



East Sussex Cycling Association

2016 President Robert Downham – Worthing Excelsior CC



ESCA 10m Time Trial – Saturday 10th Sept 2016 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Result Sheet

Event Secretary **Peter Moon** (Eastbourne Rovers CC)
73 Wannock Lane, Eastbourne, East Sussex BN20 9SG
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Timekeepers **Graham Lade** (Eastbourne Rovers CC) & **Jane Lade** (Eastbourne Rovers CC)

Prize Winners

Category	Pos	Rider	Club	Time	Prize
Fastest Overall	1st	Peter Tadros	In-Gear Quickvit Trainsharp RT	0:20:38	£ 30.00
	2nd	Mark Emsley	Team ASL360	0:20:52	£ 25.00
	3rd =	Nick Malins	4 T+ Velo Club	0:21:25	£ 20.00
	3rd =	Matthew Woods	Eastbourne Rovers CC	0:21:25	£ 20.00
	5th	Howard Shaw	Eastbourne Rovers CC	0:21:33	£ 10.00
Fastest Lady	1st	Ruth Summerford	Velopace	0:23:31	£ 20.00
	2nd	Pip Jenkins	Southborough & Dist. Whs	0:24:25	£ 15.00
	3rd	Clare Parkholm	Lewes Wanderers CC	0:25:30	£ 10.00
Fastest Juv/Jun	1st	Theo Tadros	In-Gear Quickvit Trainsharp RT	0:22:50	£ 10.00
Fastest in each age category not winning another individual prize					
Aged under 35	(32)	Damen Foord	Rye & District Wheelers CC	0:21:49	£ 10.00
Aged 35 – 39	(39)	Michael Davey	Eastbourne Rovers CC	0:21:57	£ 10.00
Aged 40 – 44	(43)	Tom Glandfield	Lewes Wanderers CC	0:22:14	£ 10.00
Aged 45 – 49	(47)	Iain Brogden	Eastbourne Rovers CC	0:22:02	£ 10.00
Aged 50 – 54	(52)	Samuel Ramsey	Lewes Wanderers CC	0:23:18	£ 10.00
Aged 55 – 59	(55)	Chris Beales	Pearson Cycling Club	0:22:23	£ 10.00
Aged 60 or over	(61)	Lee Holdaway	Hastings & St. Leonards CC	0:26:48	£ 10.00
Fastest Team of 3		Matthew Woods	Eastbourne Rovers CC	0:21:25	£ 15.00
		Howard Shaw	Eastbourne Rovers CC	0:21:33	£ 15.00
	1st	Michael Davey	Eastbourne Rovers CC	0:21:57	£ 15.00
		Total Team Time	1:04:55		
		Peter Tadros	In-Gear Quickvit Trainsharp RT	0:20:38	£ 10.00
		Trevor Chilman	In-Gear Quickvit Trainsharp RT	0:22:39	£ 10.00
2nd		Theo Tadros	In-Gear Quickvit Trainsharp RT	0:22:50	£ 10.00
		Total Team Time	1:06:07		

