



East Sussex Cycling Association

2017 President Bob Harber – Brighton Excelsior CC



ESCA 25m Time Trial – Sunday 23rd April 2017 – G25/89

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Result Sheet

Event Secretary **Chris Parker** (Hastings & St Leonards CC)
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Timekeepers **Su Balcombe** (Brighton Excelsior CC) and **Richard Meed** (Lewes Wanderers CC)

The Prize Winners

| Category | Pos | Rider | Club | Time | Prize |
|--|------|------------------------|---------------------------|---------|---------|
| Fastest Overall | 1st | Marc Townsend | Eastbourne Rovers CC | 0:53:17 | £ 35.00 |
| | 2nd | Dan Sadler | RT 316 | 0:54:21 | £ 30.00 |
| | 3rd | Howard Shaw | Eastbourne Rovers CC | 0:54:36 | £ 25.00 |
| | 4th | Pete Morris | Team ASL | 0:54:50 | £ 20.00 |
| | 5th | George Welfare | Eastbourne Rovers CC | 0:55:06 | £ 15.00 |
| | 6th | Tom Glandfield | Lewes Wanderers CC | 0:55:20 | £ 10.00 |
| Fastest Lady | 1st | Pip Jenkins | Southborough & Dist. Whs | 1:00:09 | £ 20.00 |
| | 2nd | Ruth Summerford | Eastbourne Rovers CC | 1:00:10 | £ 15.00 |
| | 3rd | Rachel Baker | Mid Sussex Triathlon Club | 1:05:52 | £ 10.00 |
| Fastest in each age category not winning another prize excluding Hill Prime or Team | | | | | |
| Aged under 35 | (33) | Damen Foord | Direct Power Cycling Team | 0:56:41 | £ 10.00 |
| Aged 35 – 39 | (39) | Neil Couchman | Southborough & Dist. Whs | 0:56:42 | £ 10.00 |
| Aged 40 – 44 | (40) | Rob Pelham | Lewes Wanderers CC | 0:57:47 | £ 10.00 |
| Aged 45 – 49 | (47) | John Cordner | Eastbourne Rovers CC | 0:55:41 | £ 10.00 |
| Aged 50 – 54 | (52) | Guy Lane | Southborough & Dist. Whs | 0:58:59 | £ 10.00 |
| Aged 55 – 59 | (55) | Andrew Quye | Southborough & Dist. Whs | 1:01:18 | £ 10.00 |
| Aged 60 – 64 | (60) | Peter Davies | Brighton Mitre CC | 1:09:06 | £ 10.00 |
| Aged 65 or over | (69) | John Mankelow | Lewes Wanderers CC | 1:06:07 | £ 10.00 |
| Fastest Team of 3 | 1st | Marc Townsend | Eastbourne Rovers CC | 0:53:17 | £ 15.00 |
| | | Howard Shaw | Eastbourne Rovers CC | 0:54:36 | £ 15.00 |
| | | George Welfare | Eastbourne Rovers CC | 0:55:06 | £ 15.00 |
| | | Total Team Time | 2:42:59 | | |
| | 2nd | Tom Glandfield | Lewes Wanderers CC | 0:55:20 | £ 10.00 |
| | | Robert Rollings | Lewes Wanderers CC | 0:56:58 | £ 10.00 |
| | | Rob Pelham | Lewes Wanderers CC | 0:57:47 | £ 10.00 |
| | | Total Team Time | 2:50:05 | | |

