



# East Sussex Cycling Association

2015 President Horry Hemsley – VTTA (Surrey & Sussex) Group

**ESCA 10m Time Trial – Saturday 25th April 2015 – G10/87**

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



## Result Sheet

**Event Secretary**     **Rob Pelham** (Lewes Wanderers CC) 3 Longbury, Uckfield, East Sussex TN22 5DF  
Tel: 01825 769683    **Mob:** 07756 656595    **Email:** robmpelham@gmail.com

**Timekeepers**             **Richard Blackmore** (East Grinstead CC) & **Mick Irons** (Worthing Excelsior)

## Prize Winners

Category	Pos	Rider	Club	Time	Prize	
<b>Fastest Overall</b>	1st	John Dewey	Dorking CC	0:20:28	£ 30.00	
	2nd	Simon McNamara	South Downs Bikes	0:21:02	£ 25.00	
	3rd	Nick Dwyer	Lewes Wanderers CC	0:21:11	£ 20.00	
	4th	Tom Glandfield	Lewes Wanderers CC	0:21:18	£ 15.00	
	5th	George Welfare	Eastbourne Rovers CC	0:21:28	£ 12.00	
	6th	James Lowden	Neon Velo	0:21:36	£ 10.00	
<b>Fastest Lady</b>	1st	Ruth Summerford	Eastbourne Rovers CC	0:24:39	£ 15.00	
	2nd	Tamar Vanderhaas	Lewes Wanderers CC	0:25:30	£ 12.00	
	3rd	Helen Bullimore	Trainsharp Racing Team	0:27:00	£ 10.00	
<b>Fastest Juv/Jun</b>	1st	Fabien Large	Hastings & St. Leonards CC	0:29:38	£ 10.00	
<b>Fastest in each age category not winning another individual prize</b>						
<b>Aged under 35</b>	=	28	Robert Rollings	Lewes Wanderers CC	0:21:44	£ 10.00
	=	26	Steven Kane	Team ASL360	0:21:44	£ 10.00
<b>Aged 35 – 39</b>		37	Michael Davey	Eastbourne Rovers CC	0:22:17	£ 10.00
<b>Aged 40 – 44</b>		40	Duncan Fuller	Lewes Wanderers CC	0:22:53	£ 10.00
<b>Aged 45 – 49</b>		46	Iain Brogden	Eastbourne Rovers CC	0:22:00	£ 10.00
<b>Aged 50 – 54</b>		54	Peter Moon	Eastbourne Rovers CC	0:23:12	£ 10.00
<b>Aged 55 – 59</b>		55	Ian Hodge	Southborough & Dist. Whs	0:24:10	£ 10.00
<b>Aged 60 – 69</b>		60	David Phillips	Old Portlians CC	0:24:46	£ 10.00
<b>Aged 70 or over</b>		74	Alan Robinson	Central Sussex CC	0:26:54	£ 10.00
<b>Fastest Team of 3</b>			Nick Dwyer		0:21:11	£ 10.00
	1st		Tom Glandfield		0:21:18	£ 10.00
			Robert Rollings		0:21:44	£ 10.00
			<b>Lewes Wanderers CC</b>	<b>Total Team Time</b>	<b>1:04:13</b>	
	2nd		George Welfare		0:21:28	£ 8.00
			Iain Brogden		0:22:00	£ 8.00
		Michael Davey		0:22:17	£ 8.00	
		<b>Eastbourne Rovers CC</b>	<b>Total Team Time</b>	<b>1:05:45</b>		

