



# East Sussex Cycling Association

2009 President Mike Cross, Horsham Cycling



## 50 Mile Time Trial – Sunday 14 June 2009 – Course G50/89

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

**Promoter** Simon Yates (Lewes Wanderers) The Old Stables, Crowborough, East Sussex TN6 2HL  
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The warm morning caused more than a few riders to suffer on the first of the 2009 longer distance events. Thanks to all those mentioned below for helping to make the event run smoothly. In addition, many thanks to Ann Human for posting the results screen (even if she did have to wait for my result to arrive).

**Official Timekeepers:** Mick Kilby (Lewes Wanderers) & Mick Irons (Worthing Excelsior)

**Handicapper:** Mick Kilby (Lewes Wanderers)

**Pushing Off:** Richard Mead (Lewes Wanderers)

**Marshals & Helpers:** Jan Stegers, Peter Price, Paul Gibbons, Clive Orchard, Ann Locke, Mike Hayler and Peter Moon

**Refreshments:** Nicolette Yates

## The Prize Winners

| <b>Fastest Overall</b> |                  | <b>Club</b>         | <b>Time</b> | <b>Prize</b> |
|------------------------|------------------|---------------------|-------------|--------------|
| 1st                    | Lawrence HARDING | Shorter Rochford RT | 1:55:09     | £22.00       |
| 2nd                    | Iain BROGDEN     | Eastbourne Rovers   | 1:57:24     | £17.00       |
| 3rd                    | David SHEPHERD   | Liphook Cycles RT   | 1:58:29     | £14.00       |
| 4th                    | Mark WINTON      | Lewes Wanderers     | 1:58:51     | £10.00       |
| 5th                    | Nick Dwyer       | Lewes Wanderers     | 1:59:11     | £8.00        |

| <b>Fastest on Handicap</b> |               | <b>Club</b>        | <b>H'cap Time</b> | <b>Prize</b> |
|----------------------------|---------------|--------------------|-------------------|--------------|
| 1st                        | Helen MILLIER | Lewes Wanderers    | 1:39:02           | £12.00       |
| 2nd                        | Stuart JAGO   | Worthing Excelsior | 1:39:55           | £10.00       |
| 3rd                        | Peter LOGAN   | Worthing Excelsior | 1:40:14           | £8.00        |

| <b>Fastest Vet on Std</b> |                | <b>Club</b>       | <b>Plus</b> | <b>Prize</b> |
|---------------------------|----------------|-------------------|-------------|--------------|
| 1st                       | Ben FIELDEN    | a3crg             | + 35:09     | £12.00       |
| 2nd                       | Geoff SMITH    | Sussex Nomads     | + 27:16     | £10.00       |
| 3rd                       | David SHEPHERD | Liphook Cycles RT | + 26:59     | £8.00        |

| <b>Fastest Lady</b> |                | <b>Club</b>         | <b>Time</b> | <b>Prize</b> |
|---------------------|----------------|---------------------|-------------|--------------|
| 1st                 | Fiona LAWRENCE | Shorter Rochford RT | 2:16:55     | £10.00       |
| 2nd                 | Lisa ABREY     | East London Velo    | 2:18:52     | £8.00        |

| <b>Fastest Team of 3</b> |             | <b>Club</b>     | <b>Time</b>    | <b>Prize</b> |
|--------------------------|-------------|-----------------|----------------|--------------|
| 1st                      | Mark Winton | Lewes Wanderers | 1:58:51        | £8.00        |
|                          | Nick Dwyer  | Lewes Wanderers | 1:59:11        | £8.00        |
|                          | Peter Baker | Lewes Wanderers | 2:05:21        | £8.00        |
|                          |             |                 | <b>6:03:23</b> |              |