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Overall Result Sheet

| Pos | Race No | Rider | Club | Cat | Age | Time |
|-----|---------|------------------|---------------------------------|-----|-----|------------------|
| 1 | 80 | Marc Townsend | Eastbourne Rovers CC | S | 36 | 0:53:17 |
| 2 | 50 | Dan Sadler | RT 316 | V | 40 | 0:54:21 |
| 3 | 70 | Howard Shaw | Eastbourne Rovers CC | S | 31 | 0:54:36 |
| 4 | 40 | Pete Morris | Team ASL | S | 38 | 0:54:50 |
| 5 | 35 | George Welfare | Eastbourne Rovers CC | S | 31 | 0:55:06 |
| 6 | 75 | Tom Glandfield | Lewes Wanderers CC | V | 44 | 0:55:20 |
| 7 | 78 | John Cordner | Eastbourne Rovers CC | V | 47 | 0:55:41 |
| 8 | 79 | Stuart Hodd | PB Cycle Coaching Racing Team | V | 48 | 0:56:38 |
| 9 | 52 | Damen Foord | Direct Power Cycling Team | S | 33 | 0:56:41 |
| 10 | 12 | Neil Couchman | Southborough & Dist. Whs | S | 39 | 0:56:42 |
| 11 | 25 | Robert Rollings | Lewes Wanderers CC | S | 30 | 0:56:58 |
| 12 | 20 | Chris Wolton | Southborough & Dist. Whs | S | 32 | 0:56:59 |
| 13 | 66 | James Griffin | Trainsharp | S | 29 | 0:57:03 |
| 14 | 10 | David Clark | Eastbourne Rovers CC | V | 48 | 0:57:19 |
| 15 | 55 | Iain Brogden | Eastbourne Rovers CC | V | 48 | 0:57:30 |
| 16 | 30 | Michael Davey | Eastbourne Rovers CC | S | 39 | 0:57:42 |
| 17 | 56 | Rob Pelham | Lewes Wanderers CC | V | 40 | 0:57:47 |
| 18 | 46 | David Clements | Eastbourne Rovers CC | V | 45 | 0:58:08 |
| 19 | 62 | Sean Quinney | Lewes Wanderers CC | V | 48 | 0:58:45 |
| 20 | 11 | John-Paul Brophy | Eastbourne Rovers CC | V | 42 | 0:58:50 |
| 21 | 36 | Guy Lane | Southborough & Dist. Whs | V | 52 | 0:58:59 |
| 22 | 71 | Stephen Comben | Lewes Wanderers CC | S | 39 | 0:59:01 |
| 23 | 65 | Peter Hooper | Eastbourne Rovers CC | S | 32 | 0:59:02 |
| 24 | 18 | Aidan McConville | Lewes Wanderers CC | S | 38 | 0:59:31 |
| 25 | 15 | John Tindell | Brighton Phoenix Triathlon Club | S | 30 | 0:59:44 |
| 26 | 44 | Pip Jenkins | Southborough & Dist. Whs | WS | 29 | 1:00:09 |
| 27 | 74 | Ruth Summerford | Eastbourne Rovers CC | WS | 26 | 1:00:10 |
| 28 | 26 | James Stone | Brighton Excelsior CC | V | 48 | 1:00:27 |
| 29 | 22 | Neil Giles | Mid Sussex Triathlon Club | V | 43 | 1:00:34 |
| 30 | 57 | Dan Helyer | Eastbourne Rovers CC | S | 29 | 1:00:44 |
| 31 | 72 | Samuel Ramsey | Lewes Wanderers CC | V | 53 | 1:00:52 |
| 32 | 61 | Andrew Quye | Southborough & Dist. Whs | V | 55 | 1:01:18 |
| 33 | 51 | Simon Underwood | CC Topp | V | 46 | 1:01:40 |
| 34 | 13 | Michael Valks | Lewes Wanderers CC | V | 46 | 1:02:02 |
| 35 | 37 | Mick Claydon | Ashford Whs | V | 49 | 1:02:14 |
| 36= | 17 | Peter Barling | Lewes Wanderers CC | S | 34 | 1:02:19 |
| 36= | 68 | Jason Le Goff | In-Gear Quickvit Trainsharp RT | V | 41 | 1:02:19 |
| 38 | 67 | Peter Baker | Lewes Wanderers CC | V | 59 | 1:02:33 |
| 39 | 24 | Robert Hoodless | Mid Sussex Triathlon Club | V | 53 | 1:02:48 |
| 40 | 58 | Ion Tsakalis | Brighton Mitre CC | V | 51 | 1:03:41 |
| 41 | 4 | Tobias Bunyan | Eastbourne Rovers CC | V | 42 | 1:03:54 |
| 42 | 63 | Andy Seltzer | In-Gear Quickvit Trainsharp RT | V | 52 | 1:04:27 |
| 43 | 54 | Daniel Ellis | Eastbourne Rovers CC | S | 36 | 1:04:37 |
| 44 | 59 | Tim Wells | Eastbourne Rovers CC | V | 45 | 1:04:42 |
| 45 | 47 | Richard Woodward | East Grinstead CC | V | 55 | 1:04:59 |
| 46 | 27 | Andrew Thomas | Southborough & Dist. Whs | V | 52 | 1:05:10 |
| 47 | 53 | Bruce English | Eastbourne Rovers CC | V | 52 | 1:05:30 |
| 48 | 2 | Jonathan Molton | Hastings & St. Leonards CC | V | 49 | 1:05:31 |
| 49 | 42 | Rachel Baker | Mid Sussex Triathlon Club | WV | 43 | 1:05:52 |
| 50 | 14 | Nathan Russell | Eastbourne Rovers CC | S | 28 | *1:06:01* |
| 51 | 9 | John Mankelow | Lewes Wanderers CC | V | 69 | 1:06:07 |

