

East Sussex Cycling Association

2013 President Esther Carpenter – Southborough & Dist Wheelers



2013 Final Competition Roundup

Individual Points Competition

Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
1	Matthew Woods	Eastbourne Rovers	26	30	26	21	28	27	26	23	25	232	9
2	Tom Glandfield	Lewes Wanderers	24	28	27	26	23	26	27	26	17	224	9
3	Iain Brogden	Eastbourne Rovers	28	30	28	27	20	_	28	26	18	205	8
4	Steve Kane	Brighton Excelsior	_	-	29	24	30	30	30	30	27	200	7
5	Nick Dwyer	Lewes Wanderers	_	26	30	29	29	-	29	29	-	172	6
6	John Cordner	Eastbourne Rovers	22	18	21	17	18	28	22	-	20	166	8
7	Marc Townsend	Eastbourne Rovers	23	-	22	15	21	17	24	21	22	165	8
8	Rob Pelham	Lewes Wanderers	21	26	24	23	-	29	-	18	12	153	7
9	Pete Morris	Lewes Wanderers	29	28		28	26	-	_	27	-	138	5
10	Ian Hodge	Southborough Wheelers	18	10	19	7	15	21	20	16	9	135	9
11	Jason Le Goff	In-Gear Quickvit Trainsharp	16	16	18	10	14	23	18	13	-	128	8
12		Lewes Wanderers	-	24	-	19	25	23 24	-	-		92	4
	Robert Rollings			24 14		9					- 10		
13	Dominic Lowden	Lewes Wanderers	-		15		-	-	16	15	10	79 74	6
14 15	James Ryan	Lewes Wanderers	-	24	23 17	18 o	9	-	23	-	-	74	4
15	Carl Richardson	In-Gear Quickvit Trainsharp	-	-		8	-	-		20	-	68	4
16	Neil Midgley	Lewes Wanderers	17	12	14	4	-	-	-	-	13	60	5
17	Sam Dix	In-Gear Quickvit Trainsharp	14	4	11	5	-	-	11	7	4	56	7
18	Richard Gifford	In-Gear Quickvit Trainsharp	27	-	-	25	-	-	-	-	-	52	2
18	Michael Davey	Eastbourne Rovers	0	6	8	2	17	19	-	-	-	52	6
20	Duncan Fuller	Lewes Wanderers	-	14	21	16	-	-	-	-	-	51	3
21	Steve Dennis	East Grinstead CC	-	-	-	22	-	-	-	28	-	50	2
22	Nigel Langridge	Crawley Wheelers	-	22	-	-	-	25	-	-	-	47	2
23	John-Paul Brophy	Eastbourne Rovers	12	18	10	-	-	-	-	6	-	46	4
24	Peter Baker	Lewes Wanderers	0	-	4	0	11	12	13	4	-	44	7
24	Neil Couchman	Southborough Wheelers	-	10	-	-	-	-	15	11	8	44	4
26	Peter Ruane	In-Gear Quickvit Trainsharp	15	16	12	-	-	-	-	-	-	43	3
26	Geoff Smith	Eastbourne Rovers	13	-	2	0	8	20	-	-	-	43	5
28	Chris Wolton	Southborough Wheelers	-	-	-	20	22	-	-	-	-	42	2
29	Michael Turner	Lewes Wanderers	5	12	0	0	-	22	-	-	-	39	5
29	Stuart Davis	Eastbourne Rovers	11	-	-	11	-	-	17	-	-	39	3
31	Samuel Ramsey	Lewes Wanderers	-	-	-	0	12	18	-	8	-	38	4
31	Charl Jordaan	In-Gear Quickvit Trainsharp	-	-	25	13	-	-	-	-	-	38	2
33	Adrian Elliott	Eastbourne Rovers	20	-	-	14	-	-	-	-	-	34	2
33	Rupert Robinson	Crawley Wheelers	-	22	-	12	-	-	-	-	-	34	2
35	Michael Valks	Lewes Wanderers	6	-	5	0	13	-	-	9	-	33	5
36	Dan Henchy	Eastbourne Rovers	19	-	13	0	-	-	-	-	-	32	3
36	Mark Paton	Lewes Wanderers	-	-	16	1	-	-	-	14	1	32	4
38	Elisabeth Brama	Brighton Mitre	-	-	7	0	10	-	12	2	-	31	5
39	Peter Tadros	In-Gear Quickvit Trainsharp	30	_	-	_	-	_	-	_	-	30	1
39	Patrick Hough	Lewes Wanderers	-	-	-	-	-	-	-	-	30	30	1
39	Conall Yates	In-Gear Quickvit Trainsharp	-	_	-	30	-	-	-	_	-	30	1
42	Gary Burgess	Brighton Mitre	_	_	1	0	_	13	_	4	11	29	5
42	Pete Tadros	In-Gear Quickvit Trainsharp	_	_	_	-	_	-	_	-	29	29	1
44	Gareth Elks	In-Gear Quickvit Trainsharp	_	_	_	_	_	_	_	_	28	28	1
45	Phil Allen	Lewes Wanderers	_	_	_	_	27	_	_	_	-	27	1
46	Mark Emsley	Brighton Excelsior	_	_	_	_		_	_	_	26	26	1
47	David Shepherd	GS Stella	25	_	=	_	_	_	_	_	-	25	1
7/	David Shichhicid	OO Otoliu	20	-	-	-	-	-	-	_	-	20	



Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
49	Chris Twine	Worthing Excelsior	-	-	-	-	24	-	-	-	-	24	1
49	Stuart Burgess	In-Gear Quickvit Trainsharp	-	-	-	-	-	-	-	-	24	24	1
49	Steve Comben	Lewes Wanderers	-	-	-	-	-	-	-	24	-	24	1
52	Zak Corum-Haines	Brighton Excelsior	-	-	-	-	-	-	-	-	23	23	1
53	Matthew Miles	In-Gear Quickvit Trainsharp	-	-	-	-	-	-	-	22	-	22	1
54	Sean Yates	In-Gear Quickvit Trainsharp	-	-	-	-	-	-	21	-	-	21	1
54	Sholto Haggart	Lewes Wanderers	-	-	-	-	-	-	-	-	21	21	1
54	Adrian Smith	Eastbourne Rovers	-	6	-	-	-	15	-	-	-	21	2
54	Mike O'Gorman	Worthing Excelsior	-	-	7	4	-	-	-	10	-	21	3
58	David Pollard	In-Gear Quickvit Trainsharp	-	20	-	-	-	-	-	-	-	20	1
58	Joseph Jenner	Hastings & St Leonards CC	8	-	0	-	-	-	10	0	2	20	5
58	Pete Roberts	In-Gear Quickvit Trainsharp	-	20	-	-	-	-	-	-	-	20	1
61	Dan Harwood	In-Gear Quickvit Trainsharp	-	-	-	-	-	-	-	-	19	19	1
61	Paul Blackmore	East Grinstead CC	-	-	-	-	-	-	-	19	-	19	1
61	George Welfare	Eastbourne Rovers	-	-	-	-	-	-	19	-	-	19	1
61	Yuriy Tymchenko	Sussex Nomads	-	-	-	-	19	-	-	-	-	19	1
65	Gary Williams	East Grinstead CC	-	-	-	-	-	-	-	17	-	17	1
65	Alan Lloyd	Lewes Wanderers	-	-	-	-	6	11	-	0	-	17	3
67	Shane Hills	Eastbourne Rovers	-	-	-	-	-	16	-	-	-	16	1
67 47	Malcolm Daly	Hastings & St Leonards CC In-Gear Quickvit Trainsharp	-	8	3	0	-	-	-	5	- 14	16	4
67 67	Peter Byrne Matt Coombs	Lewes Wanderers	-	-	-	-	16	-	-	-	16 -	16 16	1
71	Jesse Yates	In-Gear Quickvit Trainsharp	_	-	-	-	-	-	-	_	- 15	15	1 1
71	Mel Roberton	Worthing Excelsior	-	_	9	6	_	_	_	_	-	15	2
73	Piers Hamilton	In-Gear Quickvit Trainsharp	_	_	-	-	_	_	8	_	6	14	2
73	Steve Head	Lewes Wanderers	_	_	_	_	_	_	14	_	-	14	1
73	Mark Amon	Rye Wheelers	_	_	_	0	_	14	-	_	_	14	2
73	Oliver Chapman	Hastings & St Leonards CC	0	_	_	0	_	-	0	0	14	14	5
77	Neil O'brien	In-Gear Quickvit Trainsharp	-	_	_	-	-	_	-	12	-	12	1
78	Simon Newell	Hastings & St Leonards CC	0	8	0	0	_	_	_	2	_	10	5
78	Chris Watson	Hastings & St Leonards CC	10	-	-	-	-	-	_	_	_	10	1
78	Bruce English	Eastbourne Rovers	-	-	_	-	0	10	_	0	_	10	3
81	Callum Middleton	Lewes Wanderers	9	-	-	-	-	-	-	_	-	9	1
81	Ade Fadero	Sussex Nomads	-	-	0	-	-	-	9	-	-	9	2
81	Christine Costliff	Rye Wheelers	-	-	-	-	-	9	-	-	-	9	1
84	Richard Suthers	Rye Wheelers	-	-	-	-	-	8	-	-	-	8	1
85	Stuart Hodd	Hastings & St Leonards CC	0	0	0	0	7	-	-	-	-	7	5
85	Stephen Gaston	Lewes Wanderers	-	-	0	0	-	-	7	0	-	7	4
85	Jay Chisnall	Brighton Mitre	7	-	0	-	-	-	-	-	-	7	2
85	Peter Kilby	Lewes Wanderers	-	-	-	-	-	-	-	-	7	7	1
85	Rebecca Wilson	Rye Wheelers	-	-	-	-	-	7	-	-	-	7	1
90	Chris Martin	Lewes Wanderers	-	-	-	-	-	-	6	-	-	6	1
90	Chris Parker	Hastings & St Leonards CC	0	-	0	0	0	6	0	0	0	6	8
92	Christopher Putnam		-	-	-	-	-	-	-	-	5	5	1
92	Steve Maxted	Rye Wheelers	-	-	-	-	-	5	-	-	-	5	1
92	Tony Sinnett	Lewes Wanderers	-	-	-	-	5	-	-	-	-	5	1
92	Tim Carpenter	Hastings & St Leonards CC	-	-	0	-	-	-	5	-	-	5	2
92	Helen Bullimore	Trainsharp RT	-	-	0	0	0	-	5	0	-	5	5
92	Oliver Priddle	Eastbourne Rovers	3	2	-	-	-	-	-	-	-	5	2
98	Jim Hollands	Rye Wheelers	-	-	-	-	-	4	-	-	-	4	1
98	Trevor Deeble	Hastings & St Leonards CC	4	0	-	0	-	-	-	-	-	4	3
98	Mark Pelling	In-Gear Quickvit Trainsharp	-	4	0	-	- 4	-	-	-	=	4	2
98 102	Nigel Stevens	VTTA (Surrey/Sussex)	-	-	-	-	4	-	3	-	_	4	1
102 102	Mark Edwards Oliver Tuckley	Eastbourne Rovers Lewes Wanderers	-	-	-	-	3	-	3	-	-	3	1 1
102	Oliver Tuckiey	FOANCO AAGUINELELO	-	-	-	-	J	-	-	-	-	J	1



Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
102	Tamar Vanderhaas	Brighton Mitre	-	-	-	-	-	-	-	-	3	3	1
105	Stuart Medhurst	Eastbourne Rovers	2	-	-	-	-	-	-	-	-	2	1
105	John Mankelow	Lewes Wanderers	0	0	-	-	0	-	2	-	-	2	4
105	Jack Priddle	Eastbourne Rovers	-	2	-	-	-	-	-	-	-	2	1
105	Nathan Gale	Worthing Excelsior	-	-	-	0	2	-	-	-	-	2	2
109	Ivan Johnson	Hastings & St Leonards CC	1	-	-	-	-	-	-	-	-	1	1
109	Michael Saadat	Southborough Wheelers	-	-	-	-	-	-	1	-	-	1	1
109	Stephen Connery	Southborough Wheelers	-	-	-	-	1	-	-	-	-	1	1
	Grand Total		465	480	467	466	465	459	466	468	465	4201	

Club Points Competition

Rank	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
1	Lewes Wanderers	111	208	179	173	205	142	114	174	111	1417	96
2	Eastbourne Rovers	179	112	130	107	112	152	139	76	85	1092	68
3	In-Gear Quickvit Trainsharp	102	80	83	91	14	23	81	74	141	689	43
5	Southborough Wheelers	18	20	19	27	38	21	36	27	17	223	17
4	Brighton Excelsior	0	0	29	24	30	30	30	30	76	249	9
6	East Grinstead CC	0	0	0	22	0	0	25	64	0	111	5
8	Crawley Wheelers	0	44	0	12	0	25	0	0	0	81	4
7	Hastings & St Leonards CC	23	16	3	0	7	6	15	7	16	93	39
10	Worthing Excelsior	0	0	16	10	26	0	0	10	5	67	9
9	Brighton Mitre	7	0	8	0	10	13	12	6	14	70	13
11	Rye Wheelers	0	0	0	0	0	47	0	0	0	47	7
12	Sussex Nomads	0	0	0	0	19	0	9	0	0	28	3
13	GS Stella	25	0	0	0	0	0	0	0	0	25	1
14	Trainsharp RT	0	0	0	0	0	0	5	0	0	5	5
15	VTTA (Surrey/Sussex)	0	0	0	0	4	0	0	0	0	4	1
-	Brighton Phoenix	0	0	0	0	0	0	0	0	0	0	0
-	Central Sussex CC	0	0	0	0	0	0	0	0	0	0	0
-	East Grinstead Tri Club	0	0	0	0	0	0	0	0	0	0	0
-	Horsham Cycling	0	0	0	0	0	0	0	0	0	0	0
	Grand Total	465	480	467	466	465	459	466	468	465	4201	320

2013 ESCA Points Competition Qualifying Events

Date	Distance	Course	Entry	Promoter	Contact	
Event 1 – Sun 17 Mar 2013	15.06m Hardriders	GS/895	£8.00	Peter Moon	01323 485180	✓
Event 2 – Sun 31 Mar 2013	23.92m 2up TTT	GS/839	£16.00 Team	Graham Hills	01580 211766	\checkmark
Event 3 – Sat 20 Apr 2013	10m	G10/87	£8.00	Mark Winton	01273 584973	\checkmark
Event 4 – Sun 21 Apr 2013	25m	G25/89	£8.00	Chris Parker	01424 715561	\checkmark
Event 5 - Sun 14 Jul 2013	50m	G50/90	£8.00	Simon Yates	01892 655785	\checkmark
Event 6 – Sun 18 Aug 2013	100m	G100/86	£10.00	Bob Harber	01903 879598	\checkmark
Event 7 - Sat 14 Sep 2013	10m	G10/87	£8.00	Peter Moon	01323 485180	\checkmark
Event 8 – Sun 15 Sep 2013	25m	G25/89	£8.00	Richard Blackmore	01342 713272	\checkmark
Event 9 – Sat 19 Oct 2013	1433yd Hill Climb	GH/84	£8.00	Mark Winton	01273 584973	\checkmark



2013 ESCA Points Competition Rules

Individual Points

Points are awarded to any individual first claim rider from an ESCA affiliated club in each qualifying event:

Open Time Trials	30 points for first place down to 1 point for 30th place
2up Team Time Trial	30 points for each rider of first team down to 2 points for each rider of 15th team Composite teams and solo riders are not eligible for points

Club Points

Points are awarded to any club affiliated to ESCA based on the performance of its individual first claim members in each qualifying event. The individual points earned by each first claim rider are totalled and awarded to their respective club:

Open Time Trials	30 points for first place down to 1 point for 30th place
2up Team Time Trial	60 points for first team of two down to 4 points for 15th place Composite teams and solo riders are not eligible for points

Awards are presented at the annual luncheon to both the individual and club with the most points.