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## Overall Result Sheet

Pos	Race No	Rider	Club	Cat	Age	Time	Plus on Std	Pos on Std
1	35	John Dewey	Dorking CC	S	34	<b>0:20:28</b>	-	-
2	80	Simon McNamara	South Downs Bikes	V	40	<b>0:21:02</b>	+ 04:57	2
3	90	Nick Dwyer	Lewes Wanderers CC	V	51	<b>0:21:11</b>	+ 05:39	1
4	75	Tom Glandfield	Lewes Wanderers CC	V	42	<b>0:21:18</b>	+ 04:51	3
5	36	George Welfare	Eastbourne Rovers CC	S	29	<b>0:21:28</b>	-	-
6	40	James Lowden	Neon Velo	S	28	<b>0:21:36</b>	-	-
7	65	Robert Rollings	Lewes Wanderers CC	S	28	<b>0:21:44</b>	-	-
7	70	Steven Kane	Team ASL360	S	26	<b>0:21:44</b>	-	-
9	30	Jack Donaldson	Neon Velo	S	21	<b>0:21:50</b>	-	-
10	85	Iain Brogden	Eastbourne Rovers CC	V	46	<b>0:22:00</b>	+ 04:27	4
11	26	Christopher Booth	Cadence Performance	S	26	<b>0:22:05</b>	-	-
12	20	Charl Jordaan	In-Gear Quickvit Trainsharp RT	S	32	<b>0:22:12</b>	-	-
13	71	Peter Pav Bryan	Rye & District Wheelers CC	S	28	<b>0:22:14</b>	-	-
14	25	Michael Davey	Eastbourne Rovers CC	S	37	<b>0:22:17</b>	-	-
15	76	Howard Shaw	Eastbourne Rovers CC	S	29	<b>0:22:22</b>	-	-
16	45	Rob Pelham	Lewes Wanderers CC	S	38	<b>0:22:45</b>	-	-
17	66	Neil Couchman	Southborough & Dist. Whs	S	37	<b>0:22:48</b>	-	-
18	81	Duncan Fuller	Lewes Wanderers CC	V	40	<b>0:22:53</b>	+ 03:06	8
19	50	Dan Sadler	RT 316	S	38	<b>0:22:58</b>	-	-
20	31	Matt Coombs	Lewes Wanderers CC	V	44	<b>0:23:06</b>	+ 03:12	6
21	22	Peter Moon	Eastbourne Rovers CC	V	54	<b>0:23:12</b>	+ 03:52	5
22	68	Neil Shier	Eastbourne Rovers CC	V	43	<b>0:23:13</b>	+ 03:00	9
23	48	Jason Le Goff	In-Gear Quickvit Trainsharp RT	S	39	<b>0:23:28</b>	-	-
23	82	Paul Newsome	Crawley Wheelers	S	27	<b>0:23:28</b>	-	-
25	21	John-Paul Brophy	Eastbourne Rovers CC	V	40	<b>0:23:47</b>	+ 02:12	15
26	67	Malcolm Daly	Hastings & St. Leonards CC	V	54	<b>0:23:52</b>	+ 03:12	6
27	73	Dan Street	Lewes Wanderers CC	V	41	<b>0:23:58</b>	+ 02:06	17
28	46	Sam Dix	In-Gear Quickvit Trainsharp RT	V	43	<b>0:24:06</b>	+ 02:07	16
29	32	Tom Houghton	Brighton Excelsior CC	V	43	<b>0:24:08</b>	+ 02:05	18
30	41	Ian Hodge	Southborough & Dist. Whs	V	55	<b>0:24:10</b>	+ 02:59	10
31	62	Michael Valks	Lewes Wanderers CC	V	44	<b>0:24:14</b>	+ 02:04	19
32	72	Samuel Ramsey	Lewes Wanderers CC	V	51	<b>0:24:15</b>	+ 02:35	14
33	17	Sam Winter	Eastbourne Rovers CC	S	28	<b>0:24:16</b>	-	-
34	57	Ruth Summerford	Eastbourne Rovers CC	WS	24	<b>0:24:39</b>	-	-
35	79	David Phillips	Old Portlians CC	V	60	<b>0:24:46</b>	+ 02:52	12
36	16	Mark Pelling	In-Gear Quickvit Trainsharp RT	V	60	<b>0:24:48</b>	+ 02:50	13
36	42	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	S	26	<b>0:24:48</b>	-	-
38	33	Bruce English	Eastbourne Rovers CC	V	50	<b>0:25:07</b>	+ 01:38	21
39	23	Ian Newbold	Eastbourne Rovers CC	V	42	<b>0:25:08</b>	+ 01:01	27
40	84	Dave Brown	Lewes Wanderers CC	V	47	<b>0:25:20</b>	+ 01:12	24
41	56	Tamar Vanderhaas	Lewes Wanderers CC	WS	39	<b>0:25:30</b>	-	-
42	18	Richard Woodward	East Grinstead CC	V	53	<b>0:25:31</b>	+ 01:28	22
43	64	Paget Cohen	Lewes Wanderers CC	V	42	<b>0:25:49</b>	+ 00:20	28
44	43	Clint Allen	Lewes Wanderers CC	V	53	<b>0:25:52</b>	+ 01:07	25
45	77	Geoff Smith	Eastbourne Rovers CC	V	64	<b>0:26:19</b>	+ 01:47	20
46	47	Alan Robinson	Central Sussex CC	V	74	<b>0:26:54</b>	+ 02:59	10

