling Team – 0:22:29</b>
<b>10 mile Team Shield</b>	Fastest ESCA team of three riders in the either the April or September ESCA 10 <b>Contenders: Howard Shaw, John Cordner &amp; David Clark – Eastbourne Rovers CC – 1:03:59</b>
<b>Brian Phillips Trophy</b>	Overall winner in the ESCA September 25
<b>60 minute Cup</b>	Fastest ESCA rider in the either the April or September ESCA 25 <b>Contender: Howard Shaw – Eastbourne Rovers CC – 0:52:37</b>
<b>Ladies 25 mile Cup</b>	Fastest ESCA lady rider in the either the April or September ESCA 25 <b>Contender: Ruth Summerford – Eastbourne Rovers CC – 0:59:46</b>
<b>Junior 25 mile Cup</b>	Fastest ESCA junior rider in the either the April or September ESCA 25 <b>No contenders</b>

## ESCA Trophies

Award	Details
<b>Veteran 25 mile Cup</b>	ESCA rider with highest plus against VTTA Standard in the either the April or September ESCA 25 <b>Contender: Nick Dwyer – Lewes Wanderers CC – Plus 15:28</b>
<b>25 mile Rosemary Shield</b>	Fastest ESCA team of three riders in the either the April or September ESCA 25 <b>Contenders: Howard Shaw, Michael Davey &amp; Peter Hooper – Eastbourne Rovers CC – 2:41:21</b>
<b>50 mile Cup</b>	Fastest ESCA rider in the ESCA 50 <b>Mark Smith – Crawley Wheelers – 1:49:23</b>
<b>Ladies 50 mile Cup</b>	Fastest ESCA lady rider in the ESCA 50 <b>Lisa Davis – Lewes Wanderers CC – 2:07:31</b>
<b>50 mile Team Trophy</b>	Fastest ESCA team of three riders in the ESCA 50 <b>Michael Davey, David Clements &amp; David Clark – Eastbourne Rovers CC – 5:48:45</b>
<b>100 mile Cup</b>	Fastest ESCA rider in the ESCA 100 <b>Pete Morris – Team ASL – 3:51:07</b>
<b>100 mile Team Shield</b>	Fastest ESCA team of three riders in the ESCA 100 <b>Howard Shaw, David Clements &amp; David Clark – Eastbourne Rovers CC – 12:12:01</b>
<b>Individual Points Cup</b>	ESCA rider with the highest number of points in the individual points competition
<b>Club Points Shield</b>	ESCA club with the highest number of points in the club points competition
<b>Reliability Trial Shield</b>	ESCA club with the highest number of successful finishers in the Reliability Trail
<b>Roy Humphrey Cup</b>	In recognition of hard work and commitment to the Association
<b>BAR Team Trophy</b>	Fastest average mph of the best three senior BAR qualifiers from an ESCA affiliated club <b>Contenders: Brett Davis, Peter Baker &amp; Lisa Davis – Lewes Wanderers CC – 23.878 mph</b>

## ESCA Trophies

Award	Details
<b>Junior BAR Award</b>	Fastest average mph of an ESCA junior over 10 and 25 miles No Contenders
<b>Lady BAR Trophy</b>	Fastest average mph of an ESCA lady over 10, 25 and 50 miles Contender: Lisa Davis – Lewes Wanderers CC – 24.164 mph
<b>Lady Veteran BAR Award</b>	Highest plus against VTTA Standard of an ESCA lady over 10, 25 and 50 miles Contender: Lisa Davis – Lewes Wanderers CC – plus 0:12:09
<b>Veteran BAR Salver</b>	Highest plus against VTTA Standard of an ESCA rider over 25, 50 and 100 miles Contender: David Clark – Eastbourne Rovers CC – plus 0:33:39
<b>Senior BAR Trophy</b>	Fastest average mph of an ESCA rider over 25, 50 and 100 miles Contender: Pete Morris – Team ASL – 27.191 mph

**All awards are presented at the annual lunch**