2013 ESCA Event Summary

Event 1 – ESCA Hardriders

The opening event of the ESCA calendar literally got off to a flying start when Pete Tadros broke the course and hill prime records both of which he set himself in 2009. First went the prime in a blistering 2.38 seconds followed by the course in an awe inspiring ride of 35:40. 80 riders signed up for the event, an increase of 19 on last year, which bodes well for the season ahead

Overall	1st	Peter Tadros	In-Gear Quickvit Trainsharp	0:35:40
	2nd	Pete Morris	Lewes Wanderers	0:37:31
	3rd	Iain Brogden	Eastbourne Rovers	0:38:09
	4th	Richard Gifford	In-Gear Quickvit Trainsharp	0:38:23
	5th ESCA rider	Matthew Woods	Eastbourne Rovers	0:38:57
Lady	1st	Liz Lumber	Eastbourne Rovers	0:49:38
Junior	1st ESCA rider	Joseph Jenner	Hastings & St Leonards CC	0:44:20
Juvenile	1st	Oliver Priddle	Eastbourne Rovers	0:45:13
Team	1st	Peter Tadros Richard Gifford Jason Le Goff	In-Gear Quickvit Trainsharp	1:55:56
Hill Prime	1st	Peter Tadros	In-Gear Quickvit Trainsharp	2:38
	2nd	Pete Morris	Lewes Wanderers	2:52
	3rd	John Cordner	Eastbourne Rovers	2:54
	siu	John Cordner	Eastbourne Rovers	2.34



Event 2 - ESCA 2up

On an extremely cold day, the 2012 top three pairings lined up again to battle for glory. But it was not to be for last year's winners Pete Morris & Tom Glandfield, who this time settled for second place while the Rovers' duo Iain Brogden & Matt Woods proved strongest on the day to take the spoils with a combined effort of 53:35. Again numbers were up on last year with 78 riders compared to 48 in 2012

Overall	1st	lain Brogden & Matthew Woods	Eastbourne Rovers	0:53:35
	2nd	Tom Glandfield & Pete Morris	Lewes Wanderers	0:54:12
	3rd	Rob Pelham & Nick Dwyer	Lewes Wanderers	0:54:43
	4th	James Ryan & Robert Rollings	Lewes Wanderers	0:57:18
	5th	Nigel Langridge & Rupert Robinson	Crawley Wheelers	0:57:43
Lady	1st	Gina McGeever & Claire Leonard	Brighton Mitre	1:06:04
Junior	1st	Oliver Priddle & Jack Priddle	Eastbourne Rovers	1:03:58
Mixed	1st ESCA team	Claire Holden & Graeme Hadlow	Eastbourne Rovers	1:14:46

Event 3 – ESCA April 10

Another cold morning greeted the riders, but did nothing to slow Nick who won the event in 21:05, leading Lewes to another team victory with 1:05:45. 83 riders entered the event, 16 more than last year.

Overall	1st	Nick Dwyer	Lewes Wanderers	0:21:05
	2nd ESCA rider	Steve Kane	Brighton Excelsior	0:21:42
	3rd ESCA rider	Iain Brogden	Eastbourne Rovers	0:21:48
	4th ESCA rider	Tom Glandfield	Lewes Wanderers	0:22:07
	5th ESCA rider	Matthew Woods	Eastbourne Rovers	0:22:09
Lady	1st	Elisabeth Brama	Brighton Mitre	0:24:20
Junior	1st	Joseph Jenner	Hastings & St Leonards CC	0:27:59
Team	1st	Nick Dwyer Tom Glandfield Rob Pelham	Lewes Wanderers	1:05:45

Event 4 – ESCA April 25

There was no let up in temperature with Sunday colder than ever at the start, but the thermometer rose nicely for the riders off later in the field. Today it was Conall Yates that took the spoils in 52:30 but it was Lewes who again took the team win for 2:44:31. There was a large field of 109 riders compared to 92 last year, an increase of 17.

Overall	1st	Conall Yates	In-Gear Quickvit Trainsharp	0:52:30
	2nd	Nick Dwyer	Lewes Wanderers	0:53:50
	3rd	Pete Morris	Lewes Wanderers	0:55:15
	4th	Iain Brogden	Eastbourne Rovers	0:55:16
	5th	Tom Glandfield	Lewes Wanderers	0:55:26
Lady	1st	Elisabeth Brama	Brighton Mitre	1:01:51
Junior	1st	Oliver Chapman	Hastings & St Leonards CC	1:32:24
Team	1st	Nick Dwyer Pete Morris Tom Glandfield	Lewes Wanderers	2:44:31



Event 5 - ESCA 50

It was hot, hot for this one but that didn't stop Steve Kane who well and truly caned it with a blistering ride of 1:48:59! Whizzy Lizzy Brama was also on top form as fastest lady in 2:06:15. The line up of Nick, Phil and Pete took the team prize for Lewes with a combined effort of 5:39:03. Entries were slightly down on with 67 riders compared with 70 last year.

Overall	1st	Steve Kane	Brighton Excelsior	1:48:59
	2nd	Nick Dwyer	Lewes Wanderers	1:52:02
	3rd	Matthew Woods	Eastbourne Rovers	1:52:30
	4th	Phil Allen	Lewes Wanderers	1:52:43
	5th	Pete Morris	Lewes Wanderers	1:54:18
Lady	1st	Elisabeth Brama	Brighton Mitre	2:06:15
Team	1st	Nick Dwyer Phil Allen Pete Morris	Lewes Wanderers	5:39:03

Event 6 - ESCA 100

It was another commanding victory for Steve Kane in an awe inspiring 3:50:51. Christine Costiff was the fastest lady in 5:08:27. And Rob Pelham, Tom Glandfield and Rob Rollings joined forces for another team win for Lewes in 12:13:18. There was a massive increase in entries to 80 this year compared to just 54 last year.