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| Pos | Start No | Name             | Club                  | Cat | 25m Split | Actual Time | H'cap Time | Pos on H'cap | Plus on Std | Pos on Std |
|-----|----------|------------------|-----------------------|-----|-----------|-------------|------------|--------------|-------------|------------|
| 1   | 50       | Lawrence HARDING | Shorter Rochford RT   | V   | 0:58:39   | 1:55:09     | 1:55:09    | 25           | + 24:59     | 4          |
| 2   | 21       | Iain BROGDEN     | Eastbourne Rovers     | V   | 0:58:10   | 1:57:24     | 1:47:24    | 5            | + 19:37     | 13         |
| 3   | 40       | David SHEPHERD   | Liphook Cycles RT     | V   | 0:59:30   | 1:58:29     | 1:55:29    | 28           | + 26:59     | 3          |
| 4   | 30       | Mark WINTON      | Lewes Wanderers       | S   | 0:58:36   | 1:58:51     | 1:53:51    | 21           | -           | -          |
| 5   | 51       | Nick DWYER       | Lewes Wanderers       | V   | 0:59:39   | 1:59:11     | 1:48:11    | 6            | + 23:03     | 7          |
| 6   | 5        | Paul THATCHER    | Brighton Mitre        | V   | 0:59:48   | 2:00:34     | 1:50:34    | 12           | + 22:45     | 8          |
| 7   | 45       | Stephen COMBEN   | In-Gear Quickvit RT   | S   | 1:06:57   | 2:02:00     | 1:54:00    | 22           | -           | -          |
| 8   | 6        | Michael VALKS    | Sussex Nomads         | S   | 1:01:04   | 2:02:01     | 1:51:01    | 13           | -           | -          |
| 9   | 10       | Mike ANTON       | East Grinstead CC     | V   | 1:01:13   | 2:04:22     | 1:57:22    | 33           | + 12:39     | 18         |
| 10  | 35       | Peter MOON       | Eastbourne Rovers     | V   | 1:02:18   | 2:05:09     | 1:56:09    | 29           | + 20:19     | 12         |
| 11  | 15       | Peter BAKER      | Lewes Wanderers       | V   | 1:01:43   | 2:05:21     | 1:52:21    | 16           | + 23:24     | 6          |
| 12  | 42       | Andy COX         | Lewes Wanderers       | S   | 1:03:16   | 2:07:09     | 1:53:09    | 19           | -           | -          |
| 13  | 25       | Niall DIGBY      | Sigmasport            | S   | 1:07:14   | 2:08:31     | 1:58:31    | 36           | -           | -          |
| 14  | 28       | Oliver TUCKLEY   | Lewes Wanderers       | V   | 1:03:12   | 2:09:11     | 1:44:11    | 4            | + 21:47     | 11         |
| 15  | 31       | Geoff SMITH      | Sussex Nomads         | V   | 1:03:47   | 2:09:26     | 1:56:26    | 30           | + 27:16     | 2          |
| 16  | 41       | Lee HOLDAWAY     | Hastings & St L CC    | V   | 1:04:05   | 2:09:30     | 1:56:30    | 31           | + 22:36     | 9          |
| 17  | 7        | Mike LEVETT      | Lewes Wanderers       | V   | 1:03:47   | 2:09:40     | 1:54:40    | 23           | + 23:35     | 5          |
| 18  | 26       | Stuart MEDHURST  | Eastbourne Rovers     | V   | 1:03:03   | 2:10:13     | 1:58:13    | 35           | + 14:10     | 17         |
| 19  | 49       | Paul OUTHWAITE   | Worthing Excelsior    | V   | 1:03:27   | 2:10:19     | 1:48:19    | 7            | + 18:26     | 14         |
| 20  | 33       | Chris COWLARD    | De Laune CC           | V   | 1:04:30   | 2:11:24     | 1:51:24    | 15           | + 21:51     | 10         |
| 21  | 46       | Chris HODGE      | Brighton Excelsior    | S   | 1:05:05   | 2:12:08     | 2:01:08    | 37           | -           | -          |
| 22  | 43       | Ben FIELDEN      | a3crg                 | V   | 1:05:53   | 2:12:21     | 1:55:21    | 27           | + 35:09     | 1          |
| 23  | 44       | Ian HENDRY       | Hastings & St L CC    | V   | 1:05:46   | 2:13:12     | 1:51:12    | 14           | + 07:58     | 22         |
| 24  | 29       | Stuart JAGO      | Worthing Excelsior    | V   | 1:06:15   | 2:13:55     | 1:39:55    | 2            | + 15:56     | 16         |