ESCA 25m Time Trial – Sunday 23rd April 2017 – G25/89

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Overall Result Sheet

| Pos | Race No | Rider | Club | Cat | Age | Time |
|-----|---------|-----------------|--------------------------------|-----|-----|----------------|
| 52 | 34 | Clare Parkholm | Lewes Wanderers CC | WV | 46 | 1:06:31 |
| 53 | 43 | Gina McGeever | Lewes Wanderers CC | WV | 45 | 1:07:02 |
| 54 | 21 | Richard Jeynes | Mid Sussex Triathlon Club | V | 45 | 1:07:27 |
| 55 | 64 | Adrian Bennett | Mid Sussex Triathlon Club | V | 52 | 1:07:28 |
| 56 | 32 | Olivia Webb | Eastbourne Rovers CC | WV | 48 | 1:08:59 |
| 57 | 5 | Peter Davies | Brighton Mitre CC | V | 60 | 1:09:06 |
| 58 | 6 | Chris Martin | Lewes Wanderers CC | V | 58 | 1:09:17 |
| 59 | 8 | Peter Watts | Eastbourne Rovers CC | S | 39 | 1:09:41 |
| 60 | 48 | Peter Eames | Eastbourne Rovers CC | V | 54 | 1:09:53 |
| 61 | 1 | Paul Butler | Hastings & St. Leonards CC | V | 44 | 1:11:04 |
| 62 | 31 | Kiera Lyness | Dulwich Paragon CC | WV | 50 | 1:11:47 |
| 63 | 29 | Kate Mankelow | Lewes Wanderers CC | WS | 37 | 1:11:49 |
| 64 | 73 | Alan Brooks | Bayeux Cycling Team | V | 61 | 1:12:16 |
| 65 | 7 | Paul Valks | Lewes Wanderers CC | V | 73 | 1:13:07 |
| 66 | 38 | Robin Johnson | Brighton Mitre CC | V | 68 | 1:13:10 |
| 67 | 39 | Anita Turner | Eastbourne Rovers CC | WV | 46 | 1:15:03 |
| 68 | 49 | Chris Parker | Hastings & St. Leonards CC | V | 61 | 1:15:51 |
| 69 | 3 | Deborah Evers | Lewes Wanderers CC | WV | 57 | 1:21:45 |
| - | 16 | Joshua Clark | PMR @ Toachim House | S | 18 | DNS (A) |
| - | 19 | Martin Yardley | Southborough & Dist. Whs | V | 51 | DNS (A) |
| - | 23 | Tim Lucas | Southborough & Dist. Whs | S | 31 | DNS (A) |
| - | 28 | Patrick Piper | Hastings & St. Leonards CC | V | 52 | DNS (A) |
| - | 33 | Emma Juden | San Fairy Ann CC | WV | 41 | DNS (A) |
| - | 41 | Sally Turner | GS Stella | WS | 37 | DNS (A) |
| - | 45 | Ayrton Pope | Paceline RT | S | 21 | DNS (A) |
| - | 60 | Richard Gifford | In-Gear Quickvit Trainsharp RT | V | 54 | DNS (A) |
| - | 69 | Jez Parsons | Brighton Excelsior CC | V | 51 | DNS (A) |
| - | 76 | Sam Dix | In-Gear Quickvit Trainsharp RT | V | 45 | DNS (A) |
| - | 77 | Oliver Stevens | Southborough & Dist. Whs | V | 42 | DNS (A) |

*** Rider number 14 – Nathan Russell – time includes 50 second late start ***

Notes & acknowledgements

Congratulations to all the prize winners and many thanks to all that took part in the event either by riding or helping, especially the following:

Timekeepers Su Balcombe (Brighton Excelsior CC) at the start, and Richard Meed (Lewes Wanderers CC) at the finish

Pushing Off Stuart Crabb (Hastings & St Leonards CC)

Recording Peter Moon (Eastbourne Rovers CC)

Marshals Romana and Tim Miles (Hastings & St Leonards CC) at Blackdown, Malcolm Daly and Simon Grogan (Hastings & St Leonards CC) at Little Horsted, and Steve Curtis, Ivan Johnson and Alan Harbord (Hastings & St Leonards CC) at the Boship

Refreshments Pippa Parker (Hastings & St Leonards CC)

Results Ann Human (Eastbourne Rovers CC)

ESCA 25m Time Trial – Sunday 23rd April 2017 – G25/89

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This is a qualifying event for

ESCA Points Competition 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies Counts towards the fastest junior, fastest lady, fastest rider under 60 minutes, highest veteran plus on standard and the fastest team of three from an ESCA affiliated club over 25 miles – the best performance at either this, or the **September 25**, will be eligible for these awards at the annual prize presentation in January 2018.

ESCA BAR Qualifying event for all the Best All Rounder competitions.