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Pos	Race No	Rider	Club	Cat	Age	Time	Plus on Std	Pos on Std
47	55	Helen Bullimore	Trainsharp Racing Team	WV	42	<b>0:27:00</b>	+ 01:13	23
48	27	Kevin Burton	Eastbourne Rovers CC	V	59	<b>0:27:12</b>	+ 00:20	28
49	88	Colin Jarman	Southborough & Dist. Whs	V	66	<b>0:27:18</b>	+ 01:05	26
50	38	Benjamin Miller	Brighton Excelsior CC	S	24	<b>0:27:58</b>	-	-
51	19	Alan Oakley	Southborough & Dist. Whs	V	55	<b>0:28:23</b>	- 01:14	34
52	39	Peter Eames	Eastbourne Rovers CC	V	52	<b>0:28:39</b>	- 01:45	35
53	52	Selena Bartley	Sussex Nomads CC	WV	42	<b>0:28:57</b>	- 00:44	30
54	54	Sally McSorley	Sussex Nomads CC	WV	40	<b>0:29:04</b>	- 01:02	32
55	34	Robin Johnson	Brighton Mitre CC	V	66	<b>0:29:18</b>	- 00:55	31
56	89	Paul Hanratty	Lewes Wanderers CC	V	55	<b>0:29:23</b>	- 02:14	36
57	83	Clive Piper	Hastings & St. Leonards CC	S	38	<b>0:29:24</b>	-	-
58	69	Fabien Large	Hastings & St. Leonards CC	Jv	13	<b>0:29:38</b>	-	-
59	37	Paul Valks	Lewes Wanderers CC	V	71	<b>0:30:23</b>	- 01:09	33
60	24	Chris Parker	Hastings & St. Leonards CC	V	59	<b>0:31:11</b>	- 03:39	37
61	51	Alexis Couchman	Southborough & Dist. Whs	WS	31	<b>0:31:14</b>	-	-
62	29	Doug Finch	Southborough & Dist. Whs	V	64	<b>0:32:52</b>	- 04:46	38
-	60	Matthew Woods	Eastbourne Rovers CC	V	43	<b>DNF</b>	-	-
-	78	Joe Kingsman	Hastings & St. Leonards CC	Jn	18	<b>DNF</b>	-	-
-	28	Jim Hennessy	Eastbourne Rovers CC	V	47	<b>DNS (A)</b>	-	-
-	44	Edward Boorman	East Grinstead CC	V	73	<b>DNS (A)</b>	-	-
-	49	Ron Goff	South Eastern RC	V	85	<b>DNS (A)</b>	-	-
-	53	Kaye Dwyer	Lewes Wanderers CC	WV	52	<b>DNS (A)</b>	-	-
-	61	Chris Lord	Brighton Excelsior CC	V	62	<b>DNS (A)</b>	-	-
-	63	Mark Gidney	De Laune CC	V	53	<b>DNS (A)</b>	-	-
-	74	Mark Edleston	Eastbourne Rovers CC	V	41	<b>DNS (A)</b>	-	-
-	86	Liam Yates	Banks/Catford CC Equipe	S	21	<b>DNS (A)</b>	-	-
-	87	Chris Martin	Lewes Wanderers CC	V	56	<b>DNS (A)</b>	-	-

### Notes & acknowledgements

Congratulations to all the prize winners and many thanks to all that took part in the event either by riding or helping on the day especially the following:

**Time Keepers** Richard Blackmore and Mick Irons

**Recording** Ian McGuckin

**Pushing Off** Mark Winton

**Marshals** Adrian Hills and Andy Denyer

**Refreshments** Wendy Turner & Lisa Glandfield

**Results** Ann Human

### This is a qualifying event for

**ESCA Points Competition** 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

**ESCA Trophies** Counts towards the fastest junior, fastest lady and the fastest team of three from an ESCA affiliated club over 10 miles – the best performance at either this, or the **September 10**, will be eligible for these awards at the annual prize presentation in January 2016.

**ESCA BAR** Qualifying event for the ESCA junior, lady and lady veteran Best All Rounder competitions.

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### 2015 points competition – ESCA points awarded for this event