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Pos	Race No	Rider	Club	Cat	Age	Time	Plus on Std	Pos on Std
1	50	Peter Tadros	In-Gear Quickvit Trainsharp RT	V	46	0:20:38	+ 05:49	1
2	60	Mark Emsley	Team ASL360	S	27	0:20:52	-	-
3 =	20	Nick Malins	4 T+ Velo Club	V	48	0:21:25	+ 05:11	2
3 =	40	Matthew Woods	Eastbourne Rovers CC	V	45	0:21:25	+ 04:58	3
5	45	Howard Shaw	Eastbourne Rovers CC	S	31	0:21:33	-	-
6	21	Damen Foord	Rye & District Wheelers CC	S	32	0:21:49	-	-
7	15	Paul Newsome	Team ASL360	S	29	0:21:53	-	-
8	31	Michael Davey	Eastbourne Rovers CC	S	39	0:21:57	-	-
9	25	Iain Brogden	Eastbourne Rovers CC	V	47	0:22:02	+ 04:30	5
10	55	Tom Glandfield	Lewes Wanderers CC	V	43	0:22:14	+ 03:59	8
11	16	Chris Beales	Pearson Cycling Club	V	55	0:22:23	+ 04:46	4
12	52	David Clark	Eastbourne Rovers CC	V	47	0:22:24	+ 04:08	6
13	42	Stuart Hodd	PB Cycle Coaching Racing Team	V	48	0:22:35	+ 04:01	7
14	36	Trevor Chilman	In-Gear Quickvit Trainsharp RT	V	47	0:22:39	+ 03:53	9
15	47	Theo Tadros	In-Gear Quickvit Trainsharp RT	Jv	14	0:22:50	-	-
16	56	Robert Zietal	Crawley Wheelers	S	37	0:22:51	-	-
17	26	Stephen Ralston	London Dynamo	V	40	0:22:56	+ 03:03	15
18	51	Mark Valios	Bigfoot CC	V	42	0:22:58	+ 03:11	12
19	57	Callum Middleton	Lewes Wanderers CC	S	22	0:22:59	-	-
20	10	Richard Tully	Elite Cycling	S	39	0:23:06	-	-
21	37	David Clements	Eastbourne Rovers CC	V	44	0:23:08	+ 03:10	13
22	17	Samuel Ramsey	Lewes Wanderers CC	V	52	0:23:18	+ 03:36	10
23	43	Dan Helyer	Eastbourne Rovers CC	S	28	0:23:21	-	-
24	23	Ruth Summerford	Velopace	WS	25	0:23:31	-	-
25	33	Brett Davis	Lewes Wanderers CC	V	43	0:23:41	+ 02:32	19
26	32	Sam Dix	In-Gear Quickvit Trainsharp RT	V	45	0:23:44	+ 02:39	17
27	9	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	S	27	0:23:47	-	-
28	12	Andrew Quye	Southborough & Dist. Whs	V	54	0:23:56	+ 03:08	14
29	46	Peter Baker	Lewes Wanderers CC	V	58	0:24:04	+ 03:22	11
30	8	Simon Underwood	CC Topp	V	45	0:24:18	+ 02:05	20
31	38	Mark Thomas	Bigfoot CC	V	53	0:24:20	+ 02:39	17
32	28	Pip Jenkins	Southborough & Dist. Whs	WS	28	0:24:25	-	-
33	53	Ian Newbold	Eastbourne Rovers CC	V	43	0:24:44	+ 01:29	22
34	13	Robert Royle-Evatt	Addiscombe CC	V	49	0:24:53	+ 01:48	21
35	7	Daniel Ellis	Eastbourne Rovers CC	S	35	0:24:55	-	-
36	22	Clare Parkholm	Lewes Wanderers CC	WV	45	0:25:30	+ 02:59	16
37	14	Andy Eaton	Eastbourne Rovers CC	V	54	0:25:45	+ 01:19	23
38	39	Clint Allen	Lewes Wanderers CC	V	54	0:26:32	+ 00:32	26
39	59	Chris Martin	Lewes Wanderers CC	V	58	0:26:33	+ 00:53	25
40	44	Lee Holdaway	Hastings & St. Leonards CC	V	61	0:26:48	+ 00:56	24
41	18	Paget Cohen	Lewes Wanderers CC	V	43	0:26:50	- 00:37	29
42	48	Charles Middleton	Lewes Wanderers CC	V	57	0:27:05	+ 00:15	27
43	29	Alison Brockhurst	Lewes Wanderers CC	WV	43	0:28:39	- 00:20	28
44	19	Chris Parker	Hastings & St. Leonards CC	V	60	0:29:36	- 01:58	30
-	11	Carl Richardson	In-Gear Quickvit Trainsharp RT	V	52	DNS (A)	-	-
-	24	Lisa Davis	Lewes Wanderers CC	WV	41	DNS (A)	-	-
-	27	Tamar Vanderhaas	Lewes Wanderers CC	WV	40	DNS (A)	-	-

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Pos	Race No	Rider	Club	Cat	Age	Time	Plus on Std	Pos on Std
-	30	Peter Pav Bryan	Rye & District Wheelers CC	S	30	DNS (A)	-	-
-	34	James Hennessy	Eastbourne Rovers CC	V	49	DNS (A)	-	-
-	35	Jon Smith	Fareham Wheelers CC	V	50	DNS (A)	-	-
-	41	Adrian Blacker	Norwood Paragon CC	V	52	DNS (A)	-	-
-	49	David Beale	Lewes Wanderers CC	V	70	DNS (A)	-	-
-	54	Clive Jackson	Central Sussex CC	V	64	DNS (A)	-	-
-	58	Simon Vieweg	Velopace	V	42	DNS (A)	-	-

Notes & acknowledgements

Congratulations to all the prize winners and many thanks to all that took part in the event either by riding or helping, especially the following:

Time Keepers Jane and Graham Lade

Recording Gill Rae

Pushing Off John Cordner

Marshal Peter Eames at the Boship roundabout

Refreshments Homemade Cakes from Ruth Summerford, served by Ross and Julie Perrin

Results Ann Human

Photography Also many thanks to the Eastbourne Rovers Club Photographer, Bob Taylor, who was out on the course taking photos; these are available to view or download from the Eastbourne Rovers Facebook page and the ESCA Facebook group at the links below

Eastbourne Rovers www.facebook.com/roverscycling
ESCA www.facebook.com/groups/EastSussexCA/

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This is a qualifying event for

ESCA Points Competition: 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies: Counts towards the fastest junior, fastest lady and the fastest team of three from an ESCA affiliated club over 10 miles – the best performance at either this, **or the April 10**, will be eligible for these awards at the annual prize presentation in February 2017.