Overall	1st	Steve Kane	Brighton Excelsior	3:50:51
	2nd ESCA rider	Rob Pelham	Lewes Wanderers	3:59:09
	3rd ESCA rider	John Cordner	Eastbourne Rovers	4:00:28
	4th ESCA rider	Matthew Woods	Eastbourne Rovers	4:02:29
	5th ESCA rider	Tom Glandfield	Lewes Wanderers	4:04:12
Lady	1st	Christine Costiff	Rye Wheelers	5:08:27
Team	1st	Rob Pelham Tom Glandfield Rob Rollings	Lewes Wanderers	12:13:18

Event 7 – ESCA September 10

It was almost a replay of the April 10 except it was Steve Kane who took the lead with 20:50 and Eastbourne Rovers' lain Brogden, Matt Woods and Marc Townsend who clinched the team win for 1:06:46, 14 seconds ahead of Lewes. Lizzy Brama led the ladies and Joe Jenner the juniors. 66 riders entered the event, 22 less than last year.

Overall	1st	Steve Kane	Brighton Excelsior	0:20:50
	2nd ESCA rider	Nick Dwyer	Lewes Wanderers	0:21:05
	3rd ESCA rider	Iain Brogden	Eastbourne Rovers	0:21:47
	4th ESCA rider	Tom Glandfield	Lewes Wanderers	0:21:50
	5th ESCA rider	Matthew Woods	Eastbourne Rovers	0:22:09
Lady	1st	Elisabeth Brama	Brighton Mitre	0:24:29
Junior	1st	Joseph Jenner	Hastings & St Leonards CC	0:25:09
Team	1st	Iain Brogden Matthew Woods Marc Townsend	Eastbourne Rovers	1:06:46



Event 8 – ESCA September 25

Steve Kane made it a double header with another convincing win in 52:44 as did Lizzy Brama for the ladies and Joe Jenner for the juniors. Today the team win went to Nick Dwyer, Pete Morris and Tom Glandfield of Lewes for a combined effort of 2:42:22. There were 91 entries, the same as 2012.

Overall	1st	Steve Kane	Brighton Excelsior	0:52:44
	2nd	Nick Dwyer	Lewes Wanderers	0:53:26
	3rd	Steve Dennis	East Grinstead CC	0:53:40
	4th ESCA rider	Pete Morris	Lewes Wanderers	0:54:02
	=5th ESCA rider	Iain Brogden	Eastbourne Rovers	0:54:54
	=5th ESCA rider	Tom Glandfield	Lewes Wanderers	0:54:54
Lady	1st	Elisabeth Brama	Brighton Mitre	1:01:56
Junior	1st	Joseph Jenner	Hastings & St Leonards CC	1:03:39
Team	1st	Nick Dwyer Pete Morris Tom Glandfield	Lewes Wanderers	2:42:22

Event 9 - ESCA Hill Climb

The Wanderer's Patrick Hough blasted up the Beacon in 4:09.7 seconds for first place ahead of favourite Pete Tadros who settled for second place in 4:16.6, while team mate Gareth Elks took third with 4:22.8. Tamar was the first ESCA lady home in 5:46.0 and Zak led the juniors with 4:50.1. The team win went to In-Gear joined by Stuart Burgess for a combined time of 13:26.7. There were 42 entries, nine more than 2012.

Overall	1st	Patrick Hough	Lewes Wanderers	04:09.7
	2nd	Pete Tadros	In-Gear Quickvit Trainsharp	04:16.6
	3rd	Gareth Elks	In-Gear Quickvit Trainsharp	04:22.8
	4th ESCA rider	Steve Kane	Brighton Excelsior	04:33.0
	5th ESCA rider	Mark Emsley	Brighton Excelsior	04:44.4
Lady	1st ESCA rider	Tamar Vanderhaas	Brighton Mitre	05:46.0
Junior	1st	Zak Corum-Haines	Brighton Excelsior	04:50.1
Team	1st	Peter Tadros Gareth Elks Stuart Burgess	In-Gear Quickvit Trainsharp	13:26.7



2013 Reliability Trial

Many thanks to Esther and her team from Southborough & District Wheelers for promoting the 2013 Reliability Trial on Sunday 17th November 2013. The event attracted a massive 209 entries for a challenging 48 miles of undulating Sussex countryside using the course designed by the late Charles Robson from his 1995 promotion of the Trial.