Individual	Club	Points	Club	Points
Nick Dwyer	Lewes Wanderers CC	30	Lewes Wanderers CC	162
Tom Glandfield	Lewes Wanderers CC	29	Eastbourne Rovers CC	146
George Welfare	Eastbourne Rovers CC	28	In-Gear Quickvit Trainsharp RT	51
Robert Rollings	Lewes Wanderers CC	27	Team ASL360	27
Steven Kane	Team ASL360	27	Southborough & Dist. Whs	26
Iain Brogden	Eastbourne Rovers CC	25	Rye & District Wheelers CC	23
Charl Jordaan	In-Gear Quickvit Trainsharp RT	24	Crawley Wheelers	14
Peter Pav Bryan	Rye & District Wheelers CC	23	Hastings & St. Leonards CC	11
Michael Davey	Eastbourne Rovers CC	22	Brighton Excelsior CC	8
Howard Shaw	Eastbourne Rovers CC	21	Brighton Mitre CC	0
Rob Pelham	Lewes Wanderers CC	20	Brighton Phoenix Triathlon Club	0
Neil Couchman	Southborough & Dist. Whs	19	Central Sussex CC	0
Duncan Fuller	Lewes Wanderers CC	18	East Grinstead CC	0
Matt Coombs	Lewes Wanderers CC	17	East Grinstead Tri Club	0
Peter Moon	Eastbourne Rovers CC	16	GS Stella	0
Neil Shier	Eastbourne Rovers CC	15	Horsham Cycling	0
Jason Le Goff	In-Gear Quickvit Trainsharp RT	14	Redhill CC	0
Paul Newsome	Crawley Wheelers	14	Sussex Nomads CC	0
John-Paul Brophy	Eastbourne Rovers CC	12	Trainsharp Racing Team	0
Malcolm Daly	Hastings & St. Leonards CC	11	VTTA (Surrey & Sussex)	0
Dan Street	Lewes Wanderers CC	10	Worthing Excelsior CC	0
Sam Dix	In-Gear Quickvit Trainsharp RT	9		
Tom Houghton	Brighton Excelsior CC	8		
Ian Hodge	Southborough & Dist. Whs	7		
Michael Valks	Lewes Wanderers CC	6		
Samuel Ramsey	Lewes Wanderers CC	5		
Sam Winter	Eastbourne Rovers CC	4		
Ruth Summerford	Eastbourne Rovers CC	3		
Mark Pelling	In-Gear Quickvit Trainsharp RT	2		
Matthew Sumpter	In-Gear Quickvit Trainsharp RT	2		

## Competitions

### Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! This event, for example, is a qualifying event for the ESCA points competition.

Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs by visiting the links below

East Sussex CA (ESCA) events and competitions for 2015  
<http://www.eastsussexca.org.uk/15results/escacomps15.pdf>

Sussex CA (SCA) events and competitions for 2015  
[http://www.sussexca.org.uk/uploads/4/4/6/3/44636025/2015\\_sussex\\_ca\\_events\\_and\\_competitions.pdf](http://www.sussexca.org.uk/uploads/4/4/6/3/44636025/2015_sussex_ca_events_and_competitions.pdf)

Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and facebook groups

**East Sussex CA**  
Website <http://www.eastsussexca.org.uk/>  
Facebook Group <https://www.facebook.com/groups/EastSussexCA/>

**Sussex CA**  
Website <http://www.sussexca.org.uk/>  
Facebook Group <https://www.facebook.com/groups/SussexCA/>

Visit our website [www.eastsussexca.org.uk](http://www.eastsussexca.org.uk) Find us on facebook [www.facebook.com/groups/EastSussexCA](http://www.facebook.com/groups/EastSussexCA)

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### Don't forget forthcoming ESCA events

#### Including VTTA Surrey/Sussex 50 mile Championship

Date	Distance	Course	HQ/Area	Entry	Promoter	Contact Details
<b>Sunday 12 Jul 2015 06:00</b>	50m BBAR	G50/90	East Hoathly Sports Centre	£8.00	<b>Sam Dix</b> 11 Woodlands Close, Uckfield, East Sussex TN22 1TS	<b>Tel: 07841 197342</b>

#### Including VTTA Surrey/Sussex 100 mile Championship

Date	Distance	Course	HQ/Area	Entry	Promoter	Contact Details
<b>Sunday 09 Aug 2015 06:00</b>	100m BBAR	G100/861	Upper Dicker Village Hall	£10.00	<b>Bob Harber</b> 51 Church Lane, Upper Beeding, Steyning, West Sussex BN44 3HP	<b>Tel: 01903 879598</b>
<b>Saturday 12 Sep 2015 07:30</b>	10m	G10/87	East Hoathly Sports Centre	£8.00	<b>Peter Moon</b> 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG	<b>Tel: 01323 485180</b>
<b>Sunday 13 Sep 2015 07:30</b>	25m BBAR	G25/89	Fairwarp Village Hall	£8.00	<b>Richard Blackmore</b> Ladymead, Snowhill, Crawley Down, West Sussex RH10 3EE	<b>Tel: 01342 713272</b>
<b>Saturday 17 Oct 2015 10:00</b>	1433yd <b>Hill Climb</b>	GH/84	Firle Bostal	£6.00	<b>Mark Winton</b> 6 Ashmore Close, Peacehaven, East Sussex BN10 8AQ	<b>Tel: 01273 584973</b>

**All events are Open events with age category awards for riders over 40**

**Internet entry is also available for all events via the CTT Website**