ESCA BAR: Qualifying event for the ESCA junior, lady and lady veteran Best All Rounder competitions.

2016 points competition – ESCA points awarded for this event

Individual	Club	Points	Club	Points
Peter Tadros	In-Gear Quickvit Trainsharp RT	30	Eastbourne Rovers CC	170
Mark Emsley	Team ASL360	29	In-Gear Quickvit Trainsharp RT	92
Matthew Woods	Eastbourne Rovers CC	28	Lewes Wanderers CC	86
Howard Shaw	Eastbourne Rovers CC	27	Team ASL360	54
Damen Foord	Rye & District Wheelers CC	26	Rye & District Wheelers CC	26
Paul Newsome	Team ASL360	25	Crawley Wheelers	18
Michael Davey	Eastbourne Rovers CC	24	Southborough & Dist. Whs	18
Iain Brogden	Eastbourne Rovers CC	23	Hastings & St. Leonards CC	1
Tom Glandfield	Lewes Wanderers CC	22	Brighton Excelsior CC	0
David Clark	Eastbourne Rovers CC	21	Brighton Mitre CC	0
Trevor Chilman	In-Gear Quickvit Trainsharp RT	20	Brighton Phoenix Triathlon Club	0
Theo Tadros	In-Gear Quickvit Trainsharp RT	19	Central Sussex CC	0
Robert Zietal	Crawley Wheelers	18	East Grinstead CC	0
Callum Middleton	Lewes Wanderers CC	17	East Grinstead Tri Club	0
David Clements	Eastbourne Rovers CC	16	Evans Cycles Race Team	0
Samuel Ramsey	Lewes Wanderers CC	15	GS Stella	0
Dan Helyer	Eastbourne Rovers CC	14	Horsham Cycling	0
Brett Davis	Lewes Wanderers CC	13	Redhill CC	0
Sam Dix	In-Gear Quickvit Trainsharp RT	12	Sussex Nomads CC	0
Matthew Sumpter	In-Gear Quickvit Trainsharp RT	11	VTTA (Surrey & Sussex)	0
Andrew Quye	Southborough & Dist. Whs	10	Wealden Cycle Club	0
Peter Baker	Lewes Wanderers CC	9	Worthing Excelsior CC	0
Pip Jenkins	Southborough & Dist. Whs	8		
Ian Newbold	Eastbourne Rovers CC	7		
Daniel Ellis	Eastbourne Rovers CC	6		
Clare Parkholm	Lewes Wanderers CC	5		
Andy Eaton	Eastbourne Rovers CC	4		
Clint Allen	Lewes Wanderers CC	3		
Chris Martin	Lewes Wanderers CC	2		
Lee Holdaway	Hastings & St. Leonards CC	1		

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Don't forget forthcoming ESCA events

The ESCA Hill Climb

Date	Distance	Course	HQ/Area	Entry	Promoter	Contact Details
Saturday 15 Oct 2016 10:00	1433yd Hill Climb	GH/84	Firle Bostal	£6.00	Mark Winton 6 Ashmore Close, Peacehaven, East Sussex BN10 8AQ	Tel: 01273 584973

**All events are Open events with age category awards for riders over 40
Internet entry is also available for all events via the CTT Website**

The ESCA Reliability Trial

Date	Distance/Course	HQ	Entry	Promoter
Sunday 06 Nov 2016 08:15	50 Mile Reliability Trial Hassocks – West Hoathly – Slaugham - Hassocks	Downlands Community School, Hassocks	£5.00	Robert Downham Worthing Excelsior CC

Download info and entry form from the ESCA website <http://www.eastsussexca.org.uk/16results/escareentry.pdf>

The ESCA Prize Presentation Lunch

Date	Event	HQ	Cost	Organiser
Sunday 05 Feb 2017 13:00	ESCA Prize Presentation Lunch	Buxted Inn, High Street, Buxted, Uckfield, East Sussex TN22 4LA	£15 per head	Simon Yates, Lewes Wanderers CC Telephone 01892 655785 or email simon.yates1952@btinternet.com

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA	Website Facebook Group	www.eastsussexca.org.uk/ www.facebook.com/groups/EastSussexCA/
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