Club	Entries	Did not Start	No finish recorded	Finished too early	Finished too late	No Card Received	Qualified
Lewes Wanderers	39	5	1		1		32
In-Gear Quickvit Trainsharp	49	6	8		5	4	26
Eastbourne Rovers	33	3	5		1		24
Worthing Excelsior	20		2				18
Sussex Nomads	20		1		1		18
Southborough Wheelers	21	1	4	1		3	12
ASL 360	3		1				2
CTC Midweek	3	1					2
Brighton Excelsior	1						1
Brighton Phoenix	1						1
East Grinstead CC	9	1	7	1			-
Hastings & St Leonards CC	5	1		4			-
Rye Wheelers	2		2				-
Unattached	2		2				-
VC Bayeux	1				1		-
Totals	209	18	33	6	9	7	136

2013 BAR Results

Senior

Rider	Club	Cat	25 mile	50 mile	100 mile	Average	Rank
	0.00	ou.	Time	Time	Time	mph	
Steve Kane	Brighton Excelsior	S	0:52:44	1:48:59	3:50:51	27.321	1
Matthew Woods	Eastbourne Rovers	V	0:55:29	1:52:30	4:02:59	26.132	2
Tom Glandfield	Lewes Wanderers	V	0:54:54	1:55:10	4:04:12	25.981	3
Robert Rollings	Lewes Wanderers	S	0:57:40	1:54:25	4:09:57	25.412	4
John Cordner	Eastbourne Rovers	V	0:58:05	1:59:40	4:00:28	25.282	5
Marc Townsend	Eastbourne Rovers	S	0:57:21	1:57:04	4:27:49	24.728	6
Ian Hodge	Southborough Wheelers	V	0:58:48	2:00:12	4:23:50	24.403	7
Jason Le Goff	In-Gear Quickvit Trainsharp	S	0:59:30	2:01:26	4:19:18	24.351	8
Michael Davey	Eastbourne Rovers	S	1:01:41	1:59:45	4:26:58	23.948	9
Samuel Ramsey	Lewes Wanderers	V	1:00:43	2:04:47	4:27:23	23.729	10
Geoff Smith	Eastbourne Rovers	V	1:03:17	2:07:04	4:24:28	23.333	11
Peter Baker	Lewes Wanderers	V	1:01:53	2:04:53	4:42:15	23.173	12
Alan Lloyd	Lewes Wanderers	V	1:03:45	2:09:42	4:44:05	22.593	13
Bruce English	Eastbourne Rovers	V	1:07:37	2:21:53	5:07:21	20.950	14
Chris Parker	Hastings & St Leonards CC	V	1:13:26	2:29:56	5:24:38	19.639	15



Senior Team

Club	Riders	Average mph	Rank
Eastbourne Rovers	Matthew Woods, John Cordner & Marc Townsend	25.381	1
Lewes Wanderers	Tom Glandfield, Robert Rollings & Samuel Ramsey	25.040	2
Eastbourne Rovers	Michael Davey, Geoff Smith & Bruce English	22.744	3

Veteran on Standard

Rider	Club	Cat	25 mile Plus	50 mile Plus	100 mile Plus	Balanced Plus	Rank
Matthew Woods	Eastbourne Rovers	V	0:10:57	0:24:02	0:45:23	0:34:19	1
Tom Glandfield	Lewes Wanderers	V	0:11:06	0:20:25	0:41:55	0:31:47	2
Ian Hodge	Southborough Wheelers	V	0:10:04	0:21:37	0:37:07	0:30:09	3
Geoff Smith	Eastbourne Rovers	V	0:07:40	0:20:02	0:49:15	0:30:00	4
John Cordner	Eastbourne Rovers	V	0:08:34	0:17:19	0:48:58	0:29:28	5
Samuel Ramsey	Lewes Wanderers	V	0:07:07	0:14:47	0:28:11	0:21:33	6
Alan Lloyd	Lewes Wanderers	V	0:06:53	0:16:01	0:26:17	0:21:28	7
Peter Baker	Lewes Wanderers	V	0:07:12	0:17:26	0:19:53	0:20:53	8
Bruce English	Eastbourne Rovers	V	0:00:01	-0:02:44	-0:12:48	-0:04:33	9
Chris Parker	Hastings & St Leonards CC	V	-0:03:52	-0:06:35	-0:20:01	-0:12:10	10

Veteran on Standard Team

Rider	Club	Riders	Total Plus	Rank
Eastbourne Rovers		Matthew Woods, Geoff Smith & John Cordner	1:33:46	1
Lewes Wanderers		Tom Glandfield, Samuel Ramsey & Alan Lloyd	1:14:48	2

Lady

Rider	Club	Cat	10 mile Time	25 mile Time	50 mile Time	Average mph	Rank
Elisabeth Brama	Brighton Mitre	WS	0:24:20	1:01:51	2:06:15	24.224	1
Helen Bullimore	Trainsharp RT	WV	0:25:44	1:05:34	2:17:20	22.679	2
Emma Richards	Eastbourne Rovers	WS	0:26:09	1:07:44	2:17:31	22.302	3

Lady Veteran

Rider	Club	Cat	10 mile Plus	25 mile Plus	50 mile Plus	Balanced Plus	Rank
Helen Bullimore	Trainsharp RT	WV	0:02:24	0:05:54	0:09:32	0:06:40	1

Junior

Rider	Club	Cat	10 mile Time	25 mile Time	Average mph	Rank
Joseph Jenner	Hastings & St Leonards CC	Jn	0:25:09	1:03:39	23.712	1
Oliver Chapman	Hastings & St Leonards CC	Jv	0:28:38	1:07:30	21.588	2



ESCA Best All Rounder Competition

The ESCA BAR is open to all first claim members of associated clubs who are automatically included in the competition.

