



East Sussex Cycling Association

2019 President Clive Jackson – Central Sussex CC



ESCA 15.06m Hardriders – Sunday 17th March 2019 – GS/895

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

Start Sheet

Event Secretary **Peter Moon** (Eastbourne Rovers CC) 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG
Telephone: 01323 485180 Email: little.brook@btinternet.com Mobile: 07949 112107

Timekeepers **Main event** **Jane Lade** (Eastbourne Rovers CC) & **Graham Lade** (Eastbourne Rovers CC)
Hill Prime **Gavin Smith** (Eastbourne Rovers CC) & **Richard Meed** (Lewes Wanderers CC)

Event HQ

Bodle Street Green Village Hall, The Causeway, Bodle Street Green, Herstmonceux, East Sussex BN27 4UB – Open from 8am. **Thank you in advance for not wearing cycling shoes or cleats in the hall.**

Car Parking

The village hall car park shares a common entrance with the car park for the White Horse Inn. **Please park only in the village hall spaces which are marked in white.** The White Horse parking spaces are marked in yellow and are not to be used under any circumstances. When the hall car park is full please park sensibly in the road – village hall side only.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Signing Out

Please note that all competitors are required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Horses

Please be aware that this course includes rural lanes that are popular with horse riders. A startled horse can be unpredictable so as you approach please call from a distance to make riders and their horses aware of your presence. Please be prepared to slow down if necessary to pass safely.

Courtesy to Local Residents

Please show courtesy towards the churchgoers at the Church of St John the Evangelist just before the start, and at the Ebenezer Chapel before the finish.

Start

Proceed out of the car park and turn right. The start is located approximately 300 yards south of the village hall.

Prizes

Cash prizes will be awarded at the HQ immediately following the event.

Visit our website www.eastsussexca.org.uk Find us on facebook www.facebook.com/groups/EastSussexCA

Prize List

Fastest Overall

1st	£30.00
2nd	£25.00
3rd	£20.00
4th	£15.00
5th	£10.00

Fastest Lady

1st	£30.00
2nd	£25.00

Fastest Junior

1st	£15.00
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Fastest Age Category

not winning another prize
excluding team or prime

Under 35	£10.00
35 – 39	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

Fastest Team of 3

1st	£15.00 each
2nd	£10.00 each

Fastest Hill Prime

1st	£15.00
2nd	£10.00
3rd	£5.00

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Course Details

GS/895 – Boddle Street Green – Windmill Hill – Ashburnham – Woods Corner – Three Cups Corner – Rushlake Green – Bodle Street Green – A271/B0296

OS Ref	Course GS/895	Distance
TQ650142	START at southern end of metal field gate on unclassified road, 95 yards south of Toll Lane and Church of St. John the Evangelist at Bodle Street Green and 27 yards south of derestrict sign	00.00m
TQ678122	Proceed south to Windmill Hill where fork LEFT into Joe's Lane. At junction with A271 by Windmill Garage, turn LEFT and follow A271 through Boreham Street and down the hill to junction with A269 (Check)	03.49m
TQ686136	LEFT , still on A271, and uphill past Kitchenham Farm to next junction signposted Ponto Green and Woods Corner	04.58m
TQ666194	LEFT on unclassified road through Ponto Green to T junction with B2096 at Woods Corner (Check)	08.75m
TQ666194	LEFT and follow B2096 down Carrick's Hill and through Earls Down to Three Cups Corner (Check)	10.79m
TQ627185	LEFT and proceed for 57 yards past telephone box to junction with Middle Lane. LEFT and follow Middle Lane to T Junction at Rushlake Green	11.99m
TQ650148	LEFT and, at corner of Green, continue straight on through what is effectively a minor crossroads formed by road round the Green bearing right and Rookery Lane on the Left. Continue through Great Iwood and past Sandhills Farm and Tiles Farm to FINISH at red paint mark on drain shortly after Ebenezer Chapel on left and 53 yards south of entrance of South Cottage on the Right	15.06m

Competitors must exercise care when

- Joining the A271 at Windmill Hill
- Joining the B2096 at Woods Corner
- Joining Middle Lane (just after turning left at Three Cups Corner)

Roadworks on Course

There has been roadworks on the final section of the course that are scheduled to finish on 13th March 2019. However, having spoken to the contractors, I have been told that although the work will be completed, there will still be barriers in place that will reduce the road to single carriage without any lane control!