2017 points competition – ESCA points awarded for this event

| Individual | Club | Points | Club | Points |
|------------------|---------------------------------|--------|---------------------------------|--------|
| Marc Townsend | Eastbourne Rovers CC | 30 | Eastbourne Rovers CC | 221 |
| Howard Shaw | Eastbourne Rovers CC | 29 | Lewes Wanderers CC | 109 |
| Pete Morris | Team ASL | 28 | Southborough & Dist. Whs | 68 |
| George Welfare | Eastbourne Rovers CC | 27 | Team ASL | 28 |
| Tom Glandfield | Lewes Wanderers CC | 26 | Direct Power Cycling Team | 24 |
| John Cordner | Eastbourne Rovers CC | 25 | Brighton Phoenix Triathlon Club | 9 |
| Damen Foord | Direct Power Cycling Team | 24 | Brighton Excelsior CC | 6 |
| Neil Couchman | Southborough & Dist. Whs | 23 | In-Gear Quickvit Trainsharp RT | 1 |
| Robert Rollings | Lewes Wanderers CC | 22 | Brighton Mitre CC | 0 |
| Chris Wolton | Southborough & Dist. Whs | 21 | Central Sussex CC | 0 |
| David Clark | Eastbourne Rovers CC | 20 | Crawley Wheelers | 0 |
| Iain Brogden | Eastbourne Rovers CC | 19 | East Grinstead CC | 0 |
| Michael Davey | Eastbourne Rovers CC | 18 | East Grinstead Tri Club | 0 |
| Rob Pelham | Lewes Wanderers CC | 17 | GS Stella | 0 |
| David Clements | Eastbourne Rovers CC | 16 | Hastings & St. Leonards CC | 0 |
| Sean Quinney | Lewes Wanderers CC | 15 | Horsham Cycling | 0 |
| John-Paul Brophy | Eastbourne Rovers CC | 14 | Redhill CC | 0 |
| Guy Lane | Southborough & Dist. Whs | 13 | Rye & District Wheelers CC | 0 |
| Stephen Comben | Lewes Wanderers CC | 12 | Sussex Nomads CC | 0 |
| Peter Hooper | Eastbourne Rovers CC | 11 | Velopace | 0 |
| Aidan McConville | Lewes Wanderers CC | 10 | VTTA (Surrey & Sussex) | 0 |
| John Tindell | Brighton Phoenix Triathlon Club | 9 | Wealden Cycle Club | 0 |
| Pip Jenkins | Southborough & Dist. Whs | 8 | Worthing Excelsior CC | 0 |
| Ruth Summerford | Eastbourne Rovers CC | 7 | | |
| James Stone | Brighton Excelsior CC | 6 | | |
| Dan Helyer | Eastbourne Rovers CC | 5 | | |
| Samuel Ramsey | Lewes Wanderers CC | 4 | | |
| Andrew Quye | Southborough & Dist. Whs | 3 | | |
| Michael Valks | Lewes Wanderers CC | 2 | | |
| Jason Le Goff | In-Gear Quickvit Trainsharp RT | 1 | | |
| Peter Barling | Lewes Wanderers CC | 1 | | |

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Don't forget forthcoming ESCA events

| Date | Distance | Course | HQ/Area | Entry | Promoter and Contact Details |
|---|------------------------------|----------|-------------------------------|--------|---|
| Including VTTA Surrey/Sussex 50 mile Championship | | | | | |
| Sunday 18 Jun 2017 06:00 | 50m BBAR | G50/90 | East Hoathly Village Hall | £8.00 | Sam Dix (In-Gear Quickvit Trainsharp RT) Phone: 07841 197342 Email: sdix@hotmail.com |
| Including VTTA Surrey/Sussex 100 mile Championship | | | | | |
| Sunday 13 Aug 2017 06:00 | 100m BBAR | G100/861 | Upper Dicker Village Hall | £10.00 | Bob Harber (Brighton Excelsior CC) Phone: 01903 879598 Email: bikerider@phoncoop.coop |
| Saturday 09 Sep 2017 07:00 | 10m | G10/87 | East Hoathly Sports Centre | £8.00 | Peter Moon (Eastbourne Rovers CC) Phone: 01323 485180 Email: little.brook@btinternet.com |
| Sunday 10 Sep 2017 07:00 | 25m BBAR | G25/89 | Fairwarp Village Hall | £8.00 | Luke De Quay (East Grinstead CC) Phone: 07410 442157 Email: lukedequay@gmail.com |
| Saturday 14 Oct 2017 10:00 | 1433yd Hill Climb | GH/84 | Firle Bostal | £6.00 | Alex McLaren (Brighton Mitre CC) Phone: 01273 983632 Email: alexmclaren4@gmail.com |

All events are Open events with age category awards for riders over 40

All events count towards the ESCA points competition for individuals and clubs

Internet entry is available for all events via the CTT Website

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA Website www.eastsussexca.org.uk/
Facebook Group www.facebook.com/groups/EastSussexCA/

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