ESCA Best All Rounder Qualifying Events

Date	Dist	Course	Senior	Veteran	Lady	Lady Vet	Junior
Event 3 - Sat 20 Apr 2013	10m	G10/87			✓	✓	✓
Event 4 - Sun 21 Apr 2013	25m	G25/89	✓	✓	✓	✓	✓
Event 5 - Sun 14 Jul 2013	50m	G50/90	✓	✓	✓	✓	
Event 6 – Sun 18 Aug 2013	100m	G100/86	✓	✓			
Event 7 – Sat 14 Sep 2013	10m	G10/87			✓	✓	✓
Event 8 – Sun 15 Sep 2013	25m	G25/89	✓	✓	✓	✓	✓

ESCA Best All Rounder Competition Rules

Senior	Contested over 25, 50 and 100 miles in any ESCA event this season. Based on an average mph from the best performance at each distance.
Senior Team	Based on the average mph of the best three Senior BAR qualifiers from an ESCA affiliated club
Veteran	Contested over 25, 50 and 100 miles in any ESCA event this season. Based on the best plus or minus at each distance added together proportionately – see note below.
Lady Senior	Contested over 10, 25 and 50 miles in any ESCA event this season. Based on an average mph from the best performance at each distance.
Lady Veteran	Contested over 10, 25 and 50 miles in any ESCA event this season. Based on the best plus or minus at each distance added together proportionately – see note below.
Junior	Contested over 10 and 25 miles in any ESCA event this season. Based on an average mph from the best performance at each distance.

Veteran Calculation	Distance	Actual Time	Standard	Plus	Calculation	Proportion
	25 miles	0:59:33	1:08:07	0:08:34	Divided by 1	0:08:34
	50 miles	1:59:09	2:20:11	0:21:02	Divided by 2	0:10:31
	100 miles	4:14:34	4:57:02	0:42:28	Divided by 4	0:10:37
					Total Plus	0:29:42
Lady Veteran Calculation	Distance	Actual Time	Standard	Plus	Calculation	Proportion
	10 miles	0:26:26	0:28:33	0:02:07	Divided by 1	0:02:07
	25 miles	1:08:44	1:12:34	0:03:50	Divided by 2.5	0:01:32
	50 miles	2:21:02	2:29:14	0:08:12	Divided by 5	0:01:38
					Total Plus	0:05:17

Awards are presented at the annual luncheon to the Senior, Senior BAR Team, Veteran, Lady, Lady Veteran and Junior Best All Rounder.



2013 ESCA Trophies

With the exception of the Brian Phillips Trophy, donated by East Grinstead CC in memory of their teammate Brian Phillips, which applies to the September 25, all other 10 and 25 mile trophies are awarded for the best performance at either the April or September events.

Award	2013 Winner	2012 Winner (current holder)		
Hardriders Page Tankard	Peter Tadros (35:40) In-Gear Quickvit Trainsharp	Peter Tadros (33:08) (14.04miles) In-Gear Quickvit Trainsharp		
2up Team Time Trial Cup	lain Brogden & Matthew Woods (53:35) Eastbourne Rovers	Peter Morris & Tom Glandfield (53:10) Lewes Wanderers		
Ladies 10 mile Cup	Elisabeth Brama (24:20) Brighton Mitre	Elisabeth Brama (24:37) Brighton Phoenix		
Junior 10 mile Cup	Joe Jenner (25:09) Hastings & St Leonards CC	Dan Gardner (22:54) Lewes Wanderers		
10 mile Team Shield	Nick Dwyer (21:05), Tom Glandfield (22:07) & Rob Pelham (22:33) Lewes Wanderers (1:05:45)	Iain Brogden (21:19), Matthew Woods (21:30) & John Cordner (22:47) Eastbourne Rovers (1:05:36)		
Brian Phillips Trophy	Steve Kane (52:44) Brighton Excelsior	Dan Sadler (52:50) RT 316		
60 minute Cup	Conall Yates (52:30) In-Gear Quickvit Trainsharp	Steve Dennis (53:05) East Grinstead CC		
Ladies 25 mile Cup	Elisabeth Brama (1:01:51) Brighton Mitre	Elisabeth Brama (1:01:46) Brighton Phoenix		
Junior 25 mile Cup	Joseph Jenner (1:03:39) Hastings & St Leonards CC	Dan Gardner (57:56) Lewes Wanderers		
Veteran 25 mile Cup	Nick Dwyer (+ 14:36) Lewes Wanderers	Steve Dennis (+ 14:40) East Grinstead CC		
25 mile Rosemary Shield	Nick Dwyer (53:26), Pete Morris (54:02) & Tom Glandfield (54:54) Lewes Wanderers (2:42:22)	Nick Dwyer (53:18), Peter Morris (55:09) & Tom Glandfield (55:30) Lewes Wanderers (2:43:57)		
50 mile Cup	Steve Kane (1:48:59) Brighton Excelsior	Rob Pelham (1:53:09) Lewes Wanderers		
Ladies 50 mile Cup	Elisabeth Brama (2:06:15) Brighton Mitre	Elisabeth Brama (2:11:18) Brighton Phoenix		
50 mile Team Trophy	Nick Dwyer (1:52:02), Phil Allen (1:52:43) & Pete Morris (1:54:18) Lewes Wanderers (5:39:03)	Rob Pelham (1:53:09), Peter Morris (1:54:43) & Tom Glandfield (1:56:16) Lewes Wanderers (5:44:08)		
100 mile Cup	Steve Kane (3:50:51) Brighton Excelsior	Rob Pelham (3:54:52) Lewes Wanderers		
100 mile Team Shield	Rob Pelham (3:59:09), Tom Glandfield (4:04:12) & Robert Rollings (4:09:57) Lewes Wanderers (12:13:18)	Rob Pelham (3:54:52), Matt Coombs (4:23:23) & Alan Lloyd (4:31:43) Lewes Wanderers (12:49:58)		
Individual Points Cup	Matthew Woods (232 points) Eastbourne Rovers	Tom Glandfield (205 points) Lewes Wanderers		