| 25  | 48       | James STONE      | West Kent RC          | S   | 1:05:27   | 2:14:12     | 1:57:12    | 32           | -           | -          |
| 26  | 39       | Hugh PROCTOR     | Lewes Wanderers       | V   | 1:07:43   | 2:16:14     | 1:49:14    | 11           | + 18:09     | 15         |
| 27  | 37       | Fiona LAWRENCE   | Shorter Rochford RT   | W S | 1:08:57   | 2:16:55     | 1:57:55    | 34           | -           | -          |
| 28  | 17       | Jonathan MOLTON  | Hastings & St L CC    | V   | 1:09:10   | 2:17:17     | 1:55:17    | 26           | + 00:46     | 25         |
| 29  | 38       | Lisa ABREY       | East London Velo      | W S | 1:09:27   | 2:18:52     | 1:52:52    | 18           | -           | -          |
| 30  | 18       | Peter LOGAN      | Worthing Excelsior    | V   | 1:09:02   | 2:20:14     | 1:40:14    | 3            | + 10:44     | 19         |
| 31  | 8        | Thomas BAKER     | Lewes Wanderers       | Jn  | 1:10:06   | 2:21:33     | 1:48:33    | 8            | -           | -          |
| 32  | 13       | Jon BROOK        | Steyning AC           | V   | 1:09:25   | 2:23:12     | 1:49:12    | 10           | + 10:03     | 20         |
| 33  | 1        | Helen MILLIER    | Lewes Wanderers       | W V | 1:11:17   | 2:24:02     | 1:39:02    | 1            | + 05:49     | 23         |
| 34  | 34       | Debbie EVERS     | Lewes Wanderers       | W V | 1:13:15   | 2:26:07     | 1:49:07    | 9            | + 09:25     | 21         |
| 35  | 4        | Chris PARKER     | Hastings & St L CC    | V   | 1:14:06   | 2:29:46     | 1:54:46    | 24           | + 01:12     | 24         |
| 36  | 24       | Andrew PARSONS   | Eastbourne Rovers     | V   | 1:13:35   | 2:30:24     | 1:52:24    | 17           | - 06:01     | 27         |
| 37  | 9        | Joan LENNON      | Worthing Excelsior    | W V | 1:18:19   | 2:39:44     | 1:53:44    | 20           | - 00:41     | 26         |
| 38  | 19       | Simon YATES      | Lewes Wanderers       | V   | 1:15:03   | 2:46:34     | 2:03:34    | 38           | - 11:02     | 28         |
| -   | 36       | David EARL       | Hastings & St L CC    | V   | 1:02:05   | DNF         |            | -            |             | -          |
| -   | 23       | Bryn TULLY       | Anerley BC            | V   | 1:07:38   | DNF         |            | -            |             | -          |
| -   | 12       | Alan LLOYD       | Lewes Wanderers       | V   | -         | DNF         |            | -            |             | -          |
| -   | 20       | Richard TULLY    | Anerley BC            | S   | -         | DNF         |            | -            |             | -          |
| -   | 2        | Martin YARDLEY   | Southborough Wheelers | V   |           | DNS (A)     |            | -            |             | -          |
| -   | 3        | Kevin BASHFORD   | East Grinstead CC     | V   |           | DNS (A)     |            | -            |             | -          |
| -   | 11       | Ian BURGESS      | In-Gear Quickvit RT   | V   |           | DNS (A)     |            | -            |             | -          |
| -   | 14       | Tim MILES        | Hastings & St L CC    | V   |           | DNS (A)     |            | -            |             | -          |
| -   | 16       | Edward BOORMAN   | East Grinstead CC     | V   |           | DNS (A)     |            | -            |             | -          |
| -   | 22       | David HICKMAN    | Old Portlians CC      | V   |           | DNS (A)     |            | -            |             | -          |
| -   | 27       | Dan HENCHY       | Hastings & St L CC    | S   |           | DNS (A)     |            | -            |             | -          |
| -   | 32       | Matthew ECKFORD  | South Western RC      | S   |           | DNS (A)     |            | -            |             | -          |
| -   | 47       | Ivan JOHNSON     | Hastings & St L CC    | V   |           | DNS (A)     |            | -            |             | -          |