For safety, I will have to reduce the length of the course to **13.6 miles**, but don't worry, you won't miss out on any of the Hardriders hills, just the last flat mile running up to the original finish.

The new finish will be along the same road, 1.46 miles short of the original finish, at the left turn junction into Churches Green Lane, that is the road before Sandhill Lane.

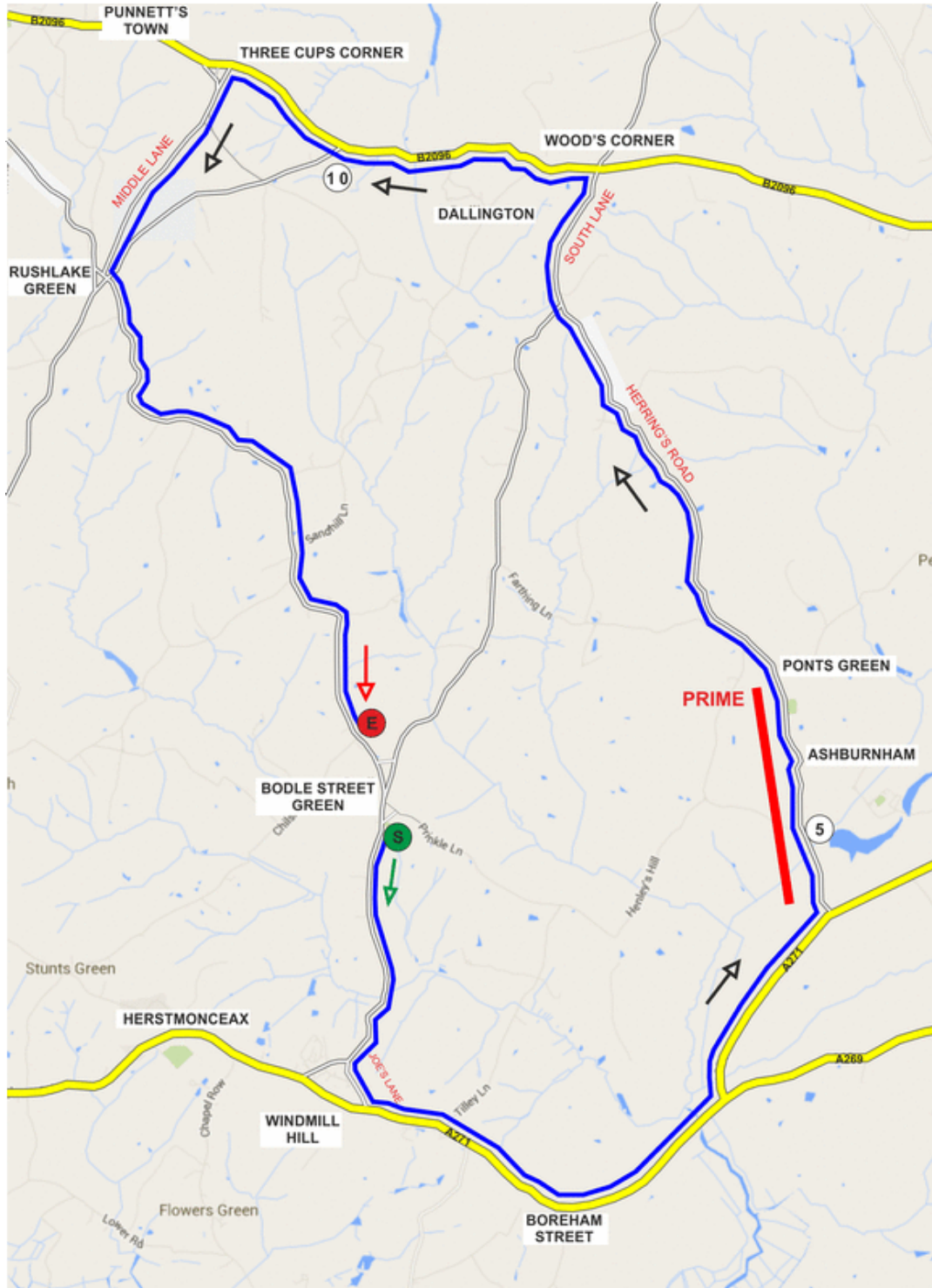
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The course can be viewed or downloaded from