2013 Final Competition Roundup

Award	2013 Winner	2012 Winner (current holder)		
Club Points Shield	Lewes Wanderers (1417 points)	Lewes Wanderers (1541 points)		
Reliability Trial Shield	Lewes Wanderers (32 finishers)	In-Gear Quickvit Trainsharp (35 finishers)		
Roy Humphrey Cup	Ann Human Eastbourne Rovers	Bob Harber Brighton Excelsior		
BAR Team Trophy	Matthew Woods (26.132), John Cordner (25.282) & Marc Townsend (24.728) Eastbourne Rovers (25.381 mph)	Rob Pelham (26.107), Matt Coombs (24.174) & Samuel Ramsey (23.597) Lewes Wanderers (24.626 mph)		
Junior BAR Award	Joseph Jenner (23.712 mph) Hastings & St Leonards CC	Dan Gardner (26.046 mph) Lewes Wanderers		
Lady BAR Trophy	Elisabeth Brama (24.224 mph) Brighton Mitre	Elisabeth Brama (23.836 mph) Brighton Phoenix		
Lady Veteran BAR Award	Helen Bullimore (+ 06:40) Trainsharp RT	Anita Jones (- 00:04) Brighton Phoenix		
Veteran BAR Salver	Matthew Woods (+ 34:19) Eastbourne Rovers	Peter Moon (+ 28:26) Eastbourne Rovers		
Senior BAR Trophy	Steve Kane (27.321 mph) Brighton Excelsior	Rob Pelham (26.107 mph) Lewes Wanderers		

ESCA Prize Presentation

All trophies and awards will be presented at the annual prize presentation lunch on Sunday 12th January 2014 at the Alma Arms, 65 Framfield Road, Uckfield, East Sussex TN22 5AJ.

Bookings available for £15.00 per head from Simon Yates, Lewes Wanderers Telephone 01892 655785 or email simon.yates1952@btinternet.com





East Sussex Cycling Association

2014 President Ade Fadero – Sussex Nomads CC



Time Trial Programme 2014

All events are Open events with age category awards for riders over 40

Date	Distance	Course	HQ/Area	Entry	Promoter	Contact Details	
Sunday	15 06m		Dodlo Ctroot		Peter Moon	Tel : 01323 485180	
16 Mar 2014 10:00	15.06m Hardriders	GS/895	Bodle Street Green	£8.00	73 Wannock Lane, Eastbourne, East Sussex BN20 9SG		
Sunday	Sunday 23.92m	Laughton £16.00	£16.00	Martin Yardley	Tel : 01892 524701		
06 Apr 2014 08:00	20.92m 2up TTT	GS/839	Village Hall	Team	10 Horizon Close, Sou Wells, Kent TN4 0AW	thborough, Tunbridge	
Saturday					Rob Pelham	Tel : 01825 769683	
26 Apr 2014 07:00	10m	G10/87	East Hoathly Sports Centre	£8.00	3 Longbury, Uckfield, East Sussex TN22 5DF		
Sunday			Fairne		Chris Parler	Tel : 01424 715561	
27 Apr 2014 07:00	25m	G25/89	Fairwarp Village Hall	£8.00	65 Reedswood Road, St Leonards on Sea East Sussex TN38 8DW		
RTTC & VTTA National 24 hour Championship							
Saturday RTTC			£30.00	Tel : 01424 751581			
21 Jun 2014 N	National	G24/89	Berwick Village Hall	£60.00	Esther Carpenter 10 Maplehurst Road, Ba	ldslow, St Leonards	
12 noon	24 Hour		village riali	Tandem	on Sea, East Sussex, Ti		
	I	ncluding V	TTA Surrey/Sus	sex 50 mil	e Championship		
Sunday	50m		East Hoathly		Simon Yates	Tel : 01892 655785	
13 Jul 2014 06:00	BBAR	G50/90	Sports Centre	£8.00	The Old Stables, Crowborough Hill Crowborough, East Sussex TN6 2HL		
	lr	ncluding VT	TA Surrey/Suss	ex 100 mi	le Championship		
Sunday	100		Llanes Diekes		Bob Harber	Tel : 01903 879598	
10 Aug 2014 06:00	100m BBAR	G100/86	Upper Dicker Village Hall	£10.00	51 Church Lane, Upper Beeding, Steyning, West Sussex BN44 3HP		
Date	Distance	Course	HQ/Area	Entry	Promoter	Contact Details	
Saturday	Distance	304130	110,711.00	2,,,,	Peter Moon	Tel : 01323 485180	
13 Sep 2014 07:30	10m	G10/87	East Hoathly Sports Centre	£8.00	73 Wannock Lane, Eastbourne, East Sussex BN20 9SG		
Sunday		G25/89			Richard Blackmore	Tel : 01342 713272	
14 Sep 2014 07:30	25m BBAR		Fairwarp Village Hall	£8.00	Ladymead, Snowhill, Cr. West Sussex RH10 3EE		
Saturday	4.400				Mark Winton	Tel : 01273 584973	
18 Oct 2014 10:00	3 Oct 2014 10:00 1433yd Hill Climb GH/84 Firle Bostal		£6.00	9 Swannee Close, Peac East Sussex BN10 8EZ	ehaven,		

Internet entry is also available for all events via the CTT Website