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### 2009 points competition – ESCA points awarded for this event:

| Individual Points |                     |     |         |      | 464    |
|-------------------|---------------------|-----|---------|------|--------|
| Rider             | Club                | Cat | Time    | Rank | Points |
| Iain BROGDEN      | Eastbourne Rovers   | V   | 1:57:24 | 1    | 30     |
| Mark WINTON       | Lewes Wanderers     | S   | 1:58:51 | 2    | 29     |
| Nick DWYER        | Lewes Wanderers     | V   | 1:59:11 | 3    | 28     |
| Paul THATCHER     | Brighton Mitre      | V   | 2:00:34 | 4    | 27     |
| Stephen COMBEN    | In-Gear Quickvit RT | S   | 2:02:00 | 5    | 26     |
| Michael VALKS     | Sussex Nomads       | S   | 2:02:01 | 6    | 25     |
| Mike ANTON        | East Grinstead CC   | V   | 2:04:22 | 7    | 24     |
| Peter MOON        | Eastbourne Rovers   | V   | 2:05:09 | 8    | 23     |
| Peter BAKER       | Lewes Wanderers     | V   | 2:05:21 | 9    | 22     |
| Andy COX          | Lewes Wanderers     | S   | 2:07:09 | 10   | 21     |
| Oliver TUCKLEY    | Lewes Wanderers     | V   | 2:09:11 | 11   | 20     |
| Geoff SMITH       | Sussex Nomads       | V   | 2:09:26 | 12   | 19     |
| Lee HOLDAWAY      | Hastings & St L CC  | V   | 2:09:30 | 13   | 18     |
| Mike LEVETT       | Lewes Wanderers     | V   | 2:09:40 | 14   | 17     |
| Stuart MEDHURST   | Eastbourne Rovers   | V   | 2:10:13 | 15   | 16     |
| Paul OUTHWAITE    | Worthing Excelsior  | V   | 2:10:19 | 16   | 15     |
| Chris HODGE       | Brighton Excelsior  | S   | 2:12:08 | 17   | 14     |
| Ian HENDRY        | Hastings & St L CC  | V   | 2:13:12 | 18   | 13     |
| Stuart JAGO       | Worthing Excelsior  | V   | 2:13:55 | 19   | 12     |
| Hugh PROCTOR      | Lewes Wanderers     | V   | 2:16:14 | 20   | 11     |
| Jonathan MOLTON   | Hastings & St L CC  | V   | 2:17:17 | 21   | 10     |
| Peter LOGAN       | Worthing Excelsior  | V   | 2:20:14 | 22   | 9      |
| Thomas BAKER      | Lewes Wanderers     | Jn  | 2:21:33 | 23   | 8      |
| Helen MILLIER     | Lewes Wanderers     | W V | 2:24:02 | 24   | 7      |
| Debbie EVERS      | Lewes Wanderers     | W V | 2:26:07 | 25   | 6      |
| Chris PARKER      | Hastings & St L CC  | V   | 2:29:46 | 26   | 5      |
| Andrew PARSONS    | Eastbourne Rovers   | V   | 2:30:24 | 27   | 4      |
| Joan LENNON       | Worthing Excelsior  | W V | 2:39:44 | 28   | 3      |
| Simon YATES       | Lewes Wanderers     | V   | 2:46:34 | 29   | 2      |

| Club Points              |        | 464 |
|--------------------------|--------|-----|
| Club                     | Points |     |
| Lewes Wanderers          | 171    |     |
| Eastbourne Rovers        | 73     |     |
| Hastings & St L CC       | 46     |     |
| Sussex Nomads            | 44     |     |
| Worthing Excelsior       | 39     |     |
| Brighton Mitre           | 27     |     |
| In-Gear Quickvit RT      | 26     |     |
| East Grinstead CC        | 24     |     |
| Brighton Excelsior       | 14     |     |
| Bayeux Landscapes        | 0      |     |
| Bodyworks XTC Tri Store  | 0      |     |
| VC In-Gear               | 0      |     |
| In-Gear Dev Squad        | 0      |     |
| 21st Century Airports CT | 0      |     |
| Central Sussex CC        | 0      |     |
| Crawley CC               | 0      |     |
| Crawley Wheelers         | 0      |     |
| East Grinstead TC        | 0      |     |
| GS Stella                | 0      |     |
| Horsham Cycling          | 0      |     |
| Rye Wheelers             | 0      |     |
| Southborough Wheelers    | 0      |     |
| VTTA (Surrey/Sussex)     | 0      |     |

## Don't forget forthcoming ESCA events

**Sunday 05 Jul 2009**

**Promoter:**

Distance: 100 m – Time Trial, Course: G100/86 Event HQ: Berwick Village Hall Entry Fee: £12.00  
**Bob Harber** (Brighton Excelsior) – 10 Windmill Close, Upper Beeding, Steyning, West Sussex BN44 3JP  
Telephone: 01903 879598 E-mail: bikerider@phonecoop.coop

**Saturday 12 Sep 2009 \***

**Promoter:**

Distance: 10 m – Time Trial, Course: G10/87 Event HQ: East Hoathly Sports Centre Entry Fee: £8.00  
**John Double** (Crawley Wheelers) – 1B Climping Park, Bognor Road, Littlehampton, West Sussex BN17 5DW  
Telephone: 01903 734837 E-mail: john.double@crawleywheelers.co.uk

**Sunday 13 Sep 2009 \***

**Promoter:**

Distance: 25 m – Time Trial, Course: G25/89 Event HQ: Fairwarp Village Hall Entry Fee: £8.00  
**Richard Blackmore** (East Grinstead CC) – Ladymead, Snowhill, Crawley Down, West Sussex RH10 3EE  
Telephone: 01342 713272 E-mail: dicknjan@btinternet.com

\* Includes overall prize board for combined weekend result