Ride with GPS <http://ridewithgps.com/routes/4132034>

Garmin Connect <http://connect.garmin.com/course/5827552>



Hill Prime

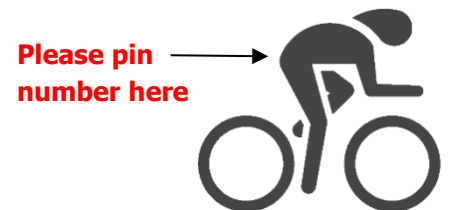
This is on the unclassified road between the left turn from the A271 and Ponto Green. It is approximately 1 mile in length and includes Agony Hill. The start of the hill prime will be indicated by a blue flag and finish by a white flag.

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Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



This is a qualifying event for

- **ESCA Points Competition** Overall, 30 points for 1st place down to 1 point for 30th place and Ladies 10 points for 1st place down to 1 point for 10th place for first claim riders from ESCA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.
- **ESCA Trophies** The fastest rider from an ESCA affiliated club will be awarded the Page Tankard at the annual prize presentation.
- **Sussex SPOCO** 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA Website www.eastsussexca.org.uk/
Facebook Group www.facebook.com/groups/EastSussexCA/

Sussex CA Website www.sussexca.org.uk/
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Order of Start

Race No.	Start Time	Rider	Club	Cat	Age
1	09:01	Chris Parker	Hastings & St. Leonards CC	V	63
2	09:02	Ian Weston	Eastbourne Rovers CC	V	55
3	09:03	Greg Blackwell	Hastings & St. Leonards CC	V	70
4	09:04	Charles Sheldon	Hastings & St. Leonards CC	V	55
5	09:05	Chris Piper	Eastbourne Rovers CC	V	53
6	09:06	Peter Baker	Hastings & St. Leonards CC	V	62
7	09:07	David Wilkins	Lewes Wanderers CC	V	59
8	09:08	Tim Miles	Hastings & St. Leonards CC	V	72
9	09:09	Kevin Burton	Eastbourne Rovers CC	V	63
10	09:10	David Beale	Lewes Wanderers CC	V	73
11	09:11	Adrian Riddle	Crawley Wheelers	V	54
12	09:12	Allan Smith	Lewes Wanderers CC	V	40
13	09:13	Gareth Purves	Hastings & St. Leonards CC	S	39
14	09:14	Bob Evans	Lewes Wanderers CC	V	71
15	09:15	Lee Holdaway	Hastings & St. Leonards CC	V	64
16	09:16	Guy Brown	Lewes Wanderers CC	V	46
17	09:17	Liam Dyson	Royal Navy & Royal Marines CA	S	29
18	09:18	Simon Bottomley	Eastbourne Rovers CC	V	56
19	09:19	Jonathan Molton	Hastings & St. Leonards CC	V	51
20	09:20	John Mankelow	Lewes Wanderers CC	V	70
21	09:21	Trevor Deeble	Hastings & St. Leonards CC	S	33
22	09:22	Mark Edleston	Beachy Head CC	V	45
23	09:23	Neil Gearing	Lewes Wanderers CC	V	42
24	09:24	Martin Yardley	Southborough & Dist. Whs	V	53
25	09:25	Tom Norris	Hastings & St. Leonards CC	V	50
26	09:26	Richard Frost	Lewes Wanderers CC	V	48
27	09:27	David Earl	trainSharp	V	51
28	09:28	Malcolm Daly	Hastings & St. Leonards CC	V	58
29	09:29	Matt Crocker	Rapha Cycling Club	S	28
30	09:30	Robert Bickers	Eastbourne Rovers CC	V	53
31	09:31	Mark Gidney	Southborough & Dist. Whs	V	57
32	09:32	Geoff Smith	Eastbourne Rovers CC	V	68
33	09:33	Andy Seltzer	In-Gear	V	53
34	09:34	Adam Rogers	Eastbourne Rovers CC	V	44
35	09:35	Kathryn Gohl	Lewes Wanderers CC	WS	36
36	09:36	Anita Turner	Eastbourne Rovers CC	WV	48
37	09:37	Katerina Avramides	Brighton Mitre CC	WS	38
38	09:38	Sally Turner	trainSharp	WS	39
39	09:39	Olivia Webb	Eastbourne Rovers CC	WV	50

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40	09:40	Lisa Davis	trainSharp	WV	44
41	09:41	Pip Jenkins	Southborough & Dist. Whs	WS	31
42	09:42	Joscelin Lowden	The Independent Pedaler	WS	31
43	09:43	Theo Tadros	trainSharp	Jn	17
44	09:44	Fabien Large	NOPINZ	Jn	17
45	09:45	George Marshall	Look Mum No Hands!	S	37
46	09:46	James Cheeseman	N+1 - Lindfield Coffee Works	S	33
47	09:47	Richard Burchett	Lewes Wanderers CC	V	48
48	09:48	Glen Whittington	Southborough & Dist. Whs	S	35
49	09:49	Tom Hilder	trainSharp	S	30
50	09:50	Daniel Ellis	Eastbourne Rovers CC	S	38
51	09:51	Sam Dix	trainSharp	V	47
52	09:52	Dan Street	Lewes Wanderers CC	V	45
53	09:53	Keith Brown	Southborough & Dist. Whs	V	47
54	09:54	Duncan Coulter	Rapha Cycling Club	S	28
55	09:55	Nathan Russell	trainSharp	S	30
56	09:56	Simon Trehearn	Kingston Phoenix RC	V	44
57	09:57	Peter Baker	Lewes Wanderers CC	V	60
58	09:58	William Murtagh	Rye & District Wheelers CC	E	21
59	09:59	Mark Edwards	Eastbourne Rovers CC	V	44
60	10:00	Brian Molloy	Brighton Excelsior CC	V	51
61	10:01	David Clark	Eastbourne Rovers CC	V	50
62	10:02	Rupert Robinson	Crawley Wheelers	V	47
63	10:03	David Clements	Eastbourne Rovers CC	V	47
64	10:04	David Pollard	In-Gear	V	61
65	10:05	Michael Davey	trainSharp	V	41
66	10:06	Pete Morris	Team ASL	V	40
67	10:07	Richard Gifford	trainSharp	V	56
68	10:08	Dale Lush	Kingston Phoenix RC	V	40
69	10:09	Howard Shaw	trainSharp	S	33
70	10:10	Neil Lauder	Arctic Tacx RT	S	36
71	10:11	James Boyman	Hoops Velo	S	30

Field Placement

With adjustments for early starts and travelling arrangements, the field has generally been set slowest to fastest to prevent too much fragmentation over a sporting course, and in accordance with Regulation 27 (h): Only riders listed on the start sheet shall be allowed to compete. Save as otherwise provided, the Event Secretary shall have discretion to arrange the starting order as they wish bearing in mind the characteristics of their event and the need to avoid company riding as far as possible.